

Selsdon Residents'  
Association

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The Selsdon  
—— Gazette ——

Volume 75. No. 849

June 2023

# THE SELSDON GAZETTE

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# **SELSDON RESIDENTS' ASSOCIATION**

mail2.selsdonresidents@gmail.com

## ***Committee 2023/2024***

Hon. President: Pamela Holden

Chair: Sheila Childs

Vice-Chair: Linda Morris

Secretary: Trevor Stotten

Hon. Treasurer: Iris Jones

Committee: Yvonne Huber

Ernie Sweeney

Su Yates

Peter Underwood

Ian Leggatt

Phil Roberts

Jenny Stawman

Janet Sharp

Chris Jones

**Vacancy**

### ***Councillors for Selsdon & Addington Village Ward***

Cllr Robert Ward Robert.ward@croydon.gov.uk 07783 152363

Cllr Joseph Lee Joseph.lee@croydon.gov.uk 07716 092463

### ***Councillors for Selsdon Vale & Forestdale Ward***

Cllr Andy Stranack Andy.stranack@croydon.gov.uk 07816 123204

Cllr Fatima Zaman Fatima.zaman@croydon.gov.uk 07458 092567

### ***Councillors for Sanderstead Ward***

Cllr Lyn Hale Lynne.hale@croydon.gov.uk 0208 405 6721

Cllr Yvette Hopley Yvette.hopley@croydon.gov.uk 0208 640 7033

Cllr Helen Redfern Helen.redfern@croydon.gov.uk

Full details of the roads falling within each of the Selsdon wards can be found on the home page of the SRA website <http://selsdon-residents.co.uk>



## Editor's Note

Welcome to the June edition of the *Gazette*. You would have noticed by the *Gazette's* cover that we have reached that time of year when we ask for subscriptions and donations to be paid for the Selsdon Residents' Association. Please make the effort either to put your contribution in the envelope and deliver it or complete the standing order form on the back of the *Gazette*. Thank you in advance.

This *Gazette* is full of articles about the Coronation Celebrations. We look at how Selsdon High Street got in the party spirit, we announce the winners in our Make a Crown Competition for Selsdon school children and we review the Big Help Out event held by the Rotary Club. We also look forward with a quiz for Father's Day on 18 June, a poem about holidays from Mary Gill and making a bucket list of activities that we have never got round to doing.

As usual we hear from our local elected councillors, MP and local police officers. Ian Leggatt looks at the data about the population in Selsdon from the Census that was held in 2021. In his Nature Notes, Ted challenges us to look out for orchids found in our woods and Sunflower Sid gives us a very long list of jobs to do in our gardens at its very busy time of the year. There are a few notices about upcoming Summer Fairs and clubs that we can attend. One of our readers found a poem written by his sister in 1976 which reflects on the change of Selsdon's farmland in the 1950s to the Bird Housing Estate - well worth a read.

Hopefully, having read Janet Sharp's article about bucket lists you will add 'contributing to the *Selsdon Gazette*' as one of yours and I will be inundated by photos, articles, news, questions, poems, etc., for the July edition. I can be contacted by email ([selsdongazettesra@gmail.com](mailto:selsdongazettesra@gmail.com)), phone or through my letter box (my contact details on page 2). Please, also remember that if you are a business to consider advertising in the *Gazette* as we deliver to 4000 households.

I hope that you enjoy your read and I look forward to hearing from you.

**Chris Jones**

☞ SUBMISSIONS FOR THE JULY 2023 EDITION SHOULD  
BE WITH THE EDITOR NO LATER THAN  
20<sup>TH</sup> JUNE - PREFERABLY BEFORE! ☞

## **SRA NEWS 'n' VIEWS**

### **Transport**

The A22 from the railway bridge junction near Tesco's to Dale Road will be closing for 6 weeks in both directions from Saturday 22<sup>nd</sup> July to 3<sup>rd</sup> September for work by South East Water. All buses will be on diversion, as yet we have not been told details but we are anticipating it will cause delays on all the surrounding roads and of course to bus routes.

### **Vanguard Way Litter Pick 2<sup>nd</sup> July**

We have been asked if we can help with the East Croydon to the Bull Pub at Chelsham section. We have suggested we meet them at the Ashen Vale to Selsdon Wood section. Should anyone like to join us please contact me. Details of timing are yet to be confirmed.

### **Trees**

We have been offered free trees from the Woodland Trust and we met with the tree officer from Croydon Council for advice. He suggested suitable trees for the Queenhill Play Space and also Selsdon Recreation Ground so we will be soon ordering 210 whips (small trees to you and me) and when we have details, we would love some volunteers to help plant them. They will be very small so no big holes to dig!!

### **Easyfundraising**

Thanks to anyone who has already nominated the Selsdon Xmas Lights as their chosen recipient. Over the past few years we have received nearly £600. Anyone who shops online can use the site for purchases from a whole range of companies (Amazon and most large retailers). You can sign up at <https://www.easyfunding.org.uk/causes/selsdonchristmaslights> Help us fund our amazing lights!

### **Police**

Three officers attended our monthly committee meeting in May and

assured us we are in a very low crime area. They are still looking for new residents to join the Ward Panel. If this is of interest to anyone, please contact them on [SelsdonandForestdaleSNT@met.police.uk](mailto:SelsdonandForestdaleSNT@met.police.uk)

### **Committee**

We are still short of one committee member and would love to hear from anyone interested in joining our band of volunteers who meet 10 times a year. Please phone me (020 8651 2285) with any questions. Many hands make light work!!

### **Subscription**

In this June issue we are enclosing an envelope for subscriptions to your Gazette. It has details of how to pay or where to deliver it to. We still make a loss on the printing so your subscription is very vital to the continuation of its publication. Please help us continue the work of our volunteers by responding to this or if anyone can spare a few hours a month to deliver them Phil Roberts, our Distribution Manager, (details at front of Gazette) would love to hear from you.

### **Selsdon Wood Open Day**

This will be a chance for you to come along on Sunday 3<sup>rd</sup> September to meet us and your neighbours from 12 to 4pm. You could even have a stall for a small donation of £5. Any questions can be sent to [selsdonwood@gmail.com](mailto:selsdonwood@gmail.com)

***Sheila Childs, Chair***

## **YOUR 2023 SRA SUBSCRIPTIONS ARE DUE**



**You should have found an envelope in this Gazette** by which you can pay your annual subscription to the SRA.

Thirty years ago, the subscription was a mere £1 per household - but that was before we had to fund the Christmas lights. Even in those days, we were disappointed to get support from only about 700 households although we have almost 4000 in our membership area who receive the Gazette. Last year, we still only managed to receive about the same number of subscriptions as then. Why do so few pay such a

small amount (£5) to help support the work we do in the local community? Please let us know what would encourage you to pay this year, if you haven't paid previously. It could be perhaps, that you do not realise what we spend your subs on – so please read on!

The largest expense is the **Christmas lights**. These are not paid for by the Council and sadly only some of the local traders support us to meet the annual bill of around £8000. Therefore, we are very grateful for the extra donations included by residents when paying their sub to help us. The Council also do not fund the **floral displays** that brighten our shopping area during the year. Once again, the SRA uses their income (from subs and general donations alone) for the plants for the High Street and Triangle displays. Some of the SRA committee and a few helpers tend the displays on a voluntary basis. This year and last, we spent money on the bunting for the Jubilee and Coronation as, again, there was no funding from the Council for this.

Additionally, we give **donations to community causes** to help them to keep going. For example, we are, this year, offering the Selsdon Centre for the Retired some financial support for their upgrade to their office computer system - before it finally crashes and they lose all their records. In the past, we have helped the Scouts refurbish their hut and St John's Church their hall, to name but two other beneficiaries of our Community Fund which is supported solely by residents' donations and surplus from the subs after paying our running costs (luckily minimal as the Baptist Church allow the committee to meet there for free), insurance etc.

I hope you can see from this that we believe you get really good value from the £5 subs and that we make good use of your additional donations that you choose to give.

