

THE SELSDON GAZETTE

Editor: selsdongazettesra@gmail.com Website: www.selsdon-residents.co.uk

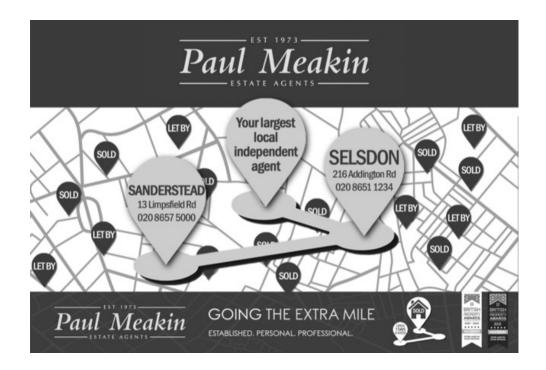
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Cllr Helen Redfern Helen.redfern@croydon.gov.uk

Full details of the roads falling within each of the Selsdon wards can be found on the home page of the SRA website http://selsdon-residents.co.uk

Editor's Note

Welcome to the November edition of the Gazette, which gives details about events happening in the run up to Christmas. First and foremost, is the switch on of the lights along our High Street on Friday 24 November at 5pm by Santa himself on his sleigh. We also have our annual 'Design the Cover of the December Gazette' for children under 12 living or attending pre-school/school in the Selsdon area. The deadline is Saturday 18 November and remember you have to be in it to win it! The SRA is also planting trees in Selsdon Recreation Park and the Queenhill Road Parkspace during National Tree week.

This month we have our regular contributors with the Gardening Tips telling us that an untidy garden can help the wildlife, Ted Forsyth directs his attention to the differences in breathing systems in his Nature Notes, our local police give us some advice about protecting our mobile phones and we get an update about Bailey's Garage from Ian Leggatt. Janet Sharp looks at that seasonal plant, ivy, and we learn about the recent Litter Pick Up in Selsdon. We have a resident reminiscing about life as a school girl in the late 1950s and another one urging us all to try The Wandle Trail.

On a more serious note, The Selsdon Gazette does need a few more advertisers to keep afloat. If you have a tradesman doing work on your property, please ask them to consider advertising in the Gazette as the magazine goes to about 4000 homes every month in the Selsdon area and our rates are very competitive. Please tell them to contact me (selsdongazettesra@gmail.com) to find out about our advertising charges and how to place an advert.

Remember, consider writing to me whether it is a photo, article, moan, praise or even a poem and children please do enter our competition!

I hope that you enjoy your read and I look forward to hearing from you.

Chris Jones

Submissions for the December 2023 edition should be with the Editor no later than 20^{TH} November - preferably before!

Selsdon Residents' Association

We present our main annual community event on

Friday 24th November at 5pm



when you can greet and meet Santa at the festive lights switch-on



Festive songs from Greenvale Primary School outside the Village Club from 4.40pm

Seasonal refreshments from Selsdon Baptist Church and our local cafes. Welcome Santa at 5pm when the lights display comes on as

he drives down the road on his sleigh – courtesy of the Sanderstead and Selsdon Rotarians and then meet him at his grotto, built by the SRA, outside Iceland.





The festive lights and this switch on event are paid for by the SRA from voluntary contributions, so please contribute generously. There is no financial support from the Council.

We look forward to seeing everyone at the switch on.

Police message: please take care and help us all to stay safe.

SRA NEWS 'n' VIEWS

Christmas lights

Each year we seem to have a different hurdle to jump to get the lights switched on; this year is no different. Only a few weeks before Santa Switch-on (24 November 5pm) Croydon Council and the Police required us to update our risk assessment to take in anti-terrorist measures. This was all done super-quick by Linda Morris and sent off so, as I write on 20th October, we await confirmation we have fulfilled all their requirements. Failing to do so will see the annual Santa Switch-on cancelled although the lights themselves will be shining bright on 24th November. Contributions to the lights this year are up and a big thank you to everyone who contributed (never too late to donate!). The lights are fully funded by the SRA and rely on your good selves and traders to donate.

Birch

We were made aware that the design team at Birch have made 360 bedroom tables for all the hotel bedrooms (two per room) from wood purchased from Selsdon Wood, Kingswood and their own trees on site. I find it pleasing that all the wood has been "upcycled". Take care.

Sheila Childs, Chair

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COUNCILLORS' NOTES

OLD GARAGE SITE

The Council continues to work on the planning application to redevelop the former Bailey's garage site, reference 21/04116/FUL. An updated fire statement was recently submitted to the council. This is currently being examined by council officers to determine its acceptability, and once certain other agreements have been finalised, a determination on the application will be made by council officers.

FLYPOSTING

It has been noticed that there has been some flyposting, particularly on the old Barclays bank site on Addington Road. We hope it won't turn into an ongoing issue, but we will continue to keep tabs on further flyposting along the road.

ADDINGTON PARK

As is customary, the Safety Advisory Group conducted a post-event review of the music festival held in Addington Park on Saturday, 16th September. The review included feedback from local councillors as well as statutory bodies such as the Police and London Ambulance Service. While there were no serious incidents from a crime and disorder perspective, there were shortcomings in the organisation. The major issue, acknowledged by the organiser, was traffic management, which was much poorer than recent similar events. Should the event organiser seek to hold a future event in the park, they would need to demonstrate better control in this respect. Timely communication with residents was another area identified for improvement.

CONTACT YOUR COUNCILLORS

Councillor surgeries are held on the first Saturday of the month 10am - 11.15am (no surgery in August/January. Surgeries are at The Selsdon Centre (next to Sainsbury's), 132 Addington Rd, South Croydon CR2 8LA.

We are happy to 'meet' residents online so if you have any issues you wish to discuss with your councillor please get in touch by email:

Selsdon and Addington Village Joseph.lee@croydon.gov.uk Robert.ward@croydon.gov.uk

Selsdon Vale and Forestdale Andy.stranack@croydon.gov.uk Fatima.zaman@croydon.gov.uk

PLANNING APPLICATIONS

23/03708/HSE - 131 Benhurst Gardens, South Croydon, CR2 8NZ External changes to the existing outbuilding to replace two garage doors with two new windows and the introduction of a single door to the side elevation

23/03750/HSE - 104 Farley Road South Croydon CR2 7NE Erection of an outbuilding (retrospective).

