

The Selsdon Gazette



Volume 75. No. 841

October 2022

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Councillors for Selsdon & Addington Village Ward

Cllr Robert Ward Robert.ward@croydon.gov.uk 07783 152363

Cllr Joseph Lee Joseph.lee@croydon.gov.uk

Councillors for Selsdon Vale & Forestdale Ward

Cllr Andy Stranack Andy.stranack@croydon.gov.uk 07816 123204

Councillors for Sanderstead Ward

Cllr Lyn Hale Lynne.hale@croydon.gov.uk 0208 405 6721

Cllr Yvette Hopley Yvette.hopley@croydon.gov.uk 0208 404 3462

Cllr Helen Redfern Helen.redfern@croydon.gov.uk

Full details of the roads falling within each of the Selsdon wards can be found on the home page of the SRA website <http://selsdon-residents.co.uk>



Editor's Note

Welcome to the October edition of the *Gazette*! I am writing this editorial in September and Christmas does seem a long way off, but we are launching our annual Christmas Cover Competition for children living and/or attending local nurseries and primary schools. Please encourage your children to enter so that our judges are presented with an ample choice. You can find the details further on. We also have news of the Selsdon Christmas Lights switch on event in November.

After the celebration of the Queen's Jubilee in June, we were then sadly faced with her passing in September. We have included an article about the late Queen's visits to Croydon and a tribute poem by the Poet Laureate. Our regular contributor, Jessica Blake, recalls her encounters with the late Queen and asks you all to send in your accounts of seeing the Queen too. We now have a new King and so the quiz this month tests your knowledge about King Charles III.

Despite the threatening forecasts the weather was dry for this year's Friends of Selsdon Wood Open Day and the SRA Bring Your Own Picnic and Fun Afternoon. In this issue Linda Morris gives us a write up of this enjoyable event. Su Yates walks into Sanderstead this month to delve into some of its history and Janet Sharp gives an account of a remarkable woman, Etta Lemon, and her work with the RSPB. We have our usual gardening tips with a delicious recipe for you to try, Mary Gill has composed an amusing poem about healthy eating and Ted Forsyth covers Signals in his Nature Notes. I must also include an amendment from eagle-eyed Ted about our wonderful photo on the cover of the May issue of the *Gazette*. He assures me it is a sparrowhawk and not a peregrine falcon as mistakenly reported!

Finally, my usual plea to all ages for any photos, letters, articles or poems. Please email them to me (selsdongazettesra@gmail.com).

I hope that you enjoy your read and I look forward to hearing from you.

Chris Jones

☞ SUBMISSIONS FOR THE NOVEMBER 2022 EDITION
SHOULD BE WITH THE EDITOR NO LATER THAN
20TH OCTOBER - PREFERABLY BEFORE! ☞

SRA NEWS 'n' VIEWS

Gazette Distribution Manager

This role remains unfilled, our committee members are currently muddling through but the situation is not ideal. We really need someone to volunteer to take this role on so that the gazette can continue for another 75 years. If you can help, please contact the gazette editor, details on the first page of this edition.

Christmas Lights

Arrangements are already in full swing for the switch on (25th November 5pm). Santa is booked and we look forward to seeing everyone when Santa arrives. With the cost of electricity rising and trying to be more eco-conscious (the lights are already LED and we no longer do helium filled balloons), we took the decision to reduce the hours and days that they will be lit. We have reduced the daytime lighting by an hour and the switch off by 4 days.

Litter Pick - 12 November

The SRA were very pleased to welcome the initiative of a 'concerned resident' when he suggested he would organise, on our behalf, a clear up of the Selsdon shopping area. This will be held on Saturday 12th November so it is spick and span for Remembrance Sunday – but, don't worry, the poppies will be going up in good time before then!

We need your help though with the litter picking. We (via the council) will be providing litter pickers and bags from 10.00am outside Iceland to anyone who wants to come and help tidy the main shopping area. We plan to work between 10am and about midday from the Old Farleigh Road bus stops by Dulverton Road and Sainsburys along the Addington Road to Aldi. Can you please come along to help? We suggest you bring gardening gloves to wear in case of picking up glass etc.

Please contact ambax62@icloud.com to confirm your attendance so we

can order enough pickers and bags etc. or if you want more details. We are hoping Sainsburys and the shops will also support this effort.

Winter homes needed for our geraniums

We will be refreshing the planters and railing troughs as the summer plants fade so will need some kind guardians for the geraniums over the winter again. Do you have a greenhouse, conservatory or similar suitable (more or less frost free) place to keep a few for us to save our costs next year? We were able to keep quite a few from last year towards this year's display. Please contact the SRA on mail2.selsdonresidents@gmail.com if you can offer shelter to a few plants until May next year.

Tree planting

We met with the Council Tree Officer in Selsdon Recreation Park and he has agreed that we can plant two young trees at the Greville Avenue end of the park in November. We have to dig the hole but they will supply stakes and mulch. A date hasn't been set yet but if you feel strong enough, we would love some help with the digging. Contact myself or Linda Morris for more details.