**Please do complete the standing order form that is printed on the back cover of this Gazette and send it to your bank using the first line of your address as the reference, or pay online directly from your bank account to ours by using the bank details on the SO form.**

These details are also on our website – [www.selsdon-residents.co.uk](http://www.selsdon-residents.co.uk)

**Alternatively, please deliver your envelope containing your household subs and any extra you can spare to support us** to any of the committee addresses listed on page 2 of the Gazette or to 42, Kersey Drive, the Selsdon Centre in Sainsbury's foyer, Burchell's podiatry on



Farley Road or Croydon Physio on Upper Selsdon Road. They will all love to see the envelopes dropping through their letter boxes. We are grateful to these three businesses for being a collecting point for us and, more importantly, grateful most of all to you for your donations. Please don't delay - if you do mislay the envelope, you can use any envelope stating your name, address and the amount enclosed.

***Thank you for your support from Linda Morris and all the SRA Committee.***

## **COUNCILLORS' NOTES**

### **SELSDON LIBRARY SELF-SERVICE**

A self-service system is being trialled by Croydon Council at Selsdon library. Registered members can access the building using their library card and PIN code when the service is not being staffed. This will give more opportunities to borrow books and use computers and study areas for those who would usually struggle to get to a library during standard opening hours.

Library members can register for the service at Selsdon Library, where staff will explain how to use the technology. Security measures will be in place and CCTV will be in operation for the safety of visitors. Once the last customer has left, the system will turn off the lights in the building and close down computers and Wi-Fi.

The cost of the new facilities has been met through the Community Infrastructure Levy, which is charged to new developments to invest in local infrastructure, and ringfenced funding from the council's capital expenditure budget.

### **PURLEY HOSPITAL**

Purley Hospital services continue to expand. There are now four operating theatres working on elective operations. This links in well with the X Ray, CT scanning, blood testing and GP Hub facilities already available. While the NHS prefers people to call 111 to make an appointment at the Purley Hospital GP Hub, it remains possible to simply walk in 7 days a week, 8am until 8pm. Please use these services when appropriate to ensure this valuable facility in the south of the borough is fully utilised.

## **FARLEY ROAD RESURFACING – ONGOING ISSUES**

Residents will be aware of the issues with Farley Road near to the crossroads by Sainsbury's. The Council was made aware of the defects that appeared soon after the resurfacing work was completed. These were caused by an underground water leak. Sutton and East Surrey Water had given assurances in advance of the work that their underground supply pipes were in good condition. Unfortunately, this was not the case. The leaky pipes are being repaired by Sutton and East Surrey Water. Once completed, plans will be made for the damaged sections of carriageway to be resurfaced at either Sutton and East Surrey Water's or the contractor's own cost.

## **CONTACT YOUR COUNCILLORS**

Councillor surgeries are held on the first Saturday of the month 10am - 11.15am (no surgery in August/January. Surgeries are at The Selsdon Centre (next to Sainsbury's), 132 Addington Rd, South Croydon CR2 8LA.

We are happy to 'meet' residents online so if you have any issues you wish to discuss with your councillor please get in touch by email:

### **Selsdon and Addington Village**

[Joseph.lee@croydon.gov.uk](mailto:Joseph.lee@croydon.gov.uk)

[Robert.ward@croydon.gov.uk](mailto:Robert.ward@croydon.gov.uk)

### **Selsdon Vale and Forestdale**

[Andy.stranack@croydon.gov.uk](mailto:Andy.stranack@croydon.gov.uk)

[Fatima.zaman@croydon.gov.uk](mailto:Fatima.zaman@croydon.gov.uk)

## **PLANNING APPLICATIONS**

23/01682/FUL – 1 Elmpark Gardens South Croydon CR2 8RW  
Erection of a new single-storey dwelling following demolition of existing garage with associated parking, garden amenity, cycle and refused storage.

23/01786/GPDO - 104 Farley Road South Croydon CR2 7NE  
Erection of a single storey rear extension projecting out 5 metres from the rear wall of the original house with a height to the eaves of 2.8 metres and a maximum height of 3 metres.

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23/01668/HSE -104 Farley Road South Croydon CR2 7NE  
Erection of two-storey side extension and part single-storey front extension. Erection of single-storey rear extension. Erection of hip to gable roof extension and rear dormer.

23/01529/LP - 35 Kersey Drive South Croydon CR2 8SX  
Alterations, conversion of garage to habitable accommodation and installation of a roof lantern.

*(Remember that you can use this website to view planning applications  
[http://www.localplanningapps.co.uk/croydon/sra/anupdate/planning\\_table.html](http://www.localplanningapps.co.uk/croydon/sra/anupdate/planning_table.html)*

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## **MP Chris Philp's Report** **Member of Parliament for Croydon South**

### **Extending the Surrey Hills Area of Natural Beauty to Croydon**



Whether I am jogging in Happy Valley or enjoying time with my kids on Farthing Downs, I am always struck by the beauty of the open spaces in the south of the Borough and the surrounding areas.

We are truly fortunate to have these amenities on our doorstep, which is why I am delighted that Natural England is considering expanding the Surrey Hills Area of Natural Beauty to parts of Kenley, Coulsdon and Riddlesdown. Doing so will help to ensure that places like Happy Valley and Farthing Downs are further preserved in law and safeguarded for future generations. It will also help to give improved access to nature for the benefit of people's health and wellbeing whilst boosting economic growth and local tourism.

You can show your support for the project in the online consultation here <https://consult.defra.gov.uk/ne-landscape-heritage-and-geodiversity-team/surrey-hills-boundary-variation/consultation/intro/> . The 'Boundary Maps Part 2' link covers our area.

The consultation closes on 13<sup>th</sup> June 2023, so make sure you respond

in good time or, failing that, please let all of your friends, family, and neighbours know about this too!

## **Croydon Town Centre Regeneration Update**

I am delighted that Westfield has now reaffirmed its intention to regenerate Croydon Town Centre, which, I'm sure you will agree, is much needed. This significant step forward sends a clear message that Westfield remains committed to upgrading the Whitgift Centre and surrounding areas into a facility fit for the 21<sup>st</sup> century.

It is important to ensure that Croydon Town Centre both meets the needs of our community and is an attractive place to visit. That's why I have had countless meetings over the years with Westfield, Croydon Council, and various government ministers to drive forward the redevelopment.

I am pleased that we are now seeing some progress here and would like to congratulate Mayor Perry for his work in helping to get the project back on track. I look forward to working with residents on this to restore pride in our Borough.

### ***Chris Philp***

Member of Parliament,

Croydon South:

020 7219 8026

[chris.philp.mp@parliament.uk](mailto:chris.philp.mp@parliament.uk)



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# News from our Local Police

## Selsdon Vale And Forestdale



Selsdon Vale and Forestdale Safer Neighbourhood Team officers attended Courtwood Primary School to speak to Year 6 pupils on ways that they can stay safe when out in the Community.

Officers spoke about safety around social media and what to do should they feel threatened. Officers also explained what to do in an emergency if something were to happen in front of them. This meeting was beneficial to the pupils as they are about to go onto year 7 secondary school.

## Safer Neighbourhood Team Ward Panel

Are you a local resident within the Selsdon, Forestdale, Monks Hill, Gravel Hill or Addington Village area?

We are looking for active members of the community who wish to attend meetings regarding local issues within this area. If you work for an organisation that could benefit from the input of the Ward Panel or think the Ward Panel could benefit from your local advice please also get in touch. The Ward Panel is representation made up of community members and Partner Agencies who meet to discuss Crime figures, Crime prevention initiatives, Community Safety and issues in the local community. Ward Panels collate issues and concerns from across the ward. This information will enable the Safer Neighbourhood Teams to consider and act upon the views of the wider groups of residents. The Ward Panel should also convey to residents the subsequent actions of the Neighbourhood Team have taken.