23/03596/HSE - 47 Kingswood Way, South Croydon, CR2 8QN Single-storey front/side extension with a single-storey rear extension and an extension of the existing raised patio area, along with elevation alterations and associated modifications.

23/03263/HSE - 19 Mallard Road South Croydon CR2 8PX Erection of front porch and first floor cladding.

(Remember that you can use this website to view planning applications http://www.localplanningapps.co.uk/croydon/sra/anupdate/planning table.html)

MP Chris Philp's Report Member of Parliament for Croydon South

Remembering the life of Elianne Andam

The whole of our Borough remains in mourning over the shocking murder of 15-year-old Elianne Andam as she made her way to school on 27 September. Elianne was a student at the Old Palace of John Whitgift School, where she was studying for her GCSEs and planning a career as a lawyer – until her life was cruelly cut short.

I am pleased that the suspect was identified by police and charged, and that the individual has been remanded into youth detention before appearing in court. I would like to express my gratitude to the police and emergency services for their swift response.

I was humbled to join Elianne's family, friends and other members of our community at the candlelit vigil held in Elianne's memory the week after her death. Hundreds of residents attended the vigil to pay their respects and it is very clear that our town is united in grief.

I am determined that things must change. We will use every means available to take all knives off the streets of Croydon and elsewhere to protect our young people and communities. As Policing Minister, I have overseen a £110 million investment in 2023-24 to fight knife crime,

including investing in 20 violence reduction units, and funding hotspot policing in the most seriously affected areas. This year, I have also legislated to ban zombie knives and machetes. Locally, I continue to meet with the council, policing leaders in Croydon, and community groups on matters of public safety – and it is important that we all remain united to tackle violent crime.

New investment in local tennis courts

I welcome that Croydon Council has announced a new partnership with the Lawn Tennis Association that will see 32 council-owned tennis across the Borough refurbished, widening access to high-quality sporting facilities for local people.

Most of the costs will be met by funding from the government and LTA Tennis Foundation as part of the LTA's Park Tennis Project, while Croydon Council is investing around £55,000 after bidding for capital funding.

I understand that the courts will have a new gate-access system to keep them secure and to deter antisocial behaviour, whilst free tennis sessions will be available each week for people of all ages and playing levels.

I am pleased that the refurbishments began in October, including at the tennis courts at Coulsdon Memorial Ground, Park Hill Recreation Ground, Purley Beeches, and Rickman Hill Recreation Ground, and that there will now be more options to help people keep fit and healthy locally.

Chris Philp

Member of Parliament, Croydon South: <u>020 7219 8026</u> chris.philp.mp@parliament.uk



A J Taylor



On behalf of D J Taylor & Son

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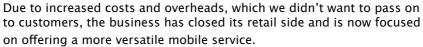
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The Gazette Needs Help

3 Distributors needed

Do you live on Selsdon Vale?

Could you spare a couple of hours per month?

You would need to pick up about 350 copies from our

Distribution Manager in Dulverton Road and then pass these to about 7 deliverers in bundles of about 50 gazettes.

Please contact our Distribution Manager, Phil Roberts (07985 175452) or email: sra.philroberts@gmail.com

Statistics from Local Police Wards

Here are the number of the top crimes reported during August 2023 for our local police wards.

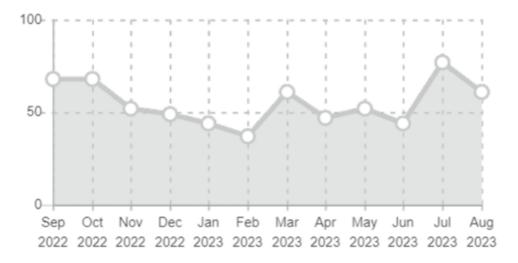
Crime	Selsdon Vale and Forestdale	Selsdon and Addington Village
Violence & sexual offences	15	11
Criminal damage & arson	13	9
Anti-social behaviour	10	11
Shoplifting	7	
Vehicle crime		9
Total number of crimes reported in August 2023	61	64

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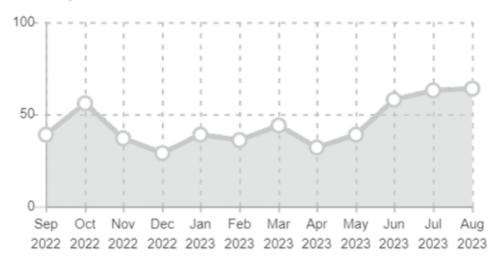
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LOCAL SERVICE WITH NATIONAL STRENGTH

Crimes reported per month for the Selsdon Vale and Forestdale Police Ward August 2023



Crimes reported per month for the Selsdon and Addington Village Police Ward August 2023



Advice from the Police about how to protect yourself from mobile phone theft, and how to set your phone up to help you if it gets stolen.

Protect yourself from mobile phone theft

• Don't leave your phone, iPad, tablet or camera unattended, out of your

- sight, or left on a table. Thieves can grab a phone from a table in seconds.
- Be aware of your surroundings and only use your mobile when it feels safe to.
- When you've finished using it, put it away.



Things to do now that will help if your phone gets stolen

- Secure your phone
 Use your phone's security features to stop someone using your phone if it's stolen. Choose a strong PIN, passcode, password or pattern.
- Get your IMEI number
 Get your phone's IMEI number by typing *#06# on your phone keypad.
 Keep a note of it somewhere other than on your phone. The IMEI can help track the phone down if it's lost or stolen.
- Use a tracking app
 Set up a tracking app on your phone so you can see where it is from another device like a laptop. Use it as soon as possible, before thieves have a chance to disable it.
- Turn off message previews
 Turn off message previews, so that thieves won't see any messages
 about reset or login codes when your phone is locked.
- Make sure you can still access your data
 Make sure your phone data is regularly being backed up, either
 automatically over wifi or by plugging it into a computer
 Make sure there's somewhere else you can get access codes sent
 to (two-factor authentication codes) to access your data from another
 device
 - Make sure you keep important information like family and friends' phone numbers and passwords somewhere else secure, not just on your phone
- Help setting your phone up See your device's help pages for help with device location tracking, account recovery and message preview settings.