We are so fortunate to have two community organisations in Selsdon, namely Contact and the Selsdon Centre for the Retired. Not all of us have family that live nearby so don't forget to look out for your less able neighbours and maybe recommend either or both of these services to them.

September has been an historic month for the UK with the loss of our queen of 70 years. It's hard to realise that only a few months ago we had the bunting up for the Platinum Jubilee – it won't be too long before it's out for the Coronation!

Sheila Childs Chair



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COUNCILLORS' NOTES

ANNOUNCEMENT AND TRIBUTE TO CLLR. BADSHA QUADIR – COUNCILLOR FOR SELSDON VALE AND FORESTDALE



It is with great sadness that we have to report the tragic death of our fellow Councillor, Badsha Quadir, on Sunday 11th September 2022. Badsha is seen in this photo with Councillor Andy Stranack earlier this year.

Badsha was first elected to serve the Purley ward in 2010. He was re-elected by the community in 2014 and

2018 before being voted to represent Selsdon Vale and Forestdale in May this year.

Badsha had been associated with the Selsdon area for many years, he was the owner/manager of the Royal Tandoori Restaurant on Selsdon High Street. He was also an active Muslim and played a leading role in the local Muslim community, holding their Friday prayer meetings in Selsdon Community Hall.

A qualified cricket coach and Chairman of Abahani Cricket Club, he was also a governor of Thomas More Catholic School and founding member of the Bangladeshi Welfare Association Croydon. He was Deputy Mayor of Croydon in 2013.

Jason Perry, Executive Mayor of Croydon, said:

“Badsha was a dear colleague and a close friend, his passing is a terrible loss to our party, his community and the whole of Croydon.

A good, caring, generous man – Badsha will be missed by the many charities and community groups that he supported.”

Cllr. Andy Stranack – Selsdon Vale and Forestdale Ward, said:

“I am devastated by the news that my friend Badsha, Councillor for Selsdon Vale & Forestdale, has passed away. He had only been my ward colleague for a few months, but Badsha had already become an established face in the Forestdale and Selsdon community as we attended a number of community events and meetings together. I will miss his warm friendship and support.”

All our thoughts and prayers go to his wife, Jebun, and his entire family during this difficult time. Arrangements for a by-election in the Selsdon Vale and Forestdale Ward will be announced in the near future.

CONTACT YOUR COUNCILLORS

Councillor surgeries are held on the first Saturday of the month 10am - 11.15am (no surgery in August) at The Selsdon Centre (next to Sainsbury's), 132 Addington Rd, South Croydon CR2 8LA.

We are happy to 'meet' residents online so if you have any issues you wish to discuss with your councillor please get in touch by email:

Selsdon and Addington Village

Robert.ward@croydon.gov.uk

Joseph.lee@croydon.gov.uk

Selsdon Vale and Forestdale

Andy.stranack@croydon.gov.uk

PLANNING APPLICATIONS

22/03700/HSE - 99 Benhurst Gardens, South Croydon CR2 8NY
Erection of single storey rear extension following demolition of rear conservatory.

22/03753/HSE - 10 Birdwood Close South Croydon CR2 8QG
Erection of two storey rear extension and first floor balcony.

22/03205/LE - 64 Edgecombe, South Croydon CR2 8AB
Loft conversion with erection of hip to gable extension and rear box dormer and insertion of rooflights to front roofslope.

22/03675/HSE - 115 Falconwood Road, Croydon CR0 9BF
Erection of single-storey front and side extension. Erection of first floor rear extension.

22/03673/DISC – 22 Lynne Close, South Croydon CR2 8QA
Discharge of Conditions 15 (vehicular access) attached to planning permission 19/04191/FUL for Demolition of existing bungalow and erection of a three-storey building with accommodation in the roof space, comprising of 9 units with associated landscaping, parking, accesses as well as cycle and refuse storage.

(Remember that you can use this website to view planning applications <http://www.localplanningapps.co.uk/croydon/sra/anupdate/planning table.html>)

~~

MP Chris Philp's Report **Member of Parliament for Croydon South**



100 Days of a Conservative-led Council in Croydon

Congratulations to Mayor Jason Perry and his team on their first 100 days in charge of Croydon Council. I have enjoyed working closely with Jason and other colleagues over these past months and I am delighted to have seen much progress being made in such a short space of time.

As I am sure you are aware from reading my previous articles, I fully supported the move to scrap the Croydon suburban design guide supplementary document (SPD2), adopted by Croydon Council in April 2019. This means that planning decisions are now being made after careful examination by the Planning Committee.