If you are interested and are available to attend meetings in the evenings every 3 months, please E-Mail [selsmonkforestaddvillwardpanel@gmail.com](mailto:selsmonkforestaddvillwardpanel@gmail.com). Please address your E-Mail to Charles Marriott the Ward Panel Chair. The next meeting is proposed for Wednesday 21st June 2023 at 18:00hrs To be held at St Francis Church, 107 Broadcombe, South Croydon, CR2 8HR. If you are unable to attend this meeting but are still interested in joining the Ward Panel, please still send your e-mail to Charles Marriott.

Please do not hesitate to contact your local police team if required:

### **Emergencies – 999**

### **Selsdon & Addington Village:**

[SNMailbox-SelsdonandAddingtonVillageSNT@met.police.uk](mailto:SNMailbox-SelsdonandAddingtonVillageSNT@met.police.uk)

### **Selsdon Vale & Forestdale:**

[SNMailbox-SelsdonandForestdaleSNT@met.police.uk](mailto:SNMailbox-SelsdonandForestdaleSNT@met.police.uk)

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## **A Good Time for Gardening – June**

Everything is growing like crazy now warmer weather has arrived. So many jobs to be done in the garden. Here are a few:



### **Flowers**

- Lift and store tulip bulbs after flowering
- Give wisteria its summer prune, cutting all the long sideshoots back to 20cm, to promote flowering next spring
- Support tall-growing perennials, including hollyhocks and delphiniums, with a sturdy cane
- Continue planting summer bedding in pots and borders, and water regularly to help plants establish quickly
- Tie in new stems of climbing and rambling roses horizontally to supports, to encourage more flowers
- Take cuttings from pinks and carnations, selecting non-flowering shoots, which should root readily
- Pinch out the tips of fuchsias and bedding plants to encourage bushier growth
- Give container displays and hanging baskets a liquid feed every few weeks to encourage flowering
- Fill any gaps in borders with pots of tall bulbs, such as fragrant lilies, to add instant colour

### **Fruit and veg**

- Plant out sweetcorn after hardening off, arranging plants in blocks to aid pollination
- Cover developing and ripening fruits with netting or fleece to protect them from birds
- Spread mulch around thirsty crops such as beans and courgettes to



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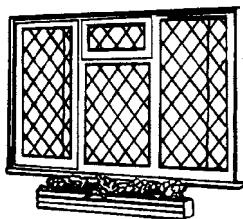
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  - Go on regular snail hunts, especially on damp evenings, to reduce populations
  - Apply tomato feed regularly to fruiting veg crops, including tomatoes, courgettes, pumpkins and chillies
  - Rejuvenate chives by cutting the clump down to the base, for a fresh crop of new leaves in just a few weeks
  - Water beans and peas as they start to flower
  - Pull out any raspberry canes sprouting up out of their dedicated area

***Frederick, Cedric and Sunflower Sid***

[www.sandersteadhorticulturalsociety.org.uk](http://www.sandersteadhorticulturalsociety.org.uk)

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## **Selsdon Celebrates the Coronation**



Didn't Selsdon look in the party mood for the weekend of the Coronation. The Selsdon Residents' Association risked life and limb putting up the Union Jack bunting on the Selsdon clock. They also adorned the railings of the Selsdon Triangle and the crossroads railings. Even the clock plinth was cleaned and scraped, the hedges trimmed and the flower bed weeded. Many thanks to Janet, Ian, Trevor, Chris and Adrian.

It was good to see Selsdon High Street could boast a post box topper for the coronation too.



Many of the shops along the High Street made an effort too. Our three charity shops had rummaged through their stock to find coronation themed items and red, white and blue was the colour scheme for each of their windows (my apologies for our black and white photos!)



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Mind Charity Shop



# Seldon Residents' Association Make a Crown Competition

The SRA challenged Seldon schoolchildren to make a crown for King Charles III's coronation. Well done to all those who took part. After much deliberation, the committee decided on two outstanding creations.



First prize was awarded to Oliver Zaiger, 7 years old and a pupil at Seldon Primary School. He even made a peg King and two peg guards.

While second prize goes to Samuel Brown in Year 1 at Seldon Primary School for his colourful crown, complete with fur (cotton wool) trimming.



Special mentions must also go to Francesca, Zachary, Callum, Keava, Nicholas, Josie, Samira and the 9th Seldon Brownies (Sophie, Emilia, Scarlett, Harriet, Lola, Maliya, Katie, Hannah and Graci).

**CJ**

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## Seldon – Population Growth & Census 2021

In the April Gazette we saw how Seldon has grown in importance from pre-1925 levels of population measured in a few dozen inhabitants, with an explosion of growth with the coming of Costains and subsequent development of the area. The map makers were kept busy with new houses and roads. But what of the population?

In 2021 we all completed our Census returns and results are beginning to filter out from the Office of National Statistics. Some generalised information down to Ward level is already available. In broad terms the population of England and Wales, from the 2021 Census, was some

59.6 million people. In London (Inner / Outer / Greater) the figure was 8.8m. Croydon returns reveal some 391,000 people. By comparison neighbouring Tandridge managed 88,000 and Sutton 210,000. The two main Selsdon wards, Selsdon and Addington Village plus Selsdon Vale and Forestdale returned roughly 10,000 Census forms each. The population of England and Wales has increased by 6.6% from the 2011 Census. London has grown by 7.7% and the Croydon population has increased by 7.5% which puts us in the top 15% of densely populated English boroughs.

### Population – Last 3 Census Returns

	2001	2011	2021
England & Wales	52,041,916	56,075,912	59,597,300
London	7,172,000	8,173,942	8,799,700
Croydon	330,587	363,378	390,716
Selsdon & Addington Village	10,121	10,084	10,317
Selsdon Vale & Forestdale	9,545	9,551	9,702
Sanderstead	14,844	15,161	15,503

Gender appears to fluctuate very little through the years, or by area, with Females, at 51% to 52%, slightly outnumbering Males.

### Census 2021 - Age (%)

	0 to 18	19 to 25	26 to 40	41 to 50	51 to 65	Over 65
England & Wales	23	6	20	13	19	19
London	24	7	26	14	17	12
Croydon	24	8	24	14	17	13
Selsdon & Addington Village	22	7	16	13	21	20
Selsdon Vale & Forestdale	23	6	20	12	20	20
Sanderstead	23	6	15	14	20	22

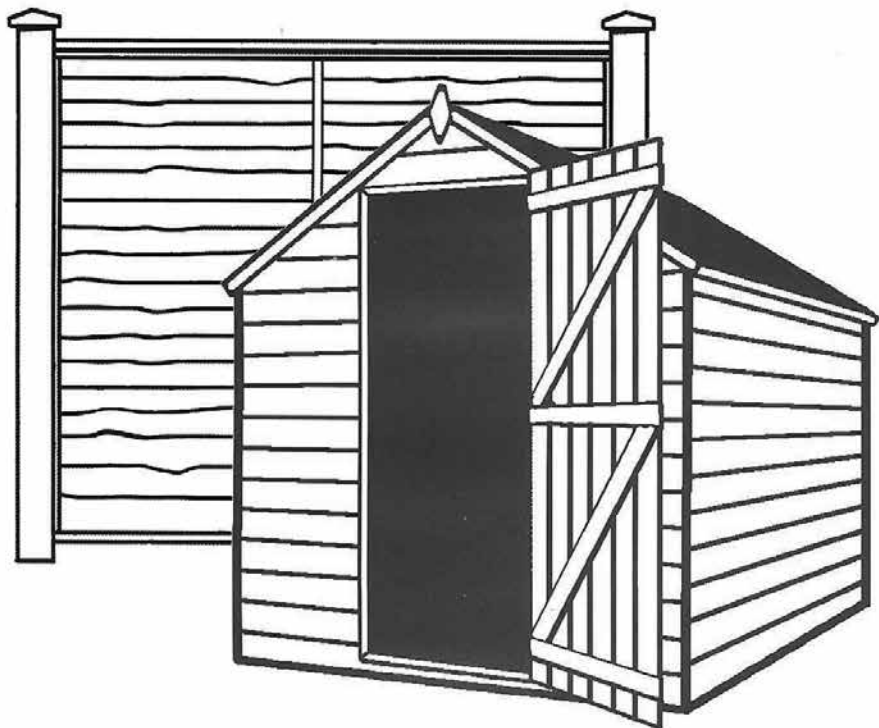
### ***Ian Leggatt***

1 Direct comparison of Census results from the Office of National Statistics ([www.ons.gov.uk/census](http://www.ons.gov.uk/census)) with those of the Greater London

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Authority ( <https://data.london.gov.uk> ) is difficult. I have used the GLA figures for 2011 and 2021 in the Population table above.