Please do not hesitate to contact your local police team if required:

Emergencies - 999

Selsdon & Addington Village:

SelsdonandAddingtonVillageSNT@met.police.uk

Selsdon Vale & Forestdale:

SelsdonandForestdaleSNT@met.police.uk



SELSDON RESIDENTS' ASSOCIATION GAZETTE CHRISTMAS COVER COMPETITION

for Selsdon's primary and nursery school children

Last time and date for entries to be received:
10am on Saturday 18 November

All you have to do is make an A4 sized, suitably seasonal, drawing or painting. Put your name, address, school and date of birth on the back and then send it to the SRA via any of the committee addresses listed on page 2 of the Gazette or via KIBA, 119

Addington Road.

Your art work can have any Christmas theme but, more importantly, it has to be all your own work – nothing downloaded.

The orientation can be portrait or landscape but please remember to leave a clear space (13cm x 4cm) for the Selsdon Gazette title or have a full-page design that would allow this information still to be legible and not spoil your picture if printed over it.



The winning entry will be used as the colour cover for the December Gazette and the winner and runner –up will both receive a voucher



Community Litter Pick Saturday 7 October



The 7th October saw again over 20 residents, including some new volunteers, who offered their time and effort to carry out a 'Community Litter pick' around the Addington Road and the neighbouring streets and public spaces. This is third such event over the previous 12 months and where the volunteers' efforts continue to achieve much to tidy the local area

and help to retain a pleasant street scene.

The event was supported by Croydon Council that supplied equipment on the day and arranged collection of around 20 sacks of rubbish.

Thank you to the local Wetherspoons management and staff for their offer of refreshment (and to Sainsburys who offered support of their 'duty first aider', though thankfully this was not required).

A huge thank you once again to all those who volunteered their help to make this another successful community event. It is anticipated that the next event will be around February/ March 2024 and will be advertised in the gazette closer to the date. New volunteers are always welcome.



7 year old volunteer - Nicholas Seymour

Croydon Council promote a 'street champions' scheme and will supply volunteers with collecting equipment. Details of the scheme can be found on the Croydon Council website.

For those with smartphones please can I also recommend the use of 'Love clean streets' app. This can be used to easily report all kinds of discarded waste and other 'street issues' to Croydon council. Typically, they respond within 24 hours (and often even sooner).

Woodland Trust – Free Trees for Selsdon



Your SRA is expecting delivery of over 300 very small trees in November which will be planted in Queenhill Road Playspace and Selsdon Recreation Ground during National Tree Week, 25th November to 3rd December. Further details about National Tree Week can be found on the website of the Tree Council: https://treecouncil.org.uk/

As trees are very much for the future, we are very pleased that our young community volunteers from the 2nd Selsdon and Addington Scout Group and the 3rd Selsdon Brownies and Guides will be carrying out the planting.

The trees are being supplied by The Woodland Trust (https://www.woodlandtrust.org.uk/) and are funded by lead partners Sainsbury's, Lloyds Bank, OVO Energy, Bank of Scotland and Sofology.

Ian Leggatt

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A Good Time for Gardening – November

The winter weather has now set in and it's a good time to sit and review the garden, perhaps with a particular focus on it supporting wildlife. You would probably be amazed how much wildlife does already inhabit your garden but here are some thoughts on how to encourage even more.

- It might look a bit unruly, but leave the seed heads on the plants for the birds to feed on throughout the winter. The sparrows love to line their nests with pampas grass in the spring.
- When trimming ivy, don't cut it back too harshly. It is one
 of the few winter flowering plants and will support insects,
 especially moths over the next months.
- Where possible, leave a small hole in the base of a fence to create easy access for hedgehogs, as they travel great distances each night be part of your local 'hedgehog highway.'
- Feed the birds in different parts of your garden, ensuring that your local cats can't hide in the undergrowth near to the feeding area.
- Have some water, although not necessarily a pond. An old washing up bowl or an upturned dustbin lid sunk into the ground will attract water



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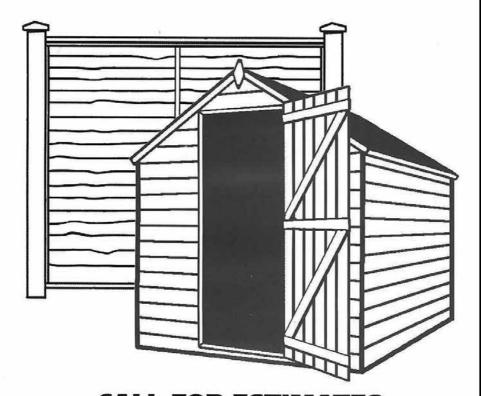
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loving creatures. Always ensure that there is a means of such creatures getting out of the water, so create a shallow end or have a slope out. Also, be wary of having water in the garden when children are around.

- Leave areas of the grass unmown until late June. If you need to scythe it then, channel your inner Poldark!
- Grow uncomplicated single flowers which make it easier for the bees etc to access the nectar.
- Try to have a mixture of trees and shrubs to accommodate different birds.
- Try to plant for a long season of nectar and pollen crocus and mahonia flower early in the year and Michaelmas daisies, sedum and ivy continue flowering late into the autumn/winter.
- Have a pile of old logs in a shady spot.
- And here is the greatest reason for leaving things just be ... don't be too tidy, if you want to encourage a diverse selection of 'critters' into your garden.

Frederick, Cedric and Sunflower Sid www.sandersteadhorticulturalsociety.org.uk

~~

Baileys Garage – an Update

No visitor to Selsdon can ignore the hoarding around the beautiful Art Deco style building between the Royal Tandoori and Aldi. It has been a blot on the Selsdon landscape for many years, so much so that many of us find it virtually invisible when travelling past. The building was a garage since before WW2 and was an integral part of Selsdon life during the war and after. Much of its history has been covered in previous issues of the Gazette.

In the last 30 years it has been the subject of a variety of Planning Applications:

In 1993 the use of the first floor as a dance floor, to include tea dances and fitness routines with ancillary creche facilities, and as a restaurant with bar and ancillary office was granted.

In 1994 permission was granted for alterations and the erection of a single storey rear extension to the existing M.O.T. Bay; provision of 7 used car display spaces on forecourt.