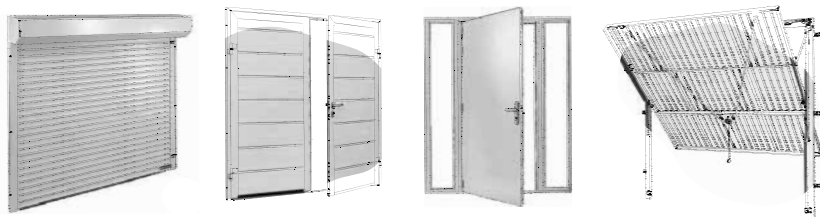
I am aware that a key priority for many residents is the regeneration of Croydon Town Centre, which is why I am supporting our Borough's bid for around £20 million of the Government's Levelling Up pot to fund vital improvements. I am pleased that Jason has already met with Westfield and Croydon BID to bring forward a new regeneration scheme.

Following previous financial mismanagement, Croydon Council's finances



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will take a long time to fix, and difficult decisions will be needed along the way. However, it is right that Jason and his team have begun getting on with the task to put our area on a stable footing for the future.

Welcome to our new Prime Minister

I am delighted that, following this summer's Conservative Party Leadership contest, Liz Truss is the new Prime Minister of the United Kingdom. I supported Liz because of her positive approach to Government and I believe she has the resolve to push through a bold agenda to meet the challenges of our times.



It was a privilege to be appointed Chief Secretary to the Treasury and a cabinet minister in the Prime Minister's reshuffle. I have begun working with colleagues across Government to deliver good value for UK taxpayers' hard-earned cash in my new role, and I look forward to continuing this work.

It is not lost on me that Croydon now has seat at the Cabinet table for the first time in a generation, and I look forward to working with my new Cabinet colleagues to deliver on many of your priorities - including driving economic growth, dealing with the energy cost crisis, and improving the NHS.

Chris Philp

Member of Parliament, Croydon South:020 7219 8026 chris.philp.mp@parliament.uk

~~

Friends of Selsdon Wood (FSW) Open Day c/w SRA Community Picnic and Fun afternoon - Sunday 4th September

Despite dire weather forecasts in the week before the event and for the date itself, we successfully carried out 'anti-rain dances' and FSW were able to have another successful Open Day this year in fine weather. There was a variety of stalls and activities for those of all ages to enjoy

and we had our usual Scouts providing refreshments and seating.

We were delighted to be able to start offering our 2023 calendar for a minimum donation of £5. It seemed very popular this year but there are still some left for those of you who would like to have one or get as a Christmas gift to remind people of what a beautiful place we have on our doorstep. Please contact, Heather Govier (020 8657 0423) to obtain one.

We had a Scavenger Hunt and a Storytime session for the children and a short-guided walk planned for the adults – although very few felt they had the energy to join in this year.

I am pleased to say though that it seemed people were perhaps saving their energy for the games and races organised by the Sanderstead and Selsdon Rotary Club on behalf of the SRA and also that there seemed to be more joining in the community picnic this year.



The tombola stall proved popular again this year. Here it is visited by the Mayor, Jason Perry, and our Councillors Andy Stranack and Joseph Lee.

Our regular stall holders all seemed pleased with their day and our new stall holders too mostly enjoyed the experience although would have welcomed even more trade!

We will probably run the event again next year – likely date Sunday 3 September 2023 so please put it in your diary (or on your new calendar!) now!

Those of you who came to judge the Photo Competition will have sadly discovered that there were insufficient entries to make it worthwhile this

year. However, the few entries we did have will be held over for another year and we invite you all to submit a photo (or up to 6) taken in the wood between mid-August this year and next so we have a bumper display for judging at the 2023 Open Day.

In the meantime, FSW guided walks and work days will continue, so do consider coming along to those – full details are on the FSW website and Facebook pages.

Linda Morris, FSW Secretary

~~



CHRISTMAS COVER COMPETITION - 2022

for Selsdon's primary and nursery school children



Last time and date for entries to be received:

10am on Monday 14 November

Are you a budding artist at nursery or primary school living in the SRA area (see website)?

Or do you attend one of the nursery or primary schools on Forestdale and Monks Hill or at CHS?

If so, would you like to see your work on the cover of the December issue of the Selsdon Gazette?

All you have to do is make an A4 sized, suitably seasonal drawing or painting. Put your name, address, school and date of birth on the back and then send it to the SRA via any of the committee addresses listed in the Gazette or via KIBA, 119 Addington Road.



Your art work can be a picture of Father Christmas, a Christmas tree, Christmas presents or anything else Christmassy or you can just design a Christmassy pattern. However, it must be all your own work – nothing downloaded from an app or internet or a photograph is allowed!

The orientation can be portrait or landscape but please remember to leave a clear space (13cm x 4cm) for the Selsdon Gazette masthead and volume number. Alternatively, you could submit a full-page design that would allow this information still to be legible and not spoil your picture or pattern if printed over it.

The winning entry will be used as a cover for the December Gazette and the winner and runner-up will both receive a voucher – to buy themselves or a favourite person a Christmas gift.



~~

A Good Time for Gardening – October

... Autumn days, when the grass is jewelled - it's just lovely to see the grass is a lush green colour again. Amazing how quickly it recovers. Now it's a little cooler, it's time to venture out into the garden and prepare it for the changing seasons.