2 Your Selsdon Residents Association does not cover all of the areas encompassed by the two main Wards. Its volunteers deliver the Selsdon Gazette to approximately 4,000 households. The exact 'catchment area' can be found on the SRA website: <https://selsdon-residents.co.uk/selsdon>  
--> Selsdon - our area

~~

## Make time for fun, Try something new



As we know our lives are finite (we don't have forever) and if we aren't careful, the older we get, the more we start to fall into habits and stop trying new things. Whilst as adults we may have limited 'downtime', as the saying goes, "A change is as good as a rest." So, one idea is that we should create a 'bucket list' of experiences and achievements we hope to have before we die and start planning how we can tick them

off. It doesn't need to be anything dangerous!

The point is that we realise that we can experience more in life if we try. We can 'Have a go' and know that making mistakes and feeling uncertain whilst trying to learn/achieve/enhance our lives is completely to be expected and part of the journey to success. You don't need to do it alone - other people can help or join in and also you can share your memories of the journey. The library and the internet have free resources but there are also organised classes/workshops that can be joined. If you fancy trying something new you can check out the SRA website for some local activities and groups.

What do you want to do? Here are a few ideas:

- Make a difference – help others/the planet. Groups are always looking for volunteers
- Invent something – a joke, a recipe, a musical tune, a gadget and show it off
- Swim in the sea, build the biggest sandcastle on the beach, sleep under the stars
- Write a story, poem, article, new lyrics for an existing tune
- Try (or cook) a new food

- See your name in print (The Gazette Editor is always interested to hear from you!)
- Visit another country
- Win something
- Learn to whistle/wink/skim stones/juggle etc
- Get over a fear
- Join a club
- Take up a hobby
- Stand up for yourself
- Connect with nature, Grow something/care for animals
- Create something
- Clear clutter and make space
- Make a new friend
- Teach someone something
- Learn to live without something for a while
- Spot an injustice and lobby for change
- Create a special photo album/music playlist
- Organise a big 'get together'
- Improve your fitness – e.g., 100 push ups, 8-mile walk, a half marathon

*Good luck! Janet Sharp*

~~

## Quiz for Father's Day 18 June

1. Cleopatra's four children were fathered by which two men?
2. Whose memoirs published in 1995 were entitled Dreams from My Father?
3. What was the name of the ship that transported The Pilgrim Fathers to America?
4. What is the name of Nemo's dad in the Disney movie?
5. Who is Michael's dad in 'The Godfather'?
6. Who gained the title of "Father of the Atomic Bomb"?
7. Who had a 1988 hit with the single "Father Figure"?
8. In "Game of Thrones" who is Jon Snow's father?
9. In British politics to whom does the phrase "Father of the House" refer?
10. Who created the fictional detective "Father Brown"?



11. In Norse legend, who was the father of Thor?
12. Which musical features the character "Daddy Warbucks"?

*Many thanks to freepubquiz website*

## Answers after Nature Notes

~~



We welcome your letters so do **please get in touch** if you have something to share with Selsdon residents.

Please remember to state your name, address, contact number and publication anonymity requirements in **all** correspondence to the Editor. Anonymity can be granted on request, but anonymously sent letters/e-mails will not be published.

Dear Editor,

Was absolutely astonished to read the list of the work carried out by Friends of Selsdon Wood last year. Can I say a big thank you to these volunteers.

*Patricia Staples*

~~

Here our regular contributor, Jessica Blake, looks at the precision of the Coronation and keeping panda bears fed!

The Coronation is over, the pomp and ceremony are over. Long live the King!

One thing out of the ordinary, still keeps coming to my mind. The troops who followed the Coronation coach after the crowning, needed to march around Parliament Square, keeping in time. It was most impressive, but I did notice there were little speakers behind the Commander-in-Chief's ears, when a TV camera focused on him for a few moments (Sorry but I do not know his proper rank, only that he was in charge at that time). I wonder if the commanders of each section also had little hearing aid

speakers behind their ears? It was certainly impressive how the troops were standing around the square, and yet their arms all moved in the same direction, once they began to march. Not one swung their arms in the wrong direction, because they were facing the wrong way. Modern electronics are very interesting. It must be wonderful to understand how to use them.



Changing the subject, for quite some time, I have been avoiding everything I can when it is made from bamboo, so that the pandas can be saved, because pandas only eat bamboo. The Chinese say that 5,000 years ago, pandas ate fruit and vegetables and they are trying to encourage them to return to that diet. I cannot help wondering what caused the pandas to switch to bamboo only, at that time.

For a long time, China has had the reputation of being the 'workshop of the world' and the rest of the world was becoming too dependent on them. Well, now is the time to sigh with relief, because bamboo grows well in other countries too, so pandas will still be able to consume bamboo, as it can be imported by China, from other countries. Those countries will make a profit too through this enterprise and reverse the dependency!



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It is such a relief - and to my delight it now means I can purchase some pretty bamboo socks that I have had my eye on. I want to see if the socks are as soft as the adverts say. Will they be powder puff soft, cotton wool pad soft, or just softer than a piece of sandpaper? Perhaps the softness will depend purely on which washing products are in people's cupboards on the day the items are washed!

Oops must go, I see the postman coming along the road. Perhaps my package, will be arriving early. Will he be delivering my bamboo socks today?

**Jessica Blake**

~~

## SHIRLEY WINDMILL



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The last tour starts at 4pm.

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Shirley windmill is owned by Croydon Council. It is staffed and managed by volunteers, the 'Friends of Shirley Windmill'. These volunteers are interested in the mill and keen to enable as many people as possible to visit and enjoy this part of Croydon's heritage.

Postmill Close, Shirley Croydon CR0 5DY

~~

## Poetry Corner

*I received this email from a reader about a poem he had just come across written about living in 1950's Selsdon, so I have included it in Poetry Corner.*

Dear Editor,

I contacted you a few years ago with an account of my memories of living on my family farm, Ilfra-tors, in Selsdon Vale during the 1950s, which you kindly reproduced in the History section on the SRA website.

My elder sister, Angela, sadly passed away last year and I have only just come across a poem she wrote in 1976 about our time living there, which I thought you might wish to share with your readers. It is her reminiscences of our family pig and poultry farm called Ilfra-tors in Selsdon Vale, where we happily lived together from 1952 when my father retired from The Royal Marines up until his sudden death at the farm in 1959. I remember the valley in which it was set and the glorious surrounding countryside which formed part of the 'Green Belt' at the time (meaning the land was protected and could never be built upon - somewhat ironic as things subsequently turned out). Not long afterwards, the farm and land were sold and all of it disappeared under the present day 'Bird Housing Estate' off Old Farleigh Road by Selsdon Wood.

Kind regards

**Steve Glover**

### ILFRA-TORS 1976

There was a house where once  
I passed those stormy adolescent times  
When all the world is wonderful  
Yet fears and dread seem all too real.

A simple place  
Of polished tile and whitewash gleaming,  
And as time passes  
Memories increase sweet pleasure in its thought.  
It should have mellowed there,  
In the quiet country, but  
Being close to town  
The marching population brought it down.



What sunny days, what happy times we had.

How we planted and we seeded,  
How we trimmed and mowed and weeded,  
And, tired and dirty, energy all spent,  
We had our tea and danced upon the lawn.

No more the flowering cherry every Spring  
The lines of junipers towards the door.  
The fruit trees and the gardens and the swing,  
No more, no more.

Yet still I hear the footsteps  
Running down the hill, and  
Someone bursting through the creaky gate.  
I see each flower border still  
Blooming bright, despite its fate.  
Where once we pulled the yellow weeds from fields  
In early morning sun  
Are rows of houses like a blight  
(May yellow weeds still plague their flat suburban lawns).