In 2002 the potential for the garage building to be converted to alternative

uses begins to be explored: An application for alterations and demolition of the building at the rear; use of ground floor and part of basement within class A1 (retail) and first floor as offices within class B1 (business); enclosure of existing canopy and provision of parking at basement level and 10 spaces at rear was granted.

In 2003 the first application to demolish the building and provide housing was made: Demolition of existing showroom and garage; erection of four-storey building with lower ground floor to provide use of ground floor/mezzanine level floor for purposes within Class A1 (Retail); use of first and second floors to provide 10 two-bedroom and 2 one-bedroom flats; formation of vehicular access and provision of 35 retail/residents parking spaces at lower ground floor level. This application was granted but building works never commenced and after 3 years of inactivity the permission lapsed.

2015 saw a new application for Demolition of existing garage, showroom and workshop; erection of four storey building with lower ground/basement level parking and rooftop mezzanine for mixed use retail and 18 two bedroom, 9 one bedroom and 1 three-bedroom flats. This was refused but followed in 2016 by a revised application for Demolition of existing garage and showroom. Erection of four storey building with retained lower ground floor level and basement comprising mixed use retail and 11 two bedroom, 14 one bedroom and 1 three-bedroom flats. This was granted and again permission lapsed due to the 3-year rule.

More recently, August 2021, saw a new, more intensive application for Demolition of existing garage, showroom and upper uses. Reuse of existing under croft level and erection of a stepped 6 storey building (inclusive of ground floor) comprising 35 flats (Class C3) and a ground floor commercial unit (Class E).



This proposal may have resulted in some discussions between the developer and Croydon Planning as, in February 2023, a revised set of drawings appeared on the Planning website. At this time the developer and site owner were Merrivale Developments Ltd, originally a Jersey based then High Wycombe company registered at Companies House as being involved in the "Development of Building Projects". Even more recently (July, August, September and October 2023) a flurry of revised drawings has been submitted to Croydon Planners which appear to somewhat soften the view of the development when viewed from the front whilst keeping the proposal for 35 flats but increasing the amount of M2 of accommodation from 2,357m² to 2,810m². One less parking bay is proposed, down from 19 to 18.



A quick investigation of the revised planning documentation on the Council website reveals a new owner and developer of the site: Ratnaafin Global Holdings Ltd. You can search for and see the planning documents by going to the Croydon Council website Planning Applications and searching for 230 Addington Road or use this reference: 21/04116/FUL. Further comments will be accepted so log on and make your views known for or against the revised proposals.

Perhaps we may see the hoarding coming down on Baileys Garage and a fine new building going up on our high street soon?

Ian Leggatt

Chair, SRA Planning Sub Committee
The descriptions of Planning Applications have been taken from the
Croydon Council Planning Portal.

Ivy - who knew?

You may have noticed the Ivy symbol used in Selsdon as a logo by Croydon High School. Do you know why? Supposedly, their founding Head, Dorinda Neligan (and inspirational feminist – see online our article from the Gazette Feb 2019) asked the schoolgirls to wear Ivy to mark them out in the crowd at an early prize giving ceremony. Latterly the school chose this as a symbol of their school and it was used on the memorial plaque to Dorinda placed at the Croydon Minster.

Ivy is found throughout the world in different forms and, due to its appearance and growth habit, has been a strong symbol to all cultures and traditions throughout history.

The symbolic meanings that would seem to link best to a girls' school are: **Female energy** - In pre-Christian pagan culture **Friendship, love and fidelity** – In Ancient Greece and the British Victorian era

Educational Prestige – In modern America the most prestigious and privileged universities are a small group called 'The Ivy League'.

Other historical meanings perhaps less relevant to a school are:

In Egyptian culture Ivy was linked to the god Osiris as it represented Immortality and rebirth. It was also linked to Greek vegetation god Attis and to Dionysus/Bacchus god of wine and song. Ancient taverns used an Ivy bush to advertise their shops, it was believed that ivy stopped you getting drunk! Early Greek and Latin texts used an Ivy symbol (the 'Hedera' punctuation mark) as a paragraph divider and decorative feature. It has long been associated with marriage and love. In the medieval love story of Tristan and Iseult the doomed lovers were finally reunited in death by an ivy vine linking their resting places. To this day many brides choose to carry Ivy in their wedding bouquets. The Ivy symbol was also used by the Irish Nationalist movement.

So, what physical qualities does Ivy have that inspire such cultural symbolism?

Our native British Ivy is called 'Hedera Helix'. It is all around us and so



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perhaps easy to overlook. It is vigorous spreader, evergreen, hardy and tolerant. There is much to love about it. It is a benevolent plant, fantastic for wildlife with flowers rich in nectar and bitter berries that remain uneaten by the birds until they really need it in the hungriest periods. Its strong and dense foliage provide excellent nesting, roosting and hibernation sites for birds, insects, bats and mammals. Its bitter leaves are eaten by creatures such as deer and livestock animals (plus boar, bear and bison in days of old). It is toxic to cats, dogs, horses and humans if eaten in large quantities. However, ivy does have medicinal value and is antibacterial, anti-parasitic, reduces inflammation and detoxifies (amongst other things) and was therefore used (in the correct ways and quantities) by our more medically knowledgeable ancestors. Today animals such as horses may eat ivy in small quantities when they needed to purge (however given its toxicity best not to let them!).

Some people however actively dislike ivy and may see it as less of a 'Mother' and more of a 'smother' given its nature to 'creep and cling'. As it can grow in shade, neglected spaces and poor ground it may become associated in people's minds, with places that are decayed and forlorn. (They may even think of 'Poison Ivy' which is not found in the UK and isn't a true Ivy)



Ivy has benefits to the gardener and homeowner. It is evergreen, easy to grow and so can be a great privacy screen, topiary shape and camouflage aid. It encourages wildlife as noted above. In the built environment such as on walls it provides insulation to protect homes from heat and cold as well as from pollution, frost and salt damage. It also very good

(better than most plants) at cleaning the air and increasing humidity. It is malleable and takes well to pruning but as it is an everlasting spreader, in our garden settings, we need to keep it in check to avoid it taking over or growing where it is not wanted (particularly on weak trees or damaged walls which may not have the strength to hold the ivy).

There is more to ivy than meets the eye so perhaps take a second look.