- Prune rambling and climbing roses once they've finished flowering, and tie in the stems before autumn winds cause damage.
- Clear up fallen rose leaves to prevent diseases such as black spot from over-wintering. To avoid the spread of damaging fungi, don't compost the leaves.
- After tidying borders, mulch with bark chips, well-rotted manure, leaf mould or spent mushroom compost to insulate plant roots for the winter and keep weed growth in check.
- Harvest pumpkins and squashes before the first frosts. They quickly turn mushy if left outside! See recipe below.
- Hang any tomato plants and pepper plants with green fruits upside down indoors to ripen.
- Move citrus trees indoors to a bright, frost-free position (4-12°C) away from cold draughts and radiators. Reduce watering in winter but don't let the plant dry out completely.
- Clear the straw from around the base of strawberry plants to increase ventilation. Shear back old foliage to encourage fresh new growth.
- Move tender plants into the greenhouse to protect them from early frosts. Make sure that there's enough space between to keep them well ventilated and reduce the risk of disease.
- Check any plants which you're bringing inside for pests like aphids.
- Net ponds to prevent leaves falling into them. If you need to clear pond weed, lay it next to the pond for a day to allow wildlife to escape back to the water.
- Make time to give evergreen hedges a final trim before the bad weather sets in, so they look neat and tidy for the winter.
- Once plants are dormant, it's a good time to lift and relocate any that you want to move.



CHRISTMAS MARKET

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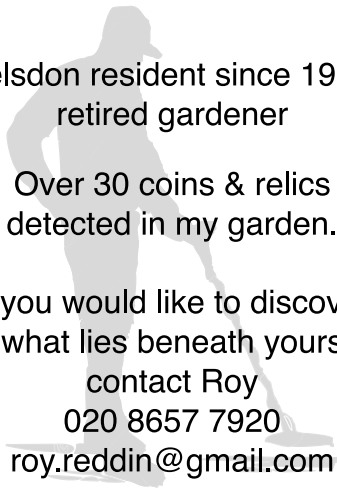
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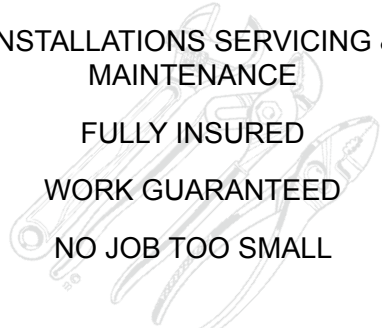
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- Raise pots off the ground for the winter with bricks or ‘pot feet’, to prevent waterlogging.
- Invest in bird baths and bird feeders this autumn. Birds are a gardener’s friend and keep pests down.



Pumpkin hummus

If you’re celebrating the season in style, use a pumpkin to decorate your dinner table and fill it with this delicious pumpkin hummus. The flesh is simply scooped out and roasted in the oven, then the children can help tip it all into a food processor – along with lemon juice, tahini paste and chickpeas – and whizz it all together.

Frederick, Cedric and Sunflower Sid
www.sandersteadhorticulturalsociety.org.uk

~~

Selsdon Wood – RSPB story and Etta Lemon

The RSPB is the UK’s largest nature conservation charity and the largest wildlife conservation charity in Europe. The people of Croydon and Selsdon’s ‘Bird Sanctuary’ are a part of the origins of that success.

THE RSPB

In 1889 there were two societies which had similar aims and membership, the ‘**Society for the Protection of Birds**’ (SPB) run by Emily Williamson (39) in Manchester and in Croydon the ‘**Fur, Fin and Feather folk**’ run by a wealthy wildlife activist Eliza Phillips (69) with Etta Smith (29) together with Hannah Poland, Linda Gardiner and others. The two societies joined forces in 1891 making Croydon the base of operations. The initial focus of their campaign was to try to stop the use of bird plumage (London was the epi-centre of world trade) which was leading to a severe loss of birds and almost causing the extinction of some species.

These crusading and initially all-women movements were born out of frustration that the male-only British Ornithologists Union were not acting on the issue. Furthermore, existing successful animal protection movements like the RSPCA (1824) were wary of



promoting women to any positions of influence or taking on causes that may be termed 'sentimental' extremism. While women represented a significant majority of donors and grassroots workers for the Society (like Eliza Phillips), they were debarred from membership of its executive until 1906.

The new SPB 'networked' with other societies and movements to gain membership and whilst predominately female was not linked to the suffrage movement (which was also growing at the time) indeed rather opposed to it as many suffragettes wore a feather in their hats as part of their identity.