The thrush,  
Which loved to bathe beneath the sparkling hose;  
Young goat, who browsed forbidden flowers  
And cried to come inside the house;  
Black cat, stretched indolently along the plum tree  
branch,  
With swishing tail and an eye for careless birds;  
Poor crippled hen, you survived the fox  
And followed ceaselessly for a lap and tender words;  
Warm, pink piglets, so vulnerable in your box of straw,  
Sleep on by the kitchen stove –  
You are all gone  
But never forgotten.



In the quiet vale  
With mists and dampness spreading on  
Unpaved, unlit road,  
The house became a haven for the night.  
With darkness was a creaking in the attic  
And a tapping at night windows.  
Slow badger scraping past the walls



While screech owls haunt the woodland edge nearby.  
Blackness and cobwebs to stumble home through and never stop to look  
behind.

It was a time for growing, yet not knowing,  
With precious time to watch the world go by.  
Feeling permanence without, yet not within,  
And all the while it was reversed.  
Sweet warmth and greenness,  
Family time, kitchen time, all moods and madness  
Gaiety and sadness.

Now half the family is gone, the rest are grown,  
On different paths of life  
Far away and yet the same.  
Moulded by times and places long ago,  
With only the memories of a little house  
That helped us on our way.

*This month Mary Gill reflects on holidays in the UK.*

## **HOLIDAY SCRAPBOOK**

Shells;  
smooth worn pebbles;  
burning hot sand;  
melting ice cream,  
striped deckchairs,  
buckets, spades  
and slowly dissolving sandcastles.



Promenades along the pier,  
music and merry-go-rounds,  
amusement arcades,  
precious pennies in insatiable slots,  
saucy, sexist postcards  
that still make me smile.



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Stone harbours,  
Sailboats,  
ragged nets,  
sad glimpses of redundant fishing vessels.

Rugged, windswept cliffs,  
creaking windmills,  
open country,  
open minds;  
unwelcome rain,  
laughter captured in a fading photograph.

Church spires,  
stained-glass windows,  
tilting tombstones  
with illegible inscriptions.

Heritage!

Steam engines,  
magnificently malevolent  
as they belch polluting smoke -  
and steal our hearts.  
Iron staircases,  
overgrown train-tracks,  
shabby tea rooms.

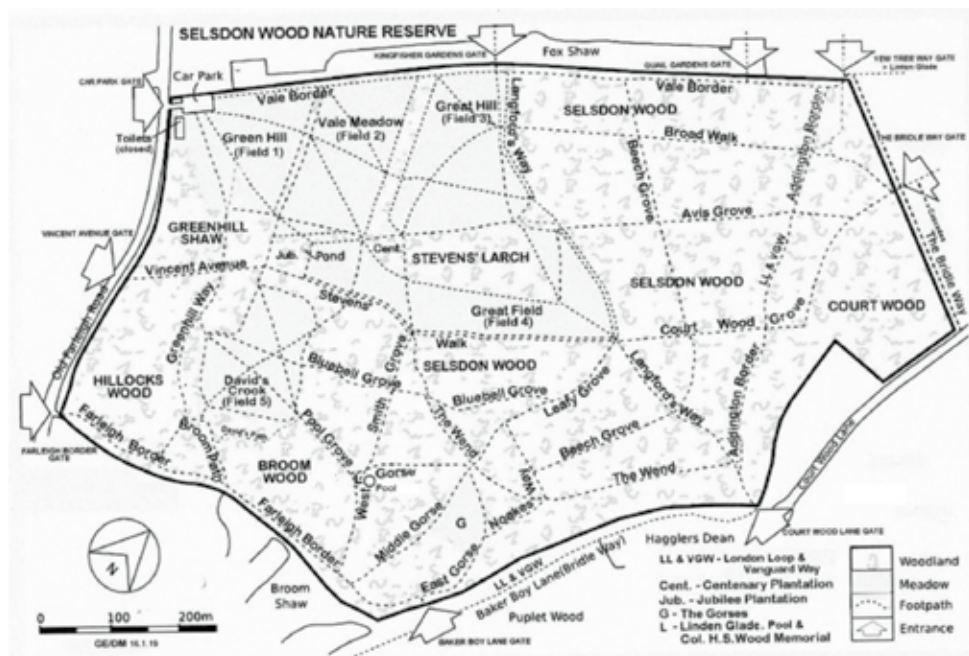


Ancient castle ruins –  
distressed fortresses,  
dried up moats  
and once embattled battlements,  
the haunt of ghostly  
knights and ladies.

All these images melting and merging  
into the amorphous essence of 'holiday'.

## Nature Notes from Ted Forsyth – Orchids

While Early Purple orchids are in flower from April most other orchids in Selsdon Wood and other local areas prefer to flower in June or July. There are three known concentrations of Early Purple orchids – a relatively recent group of around a dozen plants in the cut-through between Langford’s Way and Addington Border, a second, much larger, spread near the badger sett which is off Beech Grove and close to Vale Border, and the largest group of all which is near the bend in the Courtwood Grove path and extends well into Court Wood. A count of the plants in this third group sometimes totals well over 100 plants.



A species which can be equally numerous is the magenta-coloured Pyramidal orchid. It is found in small numbers in most of the fields but a few years ago there was a concentration of more than 100 near the top corner of the car park field. Recently these numbers have dropped, perhaps because of people emptying their dogs in this field and hence changing the character of the soil and encouraging the growth of coarse grasses. A small group of the rare white variant appeared in Field 2. Small numbers of Common Spotted orchids appear in Great Field and have been seen in Field 2 but numbers vary depending on winter, spring

and summer rain and temperature. While the white flowers are certainly flecked with coloured spots the term Spotted really relates to the leaves which can be recognised before flowers appear by the large dark spots on the leaf rosette.



The Bee orchid is probably the most exotic looking of the local orchids. It is sometimes described as being monocarpic, implying that it dies after flowering, but in fact individual plants can appear year after year, though many in a group will disappear and might not return for some years. All orchids produce minute seeds in vast quantities but to grow successfully the seed must make an alliance with an underground fungus from which it can acquire nutrients. When local conditions are suitable there can be many plants. In Selsdon Wood there have been many years with no record of this species but several did make an

appearance close to (or underneath?) what is now the Butterfly Bank.

Occasional single plants have appeared in other fields.

The group of orchids called Helleborines tend to flower towards the end of the season. For years we had a single Broad-leaved Helleborine with purple flowers growing outside the Centenary Plantation but it has not been seen for the last few years. Within the Centenary Plantation there have been up to 100 White Helleborines (see my photo) but this number has reduced to vanishing point and we tend to look for an occasional plant in the nearby tree belt.

Since most people find orchids interesting it is worth looking at other sites. On the Featherbed Lane verge, opposite the end of Courtwood Lane, there is a shady bank where White Helleborines grow under the trees. At the other end, near Farleigh Dean Crescent, amongst the grasses close to the blackthorn hedge many Bee orchid leaf rosettes have already been noticed so June might produce a good display of this species. There are also Pyramidal and Common Spotted in the same area. Along the bridleway in the nearby Hutchinson's Bank reserve there are several Broad-leaved Helleborines. The Chapel Bank reserve at the end of Hutchinson's Bank can produce Early Purple, Common Spotted, Pyramidal, Bee, Man, and Greater Butterfly orchids, both Broad-leaved and Violet Helleborines, and Common Twayblade.

The slopes of Farthing Downs hold many similar species with the addition of Fly and Fragrant orchids.

My favourite book is *Orchids of Britain and Ireland* by Anne & Simon Harrap.

## Answers to the Father Day's Quiz

1. Julius Caesar and Mark Antony
2. Barack Obama
3. The Mayflower.
4. Marlin
5. Don Vito Corleone
6. Robert Oppenheimer.
7. George Michael.
8. Ned Stark.
9. The longest serving MP in the House of Commons.
10. G.K.Chesterton.
11. Odin.
12. Annie.