Janet Sharp

Following last month's article from 91-year-old Dennis Baker we have another reminiscence of childhood spent in Selsdon, this time the late1950s and early 1960s from Elizabeth Coleman.

More Memories of Growing up in Selsdon

"The past is a foreign country; they do things differently there."

These are the opening lines of LP Hartley's 1953 novel The Go-Between. And they seem very appropriate when I remember my childhood in Selsdon

When I was in my thirties and forties, I was not very interested in my childhood, and didn't remember much. Now I am in my seventies, I think I remember a lot more, and find it fascinating – we thought so differently from people nowadays.

I was born in 1950, closer to Victorian times than to the present day, I recently realized with a shock. When we think of Victorians, we think of rigid moral values, strictness, and condemnation of those who do not fit in, such as unmarried mothers and gay people. But what surprises me as I reflect on my childhood is how free we were as children, and how we were respected almost as adults, rather than being kept in cotton wool like children nowadays.



I attended Selsdon County Primary School from 1955 to 1961. I lived in Kingswood Way, a mile from my school with no buses, and I walked home by myself. We were warned by our parents not to talk to strange men, but that was the extent of health and safety precautions in those days. My memory is that, when children were 5 years old attending the school's kindergarten class, that we called disdainfully the babies'

class, their mothers took them to school and picked them up afterwards. But once you were out of kindergarten, i.e., about 6 years old, you walked home by yourself, or maybe with older siblings.

The" dinner ladies" were responsible for the children during dinner hour, and walked round the playground keeping an eye on us. When it rained, children were indoors in their classrooms, and the dinner ladies popped in when they could - they were supervising a number of classes. It was not considered right to leave the 5-year-olds unattended, so two ten-year-old

girls would look after them – I was one of those girls, responsible for a class of about thirty 5-year-olds.

The school was not like a fortress as schools are today – anyone could walk in and out.

Corporal punishment was occasionally used, though it was rare and, on its way out. I remember a teacher hitting a badly behaved boy on his legs. They didn't think of ADHD – they just interpreted such behaviour as naughtiness.

I didn't mind school, though I preferred the school holidays.
What I found most difficult was school dinners. You were required to eat everything, whether you liked it or not, and I did not like rice pudding, macaroni pudding, semolina or custard. As custard was poured on our pudding every day, my mother asked the school if I could be allowed not to have it, so I could enjoy my meal, but this was not accepted.

While most of the teachers were good, there was one who could not control her temper and terrified the children, and nothing was done about her. I hope this would not happen nowadays.

We were in a peaceful, suburban area, and had never even heard of selfharm, had no knowledge of drug abuse, and I think bullying was rare.

I think we have something to learn from how things were done in the fifties, though they would also have something to learn from us.

More from Elizabeth next month.

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Quiz about Doctor Who



November 23rd is Doctor Who Day and commemorates the first ever transmission of the TV series. How much do you know about this famous programme?

- 1. Where does the Doctor come from?
- 2. What is the most important tool of the Doctor?
- 3. Which actor was in the role of the first Doctor?
- 4. Which character in Doctor Who series is a rival of the Time Lord?
- 5. Who is the chief of the Daleks?
- 6. Who became the first woman to play the role of the Doctor in 2017?
- 7. When did the first episode of Doctor Who appear? 1963. 1969 or 1975?
- 8. From 2005, Doctor Who has been produced in which British city?
- 9. TARDIS is a spacecraft and time machine in "Doctor Who", what does it stand for?
- 10. Who is the creator of the Doctor Who series?

Answers after Nature Notes



We welcome your letters so do please get in touch if you have something to share with Selsdon residents

Please remember to state your name, address, contact number and publication anonymity

requirements in <u>all</u> correspondence to the Editor. Anonymity can be granted on request, but anonymously sent letters/e-mails will not be published.

I received this letter from one of our faithful advertisers wishing to thank his customers over the years.

Dear Editor,

Many of your readers will have seen my advert offering my services for Oven Cleaning that has been running for the past 16 years. I have recently



taken the decision to retire and to hand my business over to my brother Daryl, whose advertisement will now appear regularly in the Gazette.

I would just like to take this opportunity to say a huge THANK YOU to the residents of Selsdon, and beyond, for their custom over the years. I have met some interesting people, cleaned thousands of ovens (in varying states of distress!) and have thoroughly enjoyed my time cleaning for Selsdon. I hope that the residents of Selsdon continue to show support for Oven Cleanmaster.

Yours sincerely,

Adrian Price

Dear Editor,



As you are always looking for articles for the Gazette, I thought I would let you know about a recent walk a friend and I did.

We walked part of the route of the Wandle from Colliers Wood to Waddon Ponds, 9 miles almost entirely on the flat. We were amazed at the green spaces we walked through and saw parts of the local area we never knew existed.

I have attached a photo of the information board at Waddon Ponds which includes a website for more information - <u>Wandle Trail Map • Wandle Valley</u>

Regards

Margaret Rick

When I went on the website, I got the following information.

Wandle River and Trail. The river Wandle itself is a tributary of the Thames to the south west of London, consisting of 15 miles of rich chalk stream

habitat in good condition, which in its industrial heyday, was the 'hardest working river in London', with over 90 mills along its banks throughout time. The river rises in two sources, Waddon and Carshalton. The Trail mostly follows the Wandle River, and runs for about 12.5 miles (20km) from East Croydon Station to the Thames Path in Wandsworth near Wandsworth Town train station.

There are 2 main starting points:

Wandle Park, Croydon (12-mile walk) or Carshalton Ponds, Carshalton (9-mile walk). In places the trail is narrow and uneven for wheelchair users. The Trail map does show a cycle route and walking route and highlights the fascinating places to visit along its length. The Trust have worked hard over the years with partners to improve the Trail and will continue to secure investment to make the Trail safer and more accessible for more people to enjoy.