The new SPB were highly organised and effective and prepared to take on the establishment and change opinion. For those born in a digital era it might be hard to understand the amount of effort it would have taken to spread the word without phones and the internet. In its first year, the SPB gained 5000 members, divided into organised groups across Britain, with paid branch secretaries and paid 'Watchers' on location at particular sites. By 1898 the SPB had **20,000 members** and in 1897 alone had distributed over 16,000 letters and 50,000 leaflets. To understand how organised and how broad (and international) their scope, check out their internal '**Bird notes and news**' newsletters for free at www.biodiversitylibrary.org/item/127897#page/88/mode/1up

They appointed Mr WH Hudson (respected Naturalist) and then Sir Montagu Sharpe (MP, lawyer and Naturalist) as early Chairman and as long-term President, The Duchess of Portland, Winifred Cavendish-Bentinck (who had the ear of Royalty). In 1904 it became the RSPB. Croydon founder Eliza Phillips, also 'Head of publications', died in 1916 leaving a significant legacy (millions in today's money) 'for the protection of and relief of suffering of beasts and birds'.

Etta Lemon (nee Smith) (22/11/1860 – 8/07/1953) was the driving force of the RSPB for its first 35 years. Her background had given her both the strength of character and skills required for the position. Had she been male she may have been able to attend Cambridge University to study medicine like her brother. Instead, medicine's loss was conservation's gain. From the age of 18, she had joined her (ex-Army) father in his evangelical work, writing pamphlets



and accompanying him on daily train journeys to London, where she learned to speak in public at evangelical meetings and ‘marshal the troops’. Etta Lemon was one of the first four female honorary members of the British Ornithologists’ Union (BOU), admitted in 1909 however, she saw professional ornithologists as largely unsupportive of her cause (they named her ‘the dragon’), and since much BOU activity at the time involved egg-collecting and killing birds for study and for their skins, she saw them as part of the problem she was trying to solve.

In addition to running the RSPB, when her lawyer husband, Frank Lemon (also a committed conservationist) was appointed as mayor of Reigate, Etta took on duties of working with local hospitals and care charities and during WW1 she was placed in charge of a Redhill war hospital. She later became a magistrate. The Importation of Plumage (Prohibition) Act was passed in 1921 meaning many RSPB supporters (incorrectly) felt that ‘conservation’ of birds was no longer so pressing an issue.

Since their beginnings in 1925 ‘The Selsdon Wood Preservation Committee’ planned a ‘Bird Sanctuary’ – intended as one of the first of its kind in the UK. In 1927 the Committee invited Etta Lemon, as representative of the RSPB, to help the campaign. The RSPB pledged their support and £100 (a considerable sum) and paid for a ‘Watcher’ in the meantime (which was their nation-wide system of paid warders as ‘eyes and ears’ for bird protection).

In the years that followed the RSPB purchased their own first small-scale nature reserve. In 1936, (after 10 years fundraising) Selsdon Wood ‘**Bird Sanctuary**’ was created and vested to the National Trust (200 acres). It was also this year that Etta was ousted from her leadership position as head of RSPB by a group of men, led by none other than Julian Huxley (who had also supported the Selsdon Wood campaign). Etta, now in her late 70’s was seen to be intractable, unscientific, outdated and blocking the changes necessary to regain RSPB membership. Whether that be the case, the crusading female founders’ stories and the debt owed to them became lost in the years that followed and only restored in the past few years. Croydon has again shown that it holds some remarkable residents!

Janet Sharp

Journalist and social historian, Tessa Boase spent three years uncovering their story and has restored their legacy (“Etta Lemon – The Woman Who Saved the Birds”. 2018) See also: Richard Clarke ‘Pioneers of Conservation - The Selborne Society and the Royal SPB’ and Wikipedia

Reminder



British Summer Time ends this year when the clocks go back at 2am on Sunday 30 October. Remember the saying “Spring forward, Fall back”.

~~

SELSDON CHRISTMAS LIGHTS – IMPORTANT NOTICE

Father Christmas is driving through Selsdon’s shopping area to switch on the Christmas Lights (just as he used to do pre-Covid) and then meeting the children at his usual grotto outside Iceland **at about 5pm on Friday 25 November**. The SRA are very grateful that his sleigh (and some of the stewards for the event) are once again being provided by the Sanderstead and Selsdon Rotary Club.

There will be songs and music outside The Village Club from about 4.30pm.

See posters and Facebook etc. for further details.



Do please come along and join in!

You may not all know...

The Selsdon Residents’ Association (SRA) funds the display and the whole event, supported by additional donations from those generous residents who wish to see the brilliant display continue. Like everyone this year, we have had to plan to cut back on our costs as much as we can but we still have significant ‘hidden costs’ such as the checking of the overhead wires (c.£800) the hiring of the safety barriers (probably up to about £500) and the PA system (c.£300) which cannot be avoided or reduced.

However, it is the electricity bill that is the major worry. We know how much power the lights use but we do not know the cost per kWh as we are classed as a business for this purpose and there is currently (excuse the pun!) no cap on our charges unlike our domestic electricity. We have been warned that the bill could possibly be £800-£1000. With this in mind, the SRA has taken the decision to reduce the illumination times so the lights are only on from 16.00-23.00 each day from 25 November until 2 January.