~~

## Bird's Eye View, May 2023 John Birkett, RSPB Croydon Local Group



How many of you managed to experience the dawn chorus this Spring? Some of you may have joined a walk in a local park or woodland. Others may have simply opened their bedroom window and listened while still enjoying the comfort of a warm bed. However, you did it, I hope you enjoyed the birds welcoming a new day (and telling their neighbours that they are still around and to keep out of their territory). Not all birds seem to wake up at the same time. Often the first to sing are the Robins (in brightly lit areas they may sing throughout the night) followed by Song Thrushes, Blackbirds and Wrens. After that it may be a free for all.

The dawn chorus normally lasts for just an hour or so from first light, before the birds go about their daily business of feeding themselves and providing sustenance for recently hatched youngsters in the nest. But, of course, they take breaks during the day and song can be heard at most times, possibly building up again at dusk as they again proclaim their territory before going to sleep. If you are an owl the reverse may be true. Even after the sun has broken through in the morning, Tawny Owls might be heard calling before they settle down for the day. And for them, dusk means time to wake up.

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By now, there will be many recently fledged birds around. If you do see a young bird on the ground, please resist the temptation to take it into care. Often the parent birds will be nearby looking out for their babies. The only time you should consider moving them is if they are at risk, when perhaps you could move them into cover, but not too far from where you found them.

Don't forget to keep your eyes and ears open for birds in your area. We would appreciate if you could email us ([johnbirkett@hotmail.co.uk](mailto:johnbirkett@hotmail.co.uk)) with information about anything you see and hear around Croydon. Details about our group's activities (monthly talks and outings) can be found on our website (<http://www.rspb.org.uk/groups/croydon/>). We hope to see you sometime soon.



Young Robin by Jenny Morgan

~~

## **SELSDON CENTRE FOR THE RETIRED**

We're heading into June and can't believe we're almost halfway through the year already!

As the Selsdon Centre keeps going for the community, by putting on Bingo, live music events and offering general companionship, we are pleased to say that we have had some help to do so, for which we are very grateful. We'd like to thank the Ros Harding Trust for providing funding for a new industrial oven for our kitchen. It will make a huge difference to our volunteer kitchen helpers and our resident chefs, Janet and Ian. We'll now be able to handle cooking more food, so keep attending and enjoying having someone to cook for you!

Our second thank you goes to the SRA for their very generous donation which will help to partially fund some much-needed new computer equipment for the office, replacing the very slow and out-dated system which has been grinding to a halt for a while!



We had another visit from Ridgeway School Choir which everyone enjoyed - the children are lucky to have such an enthusiastic music teacher and they performed brilliantly! We will invite them back again before Christmas for some festive music so watch out for news on the updated website, a good place to look for any information or news of events coming up. We also have our noticeboard outside the Centre and information leaflets inside when the office is open. Feel free to pop in whenever you're around.

Finally, in case you haven't heard Elvis is not dead! He lives! He's coming to sing at the Centre on Fri 30th June between 12-2pm! Tickets are £12 and will sell out very quickly, so get in fast for this magical step-back-in-time concert!