Trail highlights

- 1. The Wandle Delta.
- 2. Ram Brewery.
- 3. Confluence with the Graveney.
- 4. Wandle Meadow Nature Park.
- Merton Priory Walls
- 6. Merton Priory Chapter House.
- 7. William Morris factory site.
- 8. Merton Abbey Mills.
- 9. The Pickle Ditch.
- 10. Deen City Farm.
- 11. Modern Hall Park
- 12. The Wandle Industrial Museum.
- 13. Ravensbury Mill.
- 14. Watermeads Nature Reserve.
- 15. Culvers Lodge.
- 16. Wilderness Island.
- 17. Carshalton Ponds.
- 18. Honeywood Museum
- 19. Carshalton Water Tower.
- 20. Beddington Park.
- 21. Beddington Farmlands Nature Reserve.
- 22. Carew Manor.
- 23. Beddington Mill.
- 24. Waddon Ponds.

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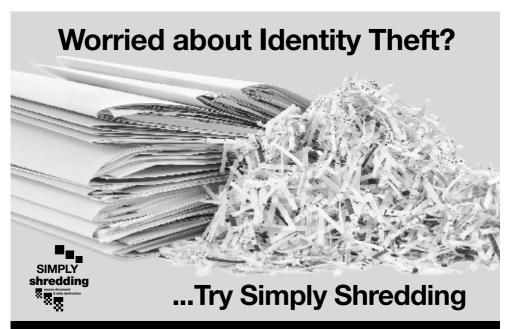
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This trail looks so interesting to try, it can be done in short sections and starting points are accessible by public transport, so there is no excuse not to get your walking boots on!

~~

Here our regular contributor, Jessica Blake, tells us about her jobs to be done in her garden.

Sitting here behind a window and gazing out at the garden, I realise just how much needs to be done before winter begins.



Well, it has now had a good water by a downpour of rain, and the lawn has been mown. We keep pots of plants around the garden to swap over according to the season and hide them in a shady place for the rest of the year. So, I shall start with the pots and check everything is still alive in them, or if the plants have flourished, they may need potting up. If the slugs

and snails have eaten everything they can and there are just nibbled leaves and slime trails in the pots, then I will have to empty them.

The garden is still colourful and there will need to be cutting down and digging out of things, dead or overgrown. Best of all it is nearly time to plant the bulbs and winter hanging baskets. I love doing this job; selecting a central plant, a few bright pansies and a few early bulbs. Then waiting to see how they all turn out in the Spring. It is something to anticipate, with joy.

This year there has been a second flowering of our clematis. It looks beautiful.

We have our fingers crossed that the foxes have found pastures new. They have not put in an appearance for several weeks and I have started to fill in the foxholes with the earth remnants from the old plant pots.

With a bit of prep and forethought, perhaps the bill at the gardening centre will not be so high this time, as although there are some nice outdoor waterproof and warm outdoor clothes sold there, perhaps I will at last resist the temptation to buy something.

Oh, the sun has come out again. Better get a bit of digging in before the light starts to go!

Poetry Corner

This month Mary Gill gives us two poems. The first has featured in the gazette before but with the decline of the Whitgift Centre and the impending closure of Old Palace School, I think it is even more poignant. The poem mirrors a speech in Shakespeare's Richard II play.

THE BARD ON CROYDON

This ancient place of inns and palaces; this hub of Tramlink; this birthplace of Moss; this nest of Eagles – Parish's merrie men; skyscrapers built by Mammon for itself against aesthetic and all decent taste. This Surrey breed of men, whose little world; this jaded gem set in the Southwark See; so often serves to be the butt of jokes; wisecracks offensive, yet we can but hope, are only envy of less happy towns.



This tangled plot, this ground; our home – this Croydon.

Brit School, this teeming womb of superstars; Adele and Amy - famous for their songs; applauded for their talent round the globe. The great Roy Hodgson, Tracey Emin too; Stormzy, Ian Wright, Kirsty McColl, Dame Peggy Ashcroft – all in Croydon dwelt. This town of such dear souls, this dear, dear town. home of the Home Office – known across the world – is now despised – I weep pronouncing it – like to a den of thieves – a murder mile. Croydon aiming for its city status, so long and so unjustly is denied; Yet, here it was, that June and Terry strove to keep up with the posher folk in Purley. That Croydon that was once a source of pride hath fallen to its knees- let's raise it high!

In her second poem Mary celebrates an environmentally friendly bacterium.

SUPERBUG

[Dedicated to Ideonella sakaiensis (plastic-eating bacteria)]

I unwrap the polythene packaging from my plastic meat sandwich. As I do so

I sing a hymn of praise to random mutation and natural selection -

the great gods who granted me the ability to feast on Mankind's ubiquitous detritus.



Nature Notes from Ted Forsyth - Breathe

When we study various creatures in nature, we tend to expect them to be similar in many ways to us. As an example of how different they can be, consider what in humans would be called breathing, i.e., the act of making use of the oxygen in the air (or in some cases, in water).



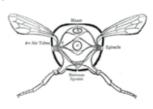
Let us begin with humans and imply that all mammals follow the same pattern. Bilateral symmetry seems to be the common factor, with paired eyes, ears, nostrils, upper or forelimbs, lower or rear limbs and, particularly in relation to breathing, a pair of lungs. When the diaphragm is lowered or the chest expands, air is drawn into the lungs where oxygen passes into the bloodstream and the other gases in the air together

with some of the waste products from the blood are expelled back into the outside air using the same channel through which the air was originally drawn in. The process is so automatic that we seldom notice it until we try to run or climb a steep hill.

In mammals the bones of the skeleton are relatively solid, though the centre contains marrow where important chemical processes take place. The bones are strong enough to support the relatively heavy body and to withstand the forces transmitted through muscles and ligaments. While birds are still bilaterally symmetric their forelimbs have become wings and to allow for the possibility of flight the bones are largely hollow. The breathing system is quite different to that in mammals. While a lung is still involved, it is connected to several air sacs which extend into the

bird's hollow bones and the involvement of the air sacs enables the bird to pass oxygen to the lung on exhalation as well as inhalation. Where in mammals breathing is just an IN-OUT operation, in a bird air enters air sacs and is moved to the lung from one set of air sacs, then from the lung to other air sacs, and finally is expelled to the atmosphere. This is a more efficient way of breathing than the technique used by mammals.

Many insects fly but they do not use the same respiration system as birds. Consider a caterpillar whose body is composed of segments on each of which there is a small hole (spiracle) through which oxygen-carrying air can enter and carbon dioxide can leave. Movement of gases in and out is a largely passive affair being based on diffusion



along concentration gradients. Some insects are found in water for at least part of their life cycle. Mosquito larvae have a single spiracle at the tail end and can often be seen hanging upside down under the water surface. Dragonfly larvae get most of their "breathing" done through gills which are situated in their anus! The adult dragonfly relies on gaseous exchange through its spiracles, like most insects, but can speed up the process by utilising some muscle power.