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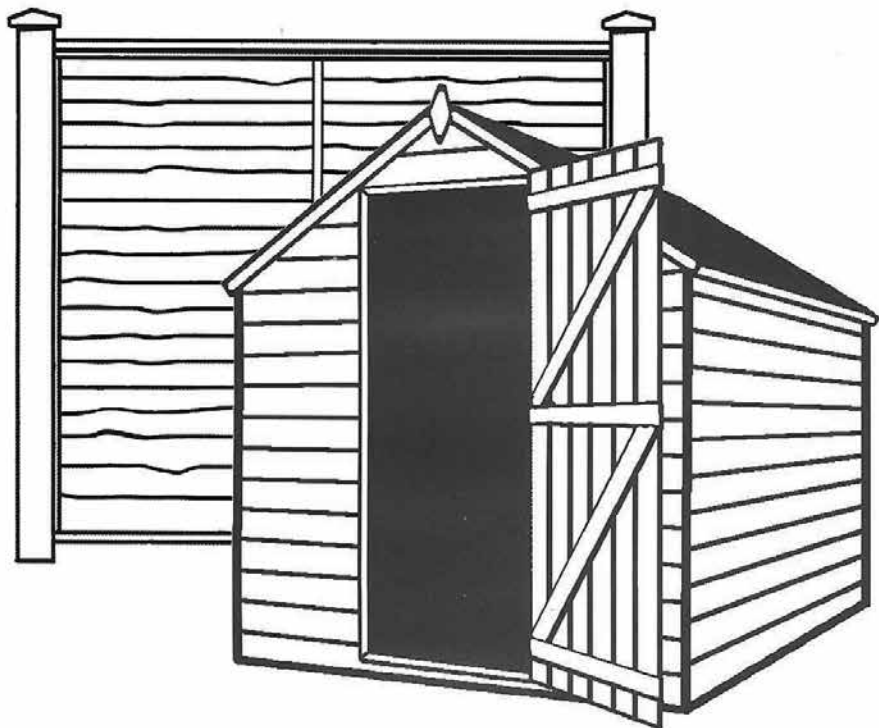
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Yes, we do have reserves in the bank but they are finite so we will have to think even more carefully about what we do next year when we are due to renew the contract for the lights. We will have to consider if we can really afford to continue and on what scale – maybe reducing the number of the lights might help balance the books a little better – so let's make the most of this year's display and then hear what you think about the future!

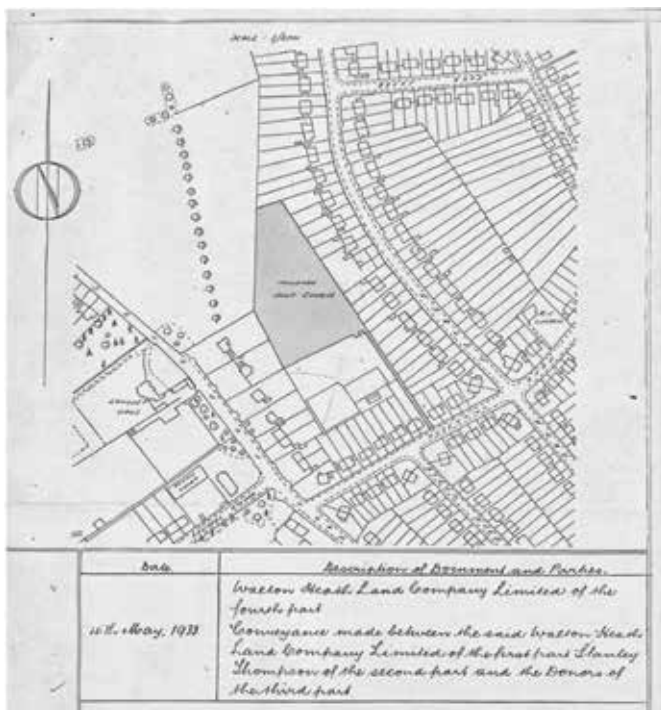
Linda Morris, SRA Vice-Chair / Xmas lights organiser



Friends of Queenhill Road Playspace

Queenhill Road Playspace was gifted to the then Coulsdon and Purley Urban District Council in 1933 by Richard Costain Ltd as a memorial to William Percy Costain who died in 1929 aged 55.

It is an area of some 2 1/4 acres / 0.91 hectares. The open space has previously contained a miniature golf course, a pavilion and bandstand and tennis courts on the site. It is bounded partly by housing, Croham Hurst Golf Course and Selsdon Tennis Club. It is designated as Metropolitan Open Land.



This green and open tree lined space situated just minutes' walk from the busy Addington and Farley Roads offers peace and solitude. It is a favourite of dog walkers and family picknickers alike. But there is no one to care for it with its owners, Croydon Council, unable to do little apart from empty the dog bin, cut the grass occasionally and react to any health and safety issues.

But there may be the opportunity to form a 'Friends of' group to carry out work such as litter picks and to care for the space and act as the eyes and ears of the council. The group would need to be fully constituted with a committee of Chair, Treasurer, and Secretary plus members. There is already interest in forming the group but we need a couple more individuals to step forward to bring the formation of the Friends of Queenhill Road Playspace group to fruition. If you think this could be you, please feel free to contact me (details on inside back page) for further information.