Any queries, please contact [Selsdoncentre@btinternet.com](mailto:Selsdoncentre@btinternet.com) or call 0208 651 1111 and leave a message.

~~~



## **Selsdon Contact Neighbourhood Care - Celebrating 50 Years**

### **Contact celebrates 50 years helping the local community!**

*Here Janet Jones, who was manager of Selsdon Contact for many years, has recorded some of her reminiscences about her time with Contact.*

I started in my role as manager of Contact in 1990. Apparently, I was first approached about running Contact because I was quite vocal about my passion for helping the local community and wanting the local churches to be doing more.....I was thrilled at the opportunities ahead!

For nearly two years I worked from home, at the kitchen table, all our paperwork then was green and the family remember every surface and cupboard in the house spilling over with green paperwork!

On Valentine's Day 1992 Contact and the Hard of Hearing group moved into an office space that had once been the caretaker's flat for the old library and hall complex, complete with the original bathroom and bath (in

which we stored our loan equipment!). It was very exciting times. This move into an office space gave me the opportunity to open Contact up to the wider public and create a team of office volunteers to expand the services we could offer the local community. We needed everything to kit out the office but more than that, we needed people's time. Selsdon responded magnificently and before long the office was equipped and open for business Monday to Friday.

Gradually the number of people Contact was helping went from 40 to over 300. The number of volunteers also increased rapidly, allowing us to expand our services to the community. Everything Contact has achieved would have been impossible without the willingness of the loyal and hard-working volunteers, both in the office and all the drivers, shoppers, befrienders, fundraisers and more. During our time here an assistant to the manager was employed to help cope with the ever-growing workload.

After eleven years at this office, the Sainsbury's new supermarket, hall and library construction started and our faithful old office was demolished in 2003. Contact spent about a year in a portacabin surrounded by heavy construction work, with workmen and massive diggers, bulldozers and trucks trundling by the windows!

Contact moved into the present office (and I could write a book about the meetings and consultations plus the invaluable volunteer support to help get us there) a short time before Sainsbury's first opened. It was quite eerie being in such a huge empty space and the promised cafe didn't open until many years later when the Jubilee Church started running it. I eventually retired after 24 years in 2014 to be able to spend more time with our grandchildren, but I loved my job right up to my last day!

Some of the more unusual requests for help we had over the years included "How do I donate my body to science?" – we found out for them. "Can you reunite me with my brother,,,,," A request from Australia from someone who thought that was what Contact did. Well, we did find his brother in Selsdon and they were reunited after 45 years - it made the local papers with the lovely story and photos of the reunited brothers! The range of help Contact offered to Selsdon residents of any age was, and still is, immense.

During my time with Contact, and only possible with the dedication of our volunteers, I had the privilege of starting many new ideas and projects: Contact's first website and logo; Outings – the first ever one was to Birdworld; the shopping bus scheme started in 1995, still running nearly 30 years later; regular coffee mornings; alongside the existing befriending, transport to doctor/hospital appointments, dog walking, basic DIY, one off

gardening and so much more.

We have a couple of events over our 50 years Celebration weekend which is 8<sup>th</sup> and 9<sup>th</sup> July.

St. John the Divine, Selsdon  
**SUMMER CONCERT**

Saturday 8<sup>th</sup> July at 6.30 pm

Come and join the Norwood Wind Ensemble and Songsations for a musical celebration of Summer

An evening Celebrating 50 years of Selsdon Contact

Admission - £ 10  
Children under 12 - Free

St. John the Divine, Selsdon  
**SONGS OF PRAISE**

Sunday 9<sup>th</sup> July at 3 pm

A Service of Thanksgiving to celebrate 50 years of Selsdon Contact

Contact's office is to be found on the lower ground floor in the Community Centre, below Sainsbury's and is open from 10 am until 3 pm Monday to Friday.

☎ 020 8651 4944 ✉ [info@selsdoncontact.org.uk](mailto:info@selsdoncontact.org.uk)

Facebook: Selsdon Contact [www.selsdoncontact.org.uk](http://www.selsdoncontact.org.uk)

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## **DESIGNER POP UP AT MIND CHARITY SHOP**

On Saturday 29 and Sunday 30 April the usual stock in the Mind Charity Shop in our High Street was stored away to make way for a dazzling display of clothes and accessories from the fashion house Kate Spade New York. Kate Spade (1962-2018) was an American fashion designer, entrepreneur, and fashion icon. She was the co-founder and co-owner of the designer brand Kate Spade New York. While working in the accessories department for an exclusive New York store she noticed that the market lacked stylish, affordable, and sensible handbags, so decided to create her own.

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Kate and her husband Andy founded Kate Spade New York in January 1993. The bags she designed and made, priced in the US \$150 to \$450 range, quickly became popular, particularly in New York. This was “a real shift” in fashion and reportedly “Everybody had Kate Spade bags. You could afford them, and happily buy more than one”. Young American women at the time also liked the bags’ sophisticated look. One woman recalled that the Kate Spade bags looked “mature, without being too adult for a teenager,” unlike higher-priced brands such as Burberry or Louis Vuitton. The company exclusively sold handbags at first, but soon expanded to clothing, jewellery, shoes, stationery, eyewear, baby items, fragrances, and gifts.

On June 5, 2018 a housekeeper found Spade dead in her Manhattan apartment. Her death was ruled a suicide by hanging. The day after his wife’s death, Andy Spade released a statement:

"Kate suffered from depression and anxiety for many years. She was actively seeking help and working closely with doctors to treat her disease, one that takes far too many lives. We were in touch with her the night before and she sounded happy. There was no indication and no warning that she would do this. It was a complete shock. And it clearly wasn't her. There were personal demons she was battling."

After her death her namesake company which she co-founded, announced plans to donate \$1 million to mental health awareness and suicide prevention charities. The company – which Spade sold in 2007 – made the contribution in honour of the designer, who committed suicide aged just 55.

This is the reason why the Mind Charity received this stock to sell.

It proved a very popular event with queues outside the door and a big boost to Mind's profits. Another event is planned for the Autumn – don't miss it!

**CJ**

~~

## **ROTARY REACH OUT DAY**



On Bank Holiday Monday 8<sup>th</sup> May, Rotary of Sanderstead and Selston held its Reachout lunch and afternoon tea for 70+ elderly folk at All Saints Church Hall in Sanderstead. This was part of King Charles III's Helping Out Day initiative to celebrate his coronation. The Hall was beautifully set out with a royal theme.

Guests arrived under their own steam or were picked up by a fleet of minibuses. A three-course lunch was served then they were entertained by a singer giving them all their favourite songs from the past. Celebratory cakes were served with the afternoon cup of tea.

After a thoroughly enjoyable day out, the guests were returned home by the minibuses. Many thanks to all the Rotary volunteers for organising and helping at this event.

~~

## **St Columba's Charity Fayre**

Sunday 2<sup>nd</sup> July at 10am, Queenhill road. All welcome. We have plants, homemade cakes, tombolas, raffles, jewellery, bric a brac and refreshments on offer.





## Selsdon Primary PTA Summer Fair

Friday 23 June 3.15 – 7pm, Selsdon Primary School Playing Fields. Inflatable Slide, Bouncy and Assault Course, Ice Cream Van, Raffle, BBQ and Drinks, Games, External Stalls, Tombola.

## St Columba's Community Café

All welcome. We meet every first Wednesday of the month from 10am-1:15pm serving teas, coffee & cake, then light lunches from 11:45am - all reasonable prices with profits given to charity.

## Stepping Stones Café

On 2nd Wednesday of the month at 10am at Selsdon Baptist Church.

## Walk 'n' Talk Croydon making new friends

Join us for fun and free gentle stroll around Coombe Wood. Walks will take place on the first and third Tuesday of the month (May- September) at 12 noon, starting at the Welcome to Coombe Wood sign and ending at the Coach House Café.

Walking is known to reduce stress, to boost energy levels and to improve sleep quality. Our ambles are fun and friendly, inclusive and accessible.

Everyone is welcome. For more information contact Daisy on 07939 596907 or email [info@apsaraarts.co.uk](mailto:info@apsaraarts.co.uk)

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## Bring Your Own Craft Selsdon Baptist Church 1st Monday of the Month 1.45 – 3.30pm

We warmly invite you to come and join us. Bring whatever project you are working on – colouring, knitting, sewing, etc., and enjoy friendship with us.



## GOING GREENER

Some helpful hints for leading a greener lifestyle

- Try to reuse every plastic bag that comes into your house at least once. Frozen pea and also bread bags are both great for food storage providing they don't have holes in!
- Find out where your supermarket places its bins for recycling plastic bags. If enough of us return our bags they might think more seriously about not using them in the first place.
- Look out for greetings cards not in a plastic wrapper and also without glitter decorating them, as these are becoming increasingly available even in supermarkets.
- Be aware that wrapping paper with a shiny surface is not recyclable as the shine is achieved by a plastic coating. Look out in shops and on-line for non-shiny paper.
- Explore your local charity shops as it is amazing what you can find in the way of "pre-loved" items. All the best people do it including the Queen but then she is a WI member!
- Many charity shops will accept old rags, scraps of material and clothes past wearing provided they are in a separate bag labelled "rags". N.B. Do check in advance if your local charity shop does this as not all do.
- Remember all shops selling batteries have to accept used ones for safe recycling.
- Explore alternatives to modern cleaning products. Baking soda, lemon juice and vinegar all do an excellent job. Ways of using them can be found on-line or in both old household management books and in the ever - growing range of books on living a greener life.



*Many thanks to the WI Green Team*

## ADVANCE WARNING - A22 Road Closure for 6 weeks



Japanese-owned utility company SES Water is to close the A22 Godstone Road near Purley Cross, one of the major routes into and out of Croydon, for at least six weeks this summer to conduct works on a water main. The company has confirmed that the works are being planned but,

to date, they have not given details about the nature of these works, nor provided information about the diversions that will be forced on the public.

A stretch of road less than a quarter of a mile long will be completely shut. It will block those the direct route between Croydon and Purley to Kenley and Whyteleafe. The road closure will come into effect on Saturday July 22 and is supposed to end on Sunday September 3.

The works will affect the A22 from the railway bridge junction with the Purley Tesco to the junction just south of Dale Road. It is understood that alternative routes will be signposted, with diversions expected through Coulsdon, Redhill, Godstone and Whyteleafe.

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## VANGUARD WAY MARATHON

Sunday 6 August, Race start 9.30am

Distance – Full 26.2 miles

Distance – Half 13.1 miles



The race will cover part of the Vanguard Way Route. The whole national trail is 66 miles from East Croydon to Newhaven on the South Coast – it is an exceptionally varied and beautiful course for both walkers and runners. An out 13.1 mile and back 13.1 mile route following the undulating route. You will see the most amazing scenery on the way.

From East Croydon Station through parkland, woodland and open country, passing several historic houses at Coombe, through Selsdon Wood Nature Reserve and past the very olde but pretty little church of St Mary the Virgin at Farleigh. The highest part of the route, in the North Downs, is 260m above sea level. The route passes the Nore Hill Chalk Pinnacle, gets close to the 18th century manor house of Titsey Place and the turning point is at the edge of Limpsfield.

Contact details:

Gareth Davies 07967 729922

0208 651 5177

Ray Povinelli 07540 984707

0208 743 0507

[1m2go3@gmail.com](mailto:1m2go3@gmail.com)

Our Sponsored Walk was a great success, we thank all those who took part on the day & who raised funds for a number of good causes. The 2<sup>nd</sup> new Addington Guides entered a team into our event, here is a pic of the team at the start of the walk.



Thanks to everyone who took part in & marshalled the event. Rotary Rocks....

**What's up next: -**

1<sup>st</sup> September our Art & Photographic competitions. See our website for more details. Saturday 2<sup>nd</sup> September Hobby Fair – St John's Church Hall, Selsdon.

Sunday 3<sup>rd</sup> September Selsdon Woods event.

Wednesday 13<sup>th</sup> September Seniors Day Out at Denbies.

Saturday 11<sup>th</sup> November Craft Fair, All Saints Church Hall Sanderstead.

If you would like to join Rotary & provide support & service to good causes, please contact us on 07774 186 792. Look at our website <https://www.rotarysandersteadandselsdon.com/> or visit us on Facebook <https://www.facebook.com/rotarycroydonsouth>

## Interesting Facts

1. Unless food is mixed with saliva you can't taste it.
2. A female dolphin will assist in the birth of another's baby dolphin.
3. Human saliva contains a painkiller called opiorphin that is six times more powerful than morphine.
4. If you Google 'Zerg Rush' Google will eat up the search results.
5. During pregnancy a woman's brain shrinks and it takes up to six months to regain its original size.
6. Putting sugar on a cut or wound reduces pain and speed up the healing process.
7. Loneliness weakens immunity, having family and friends increases immunity by 60%.
8. Temperature can affect appetite. A cold person is more likely to eat more food.
9. Your left lung is smaller than your right lung to make room for your heart.
10. The smell of freshly cut grass is actually the scent that plants release when in distress.



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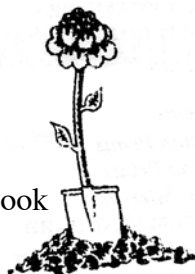
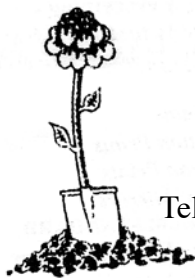
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# A SELECTED LIST OF SELSDON ORGANISATIONS