These are just a few examples of how different creatures have solved the problem of getting oxygen to their body's cells and expelling the resultant waste products. While the initial problem is the same, the various solutions are decidedly different.

Answers to the Doctor Who Quiz

- 1. Gallifrey
- 2. Screwdriver
- 3. William Hartnell
- 4. The Master
- 5. Davros
- 6. Jodie Whittaker
- 7. 1963
- 8. Cardiff
- 9. Time and Relative Dimension in Space
- 10. Sydney Newman

Selsdon Centre for the Retired

No news is not good news!

As the Gazette goes to press, the Selsdon Centre still hasn't heard any news on its future. We're still waiting to see if a saviour is waiting in the wings ready to wave a magic wand to allow us to continue operating. After the Councillors' meeting in September and subsequent meeting with the Council where we presented an 1,100-signature petition, there hasn't been any positive news to report. So, it goes without saying that if the Gazette readers know of any sponsors able to help, for them to get in touch with us as we are fast running out of resources! Our contact details are: Tel: 0208 651 1111. Website: www.selsdoncentre@org.uk

Keep an eye on our notice board and website for news of upcoming events you may wish to attend.

On a more positive note, Christmas is coming and the Centre will close after lunch at 2pm on Wednesday 20th December. We will re-open on Monday 8th January 2024 as usual.



2023 has been a special year for Selsdon Contact celebrating 50 years offering neighbourly care and support to the residents of Selsdon. You will have seen our celebrations in July and, in addition, we have held a special event or outing each month for our clients, all much appreciated as a welcome break from social isolation. We are now looking forward to our popular Christmas party.

You may be aware that Croydon Council has withdrawn funding to the voluntary sector. We have therefore lost our contract with the Council, meaning a loss of £30,000 annually. We have benefited in the past from generous legacies and so are not in imminent danger of closing down but need to address this shortfall to ensure a future for Selsdon Contact. We are very grateful for all our volunteers do to support Selsdon Contact – we could not provide the help we do to our 300 clients without their

support. However, we do need to cover the costs of running the office and the minibus. We are aware that many volunteers already make donations or waive costs incurred and grateful clients often call in with gifts and contributions.

Our trustees and staff have been working hard to find funding elsewhere and we are grateful to those companies and charities who have offered funding towards our various activities. We have also been involved in looking at ways that the Selsdon Centre for the Retired can be supported for the future.

Many residents have asked how they might contribute to Contact on a regular basis and, with this in mind, we are launching a Friends of Selsdon Contact scheme. Look out for details of the scheme in next month's gazette. Perhaps you could make Contact your Christmas charity this year.

With kind regards

Helen Lishmund, Chair of Trustees

Contact's office can be found on the lower ground floor in the Community Centre, below Sainsbury's and is open from 10am until 3pm Monday to Friday.

Telephone 0208651 4944

Email info@selsdoncontact.org.uk
Facebook Selsdon Contact www.selsdoncontact.org.uk
Contact: Selsdon Churches Neighbourhood Care Registered Charity
11243 Charitable Incorporated Organisation.





Christmas is coming – with Santa on his rounds

Santa will switch on the Selsdon Residents' Association's Christmas Lights on Friday 24 November at 5pm. He will also switch on the Sanderstead Lights outside Paul Meakin on Saturday 25 November at 6pm.

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Santa will begin his rounds from Monday 4 until Wednesday 20 December starting at 6pm, with the static collection outside the shops in Elmfield Way on Saturday 23 December from 9.30 to 12.30.

2023 Christmas Routes in Selsdon Tuesday 5 December Kersey Drive Area

Kersey Drive and Closes on the way down the hill, Half of Benhurst Gardens, some of Sundale Avenue and Elmpark Gardens.

Wednesday 6 December Sundale Avenue Area

Rest of Elmpark Gardens, Sundale Avenue and Benhurst Gardens. Ashen Vale, Wren Close, Thorold Close, Ambleside Gardens, York Road, Greville Avenue.

Thursday 7 December Bird Sanctuary Area

Sandpiper Road, Nightingale Road, Bullfinch Road, Martin Close, Mallard Road, Kingfisher Gardens, Goldfinch Road, Kittiwake Close, Quail Gardens.

Friday 8 December Byron Road Area

Byron Road, Queenhill Road, Rylandes Road, Foxearth Road, Littleheath Road, Croham Valley Road as far as the Ruffets, Ruffets Close.

Thursday 14 December Norfolk Avenue Area

Norfolk Avenue, Ridge Langley, Arundel Avenue, Crozier Drive.

If you or a friend/relative would like to help with the collections please get in touch directly to: <u>Secretary@ rotarysandersteadandselsdon.</u> com or ring 07774 186792.

Winter Wrap-up – We are working with our business partner, Paul Meakin, to collect winter coats which you no longer need and which can be provided to homeless folks during the cold winter months. Both Paul Meakin in Selsdon High Street and in the Limpsfield Road Sanderstead will be happy for you to drop off your coats on the run up to the Christmas Lights switch-on.



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Join us at St Paul's UR Church, Croham Park Ave, Croham Rd, for an evening of pure uplifting music on 25th November 2023, at 7 PM, doors open 6.45 PM. It's going to be a night filled with music, merriment, and memories. Bringing people together through the power of music, this Concert is an event not to be missed.

See you there!

DIWALI FESTIVAL

Friday 10 November – Wednesday 15 November 2023

Diwali, or Deepavali is the Festival of Lights, is one of the major



festivals celebrated by Hindus, Jains, Sikhs and some Buddhists all around the world. It symbolises the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance". It is mainly celebrated by the lighting



of candles, lanterns and diyas (oil lamps), as well as letting off fireworks. It is also a time for family and friends to get together with feasting and giving gifts. The highlight of the celebrations, Lakshmi Puja, takes place on the third night of the festival, which is the darkest night of the lunar month. In 2023, Lakshmi Puja takes place on Sunday, 12 November.