Ian Leggatt

Chair, Friends of Littleheath Woods

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How Well Do You Know Our New King?



King Charles III was the heir to the throne for over 70 years so we should know lots about him, but do we? Test your knowledge with this quiz.

1. When was Charles born? One mark for the year, one mark for the month and one mark for the date.
2. How old was Charles when he was officially given the Prince of Wales title?
3. When Charles left Gordonstoun School in 1967 he had 2 A levels in which subjects? (One mark for each)
4. Which University did Charles attend?
5. What was the age gap between Charles and Diana when they got married?
6. During the marriage of Diana and Charles, the couple made two residences their home. One was Kensington Palace, where was the other one?
7. Charles had a great interest in organic farming and this led to the launch of his own brand in 1990. What was it called?
8. What is the name of the children's book Charles wrote and read on the

BBC's Jackanory programme?

9. Where were Charles and Camilla married in 2005?

10. When Elizabeth was on the throne it was known as the Elizabethan age. What will the time when Charles is King be known as?

Answers after Nature Notes

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PLEASE CONTACT US FOR MORE INFORMATION IF YOU THINK YOU CAN HELP – OTHERWISE DELIVERIES WILL HAVE TO STOP!

Wendy Mikiel – retiring Distribution Manager – 020 8651 0470
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or

Sheila Childs – SRA Chair – 020 8651 2285
email: mail2.selsdonresidents@gmail.com

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Let's go for a walk

Following on from last month's article about the now Birch complex, I thought we could take a walk up the road to Sanderstead, our near neighbour.

Close to the former Selsdon Park Hotel is the Sanderstead Plantation. Within its 21 acres of natural woodland is a "Marilyn" – the name given to a hill standing over 150 metres. The Plantation's highest point, at 175m, is the second highest point in Greater London, the highest being Westerham Heights at 245m.

Sanderstead appears in the Domesday Book in 1086 as Sanderstede and it belonged to St Peter's Abbey, Winchester. Its population then totalled 26 consisting of 21 villagers, 4 slaves and 1 cottager. The village was granted to Sir John Gresham by Henry VIII following the Dissolution of the Monasteries. It was subsequently sold to John Ownsted, then upon his death in 1600 eventually transferred to his cousin Harman Atwood. The Atwood family had a long association with Sanderstead dating back to the reign of Edward II and became Lords of the Manor from 1600 to 1919. In 1821 Sanderstead consisted of just 33 homes with 189 inhabitants. Pre 1914 the village consisted of 7 farms owned by the Atwood family with the farm workers living in tithe cottages and the Atwood family living at Sanderstead Court which had been extensively redesigned by Harman Atwood. It was turned into a hotel in 1928 and prior to WWII was used by the Royal Air Force but was badly damaged by fire in 1944 leaving only the outer walls which were eventually demolished in 1958.

You may have noticed that Sanderstead does not have a pub. The Atwood family and the Rector of the Church were against drinking and even called those living in nearby Warlingham "sinners" for visiting the numerous pubs there.

There is evidence of prehistoric human life in and around Sanderstead. An excavation near the Pond in 1958-60 revealed the presence of man as far back as the Mesolithic Period nearly 12,000 years ago.



Sanderstead changed completely with the arrival of the railway to Sanderstead Station in 1884, followed by Purley Oaks Station in 1899. Riddlesdown Station was not built until 1927.

The Old Saw Mill, just off the roundabout is now private housing but with pedestrian access to Sanderstead Cricket Club, complete with pitch and pavilion.

Records show that cricket has been played in the area since the 18th century and is still played there today. Notice the flint and stone walls of former buildings that would have been vital to the life of the village and give you the flavour of what the village would have been like back then. The pond which was dug to serve livestock on what would have been the village green.

Further along is the charming black timber framed building of the Grade II listed White House. Parts of the building date from the 15th century and were restored around 1930. Continue walking pass the former village store and post office, now combined to make one house, and onto Atwood School. The building was formerly the school teacher's house. The main shopping parade was built between 1932 – 1938.



Famous names from Sanderstead include Kate Moss who lived in Church Way and attended Riddlesdown High School; Charlie Kray, the eldest of the three Kray brothers who lived for a time in Limpsfield Road in the 1990s and Ruth Ellis who lived in Sanderstead Hill and murdered her lover, became the last woman in Britain to be executed.

Su Yates

~~



We welcome your letters so do **please get in touch** if you have something to share with Selsdon residents.

Please remember to state your name, address, contact number and publication anonymity requirements in **all** correspondence to the Editor. Anonymity can be granted on request, but anonymously sent letters/e-mails will not be published.

I had this note from Richard Willmer from the Save Purley Pool Campaign

Supporters of Save Purley Pool

This note is to update you on the developments around Purley Leisure Centre. As many of you are probably aware, Jason Perry, the new mayor for Croydon, pledged to re-open the pool leisure centre as part of his

campaign to get elected. Now that he is, it is of the utmost important that he keeps this promise. We all miss the leisure centre greatly and know how much it is needed.