The information provided is, we hope, accurate, but we cannot take any responsibility for any mistakes. Any alterations should be sent to the Editor.

## CHURCHES

|                                                   |                |              |
|---------------------------------------------------|----------------|--------------|
| Forestdale & Selsdon Community Church             |                | 8657 0078    |
| St John the Divine (Church of England)            | Parish Office  | 8657 2343    |
| Selsdon Baptist                                   | Office         | 8651 4308    |
| St Columba's (Roman Catholic)                     |                | 8657 3747    |
| St Francis (Church of England)                    | Monks Hill     | 8657 7864    |
| Croydon Jubilee Church                            | Office         | 8651 2807    |
| Upper Selsdon Road Hall (Christian meeting place) |                | 8657 2417    |
| Church of Jesus Christ of LDS                     | Bishop Hawkins | 01883 349914 |

## DOCTORS, DENTISTS & EMERGENCY CARE

|                                                                               |  |           |
|-------------------------------------------------------------------------------|--|-----------|
| Farley Road Medical Practice                                                  |  | 8651 1222 |
| Queenhill Medical Practice                                                    |  | 8651 1141 |
| Selsdon Park Medical Practice                                                 |  | 8657 0067 |
| Croydon University Hospital (formerly Mayday Hospital, 24/7)                  |  | 8401 3000 |
| New Addington Minor Injuries Unit (Mon-Fri 14:00-22:00/Sat-Sun 12:00-22:00)   |  | 8251 7225 |
| Purley War Memorial Hospital (Urgent Care Centre, 08:00-20:00, 365 days/year) |  | 8401 3238 |

## CLUBS, GROUPS & CHARITIES

|                                                                                                                               |                                                                                           |                                                                                                 |               |
|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------|
| Arts Society Croydon Area                                                                                                     | Jean Aarons                                                                               | Website: <a href="https://tascroydonarea.org.uk">https://tascroydonarea.org.uk</a>              |               |
| CONTACT (neighbourhood care)                                                                                                  | Jasmine Singh                                                                             |                                                                                                 | 8651 4944     |
| Selsdon Centre for the Retired                                                                                                | Craig Anderson                                                                            |                                                                                                 | 8651 1111     |
| Croydon Hearing Resource Centre                                                                                               | Office                                                                                    |                                                                                                 | 8686 0049     |
| Bourne Society                                                                                                                | Roger Packham                                                                             |                                                                                                 | 01883 349287  |
| Crest Badminton Club (Fri pm)                                                                                                 | Sue Fairchild                                                                             |                                                                                                 | 020 8657 3761 |
| Coulsdon Masonic Lodge                                                                                                        | Colin Lynch                                                                               |                                                                                                 | 07801 453474  |
| Croydon Natural History & Scientific Society                                                                                  | Brian Lancaster                                                                           |                                                                                                 | 8668 6909     |
| Croydon Recorded Music Society                                                                                                | Liz Brereton                                                                              |                                                                                                 | 8656 7382     |
| Croydon Voluntary Association for the Blind                                                                                   |                                                                                           |                                                                                                 | 8668 2486     |
| Cruse Bereavement Care Helpline                                                                                               |                                                                                           |                                                                                                 | 8916 0855     |
| Friends of Littleheath Woods                                                                                                  | Ian Leggatt                                                                               |                                                                                                 | 8651 1140     |
| Friends of Selsdon Wood                                                                                                       |                                                                                           | see website: <a href="http://www.friendsofselsdonwood.co.uk">www.friendsofselsdonwood.co.uk</a> |               |
| Rainbows, Brownies, Guides & Senior Section                                                                                   |                                                                                           |                                                                                                 |               |
| Girlguiding UK: <a href="http://www.girlguiding.org.uk/get_involved.aspx">http://www.girlguiding.org.uk/get_involved.aspx</a> |                                                                                           |                                                                                                 | 0800 169 5901 |
| Parkinson's UK Croydon & District                                                                                             | Jacky Green                                                                               |                                                                                                 | 01737 355487  |
| Police (Selsdon & Ballards SNT)                                                                                               | Beat Officer:                                                                             |                                                                                                 | 8721 2464     |
| RSPB, Croydon Local Group                                                                                                     | John Davis                                                                                |                                                                                                 | 8640 4578     |
| Rotary Sanderstead and Selsdon                                                                                                | Wendy A Parr                                                                              |                                                                                                 | 07774 186792  |
| Probus Club of Croydon South                                                                                                  | John Barker                                                                               |                                                                                                 | 8657 2093     |
| St John's Dramatic Society                                                                                                    | Caryl Rapps                                                                               |                                                                                                 | 8651 1326     |
| St John's Wives                                                                                                               | Jane Guglielmi                                                                            |                                                                                                 | 8657 6672     |
| Sanderstead Local History Group                                                                                               |                                                                                           | <a href="http://www.sandersteadlhg.co.uk">www.sandersteadlhg.co.uk</a>                          |               |
| Sanderstead Plantation Partners                                                                                               | Michael Lishmund                                                                          |                                                                                                 | 020 8651 2760 |
| 1 <sup>st</sup> Selsdon & Addington Scout Group:                                                                              | Website: <a href="http://www.1stelsdon.org.uk">www.1stelsdon.org.uk</a>                   |                                                                                                 |               |
| Beaver Colony (6-8yrs)                                                                                                        | <a href="mailto:beavers.1stelsdon@gmail.com">beavers.1stelsdon@gmail.com</a>              |                                                                                                 |               |
| Cub Pack (8-10yrs)                                                                                                            | <a href="mailto:cubs.1stelsdon@gmail.com">cubs.1stelsdon@gmail.com</a>                    |                                                                                                 |               |
| Scouts Troop (10-14yrs)                                                                                                       | <a href="mailto:scouts.1stelsdon@gmail.com">scouts.1stelsdon@gmail.com</a>                |                                                                                                 |               |
| Croyham Valley Explorers                                                                                                      | Anthony Woodin                                                                            |                                                                                                 | 020 8651 3780 |
| 2 <sup>nd</sup> Selsdon & Addington Scout Group:                                                                              | Website: <a href="http://www.2ndSandAScoutGroup.org.uk">www.2ndSandAScoutGroup.org.uk</a> |                                                                                                 |               |
| Selsdon Art Group                                                                                                             | Mrs F Hooper                                                                              |                                                                                                 | 07973 412952  |
| Selsdon Bridge Club                                                                                                           | Tony Cherrett                                                                             |                                                                                                 | 01883 730304  |
| Selsdon Centre Bridge Club                                                                                                    | Betty Borfiga                                                                             |                                                                                                 | 020 8656 4212 |
| Selsdon Community Hall                                                                                                        | Tim Potter (Centre Manager)                                                               |                                                                                                 | 8657 4300     |
| Selsdon Afternoon Townswomen's Guild                                                                                          | Christine Holland                                                                         |                                                                                                 | 8657 4861     |
| Selsdon Floral Club                                                                                                           | Maureen Browning                                                                          |                                                                                                 | 8651 5821     |
| Selsdon Social Club                                                                                                           |                                                                                           |                                                                                                 |               |
| Selsdon Tennis Club                                                                                                           | Geoff Littlewood                                                                          |                                                                                                 | 8651 4748     |
| 66 (Selsdon) Squadron Air Training Corps                                                                                      | Rob Cleeter                                                                               |                                                                                                 | 8651 5958     |

# The SELSDON RESIDENTS' ASSOCIATION

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