During the festival, the celebrants illuminate their homes, temples and workspaces with divas (oil lamps), candles and lanterns. Hindus.

in particular, have a ritual oil bath at dawn on each day of the festival. Diwali is also marked with fireworks and the decoration of floors with rangoli designs. Rangoli is an art form in which patterns are created on the floor or a tabletop using materials such as powdered limestone, red ochre, dry rice flour, coloured sand, quartz powder, flower petals, and coloured rocks.

The rangoli represents the happiness, positivity and liveliness of a household, and is intended to welcome Lakshmi, the goddess of wealth and good luck. Other parts of the house are decorated with jhalars (long thin strips of colourful fabric).

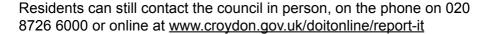
Food is a major focus with families partaking in feasts and sharing mithai (sweets and desserts). The festival is an annual homecoming and bonding period not only for families, but also for communities and associations, particularly those in urban areas, which will organise activities, events and gatherings. Many towns organise community parades and fairs with parades or music and dance performances in parks. Some Hindus, Jains and Sikhs will send Diwali greeting cards to family near and far during the festive season, occasionally with boxes of Indian confectionery. Another aspect of the festival is remembering the ancestors.

C.Jones

DON'T MESS WITH CROYDON – best way to get results

The 'Don't Mess With Croydon' <u>smartphone app</u>, means you can see and report issues as you go, while it is fresh in your mind. The app is a quick way of reporting problems directly to the right Council team to get them fixed. It is available for download from the App Store and Google Play Store. Reporting an issue is as simple - select the most appropriate option from one of 17 categories and highlight the location, with the option to attach a photo. The 17 categories are:

- Abandoned vehicle
- Dead animal
- Dog fouling
- Drug-related litter
- Empty property
- Fly-posting
- Fly-tipping on public land
- Graffiti
- Road surface drainage problems
- Overflowing litter bins on street
- Loose or damaged pavements
- Potholes or damage to roads
- Problems with skips
- Issues with benches, bollards or signs
- Issues with street litter bins
- Tree or high hedge obstruction on public land
- Waste on private property





WILDLIFE Survey spotting the trends

The RSPB's 'Big Garden Birdwatch' takes place on the weekend of 26 -28 January 2024 and is the world's largest garden wildlife survey. Over half a million people now regularly take part and it is free and easy for all to join in. Participants choose to watch for just one hour during the three days making a tally of what they see. This can be using their own

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garden or even their local park. They then send in the data! Even if you see nothing that is worth noting! How to help? You will need to register **before the date** on line at www.rspb.org.uk. You can then request or download a form which you can complete online or on paper.

There is also a chance for schools to get involved with the 'Big Schools' Birdwatch', an educational activity to get closer to nature. Designed to work for all ages and abilities. This can be done during the school week. In the meantime, you can encourage wildlife into the garden e.g., by

regularly feeding the birds, creating a bird bath (as simple as a tray raised on some stones), adding a bird box to your garden, leaving seed heads on some plants. Perhaps go to the RSPB website to find photos of common British birds and a guide how to identify them and then get some practice in!



Janet Sharp

~~

I recently attended a talk where the speaker closed with the condensed version of a poem by Charles Osgood reminding us all what happens if you do not take responsibility for a 'job' that must be accomplished. Please meet the four fictional characters Everybody, Somebody, Anybody and Nobody.



Everybody, Somebody, Anybody, and Nobody.

There was an important job to be done and Everybody was sure that Somebody would do it.

Anybody could have done it, but Nobody did it.

Somebody got angry about that because it was Everybody's job.

Everybody thought Anybody could do it, but Nobody realized that Everybody couldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have.

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A SELECTED LIST OF SELSDON ORGANISATIONS

CHURCHES

St John the Divine (C of E)	Parish Office	020 8657 2343
Selsdon Baptist Church	Office	020 8651 4308
St Columba's (Roman Catholic)		020 8657 3747
St Francis (Church of England)	Monks Hill	020 8657 7864
Croydon Jubilee Church	Office	020 8651 2807
Forestdale Salvation Army Church		020 8657 0078
Selsdon Christian Fellowship		020 8668 9779
Church of Jesus Christ of LDS		020 8651 2211

DOCTORS & EMERGENCY CARE

Farley Road Medical Practice	020 8651 1222
Queenhill Medical Practice	020 8651 1141
Selsdon Park Medical Practice	020 8657 0067
Croydon University Hospital	020 8401 3000
New Addington Minor Injuries Unit	020 8251 7225
Purley War Memorial Hospital	020 8401 3515

POLICE

Selsdon & Addington Village: SelsdonandAddingtonVillage@met.police.uk Selsdon Vale & Forestdale SelsdonandForestdale@metpolice.uk

CLUBS. GROUPS & CHARITIES

CONTACT (Neighbourhood Care)	Jasmine Singh	020 8651 4944
Selsdon Centre for the Retired	Craig Anderson	020 8651 1111
Croydon Hearing Resource Centre	Office	020 8686 0049
Croydon Vision		020 8668 2486
Cruse Bereavement Care Helpline		080 8808 1677
Friends of Littleheath Woods	lan Leggatt	020 8651 1140
Friends of Selsdon Wood	www.friendsofselsdor	<u>rwood.co.uk</u>
Sanderstead Plantation Partners	michaellishmund@gn	nail.com
Friends of Kingswood	www.friendsofkingswe	ood@hotmail.co.uk
Girlguiding (Rainbows, Brownies, Guides &	Senior Section)	0800 999 2016
	https://girlguiding.org.	.uk/get-involved

1st Selsdon & Addington Scout Group (Beavers, Cubs, Scouts)

66(Selsdon) Squadron Air Training Corps Rob Cleeter

<u>www.1stselsdon.org.uk</u>	
www.2ndSandAScoutGroup.org.uk	
Christopher Dean	tinkerscorner@aol.com
Jean Aarons https://tascroydonarea.org.uk	
Wendy Parr	07774 186792
John Davis	020 8640 4578
Fiona Hooper	07973 412952
Bob Steadman	07545 384899
Betty Borfiga	020 8656 4212
Cottie Campbell selsdonhall.info@gmail.com	
Maureen Browning	020 8651 5821
Christine Holland	020 8657 4861
www.sandersteadhorticulturalsociety.org.uk	
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