Save Purley Pool hopes for a re-opening of the Centre as soon as possible. Please feel free to email Mayor Perry on; mayor@croydon.gov.uk, to remind him of his pledge and

- 1) we want the current leisure Centre open asap
- 2) we have waited since 2020 for it to re-open
- 3) we need a long-term plan to keep a Leisure Centre with a 25m pool in Purley.



At the Council Cabinet meeting on the 6th July, it was agreed there would be a review of the options for re-opening the pool. The options from the paper are summarised at the end of this article. The review, according to the council will take about 2-3 months.

£3.4 million pounds has been earmarked from the Council's Community Infrastructure Levy (which is the money received from new housing developments to finance community projects, such as Purley Leisure Centre) for possible future work. We hope the results of the review are made available as soon as possible so the way forward can be quickly established.

Purley and Woodcote Residents Association has made a successful bid for Purley Leisure Centre to become an Asset of Community Value. While this does not guarantee the future of the site, once listed as an ACV, the local community will be informed if it is listed for sale within the next five-year listing period. The community can then enact the Community Right to Bid, which gives them a moratorium period of six months to determine if they can raise the finance to purchase the asset. We support this as it is a very helpful safety mechanism for the future of the Centre.

We thank you all for your continued support for the Centre. We believe that, without the pressure created by Save Purley Pool members along with other individuals and organisations, politicians would not have understood how important the facility is locally and therefore would not have considered it worth making pledges for its re-opening. We will be monitoring closely the results of the review of options and subsequent actions to ensure this momentum is not lost. We will keep you informed of progress.

Thank you again for your continued support.

Best wishes Richard Willmer and Rachel Thompson of the Save Purley Pool Campaign



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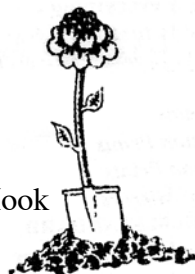
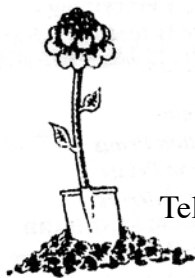
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Options for the Centre to be considered (extract from the Cabinet paper)

RE-OPENING PURLEY POOL AND LEISURE CENTRE – NEXT STEPS

The Mayor is committed to providing a high-quality, cost-effective Pool and Leisure facility in Purley. The best way to do this is review all possible options and decide the next steps based on that review.

4.1 Repair:

- *Undertake urgent and immediate repairs to bring the facility back into operable use only.*

4.2 Refurbish with the same footprint:

- *Assess the replacement of Mechanical & Electrical plant equipment, building repairs, and refurbishment to make it a modern and welcoming facility.*
- *Explore opportunities to install invest to save equipment, e.g., customer turnstiles, energy saving equipment, etc.*

4.3 Refurbish and add an additional floor:

- *As per 4.2, but to include the option of adding a floor above the pool to create a new fitness studio and 80 station gym area. The aim is to increase the floor space to make the facility more financially sustainable. Consideration should also be given to opportunities for additional income generating spaces, for example soft play or a café.*

4.4 Refurbish and knock through into the adjacent property:

- *As per 4.2, but to include the option of knocking through into the vacant supermarket space next door to create a new fitness studio and 80 station gym area. The aim is to increase the floor space to make the facility more financially sustainable. Consideration should also be given to opportunities for additional income generating spaces, for example soft play or a café.*

4.5 A new modular leisure centre on different site:

- *Review local area for a site large enough to house a swimming pool, 80 station gym, and fitness suite.*
- *Provide costs and timescales for a modular construction.*

4.6 Joint venture as part of a wider redevelopment scheme:

- *Work with the site owner to develop plans that allow the site to be regenerated to include:*
- *A new fit for purpose leisure centre with an offer for pool and gym facilities for Purley residents and schools*
- *Office/residential/retail units*
- *Parking*

The specialist review will assess each of these options and provide information on likely costs and timings.

I received this press release Mind in Croydon issued 7 September to share with our readers.

Support for mental health cut as ‘cost of living’ crisis bites

Local mental health charity Mind in Croydon has announced that two of its essential support services for people living with complex, long-term mental health conditions are to close, after a decision by Croydon Council to cut funding.

The Employment Support Service, which has provided one-to-one support and guidance for people in the Borough for nearly 20 years, has had its funding completely withdrawn after a review of Adult Social Care contracts by the Council. The service will close on 12th September 2022. The specialist Welfare Benefits Advice and Casework Service has also been cut, though some limited services will continue until next March 2023. Trustees of the charity have stepped in to provide funding from the charity’s own funds to support people already using the service and who are waiting for dates for Welfare Benefits appeals to be heard.

Philippa Mariani, Chief Executive, said:

“We are very sad to no longer have the funding to support people looking for work, or to return to work, and with their welfare rights and benefits. Our services have supported many thousands of people over the years and enabled people to regain confidence, health and independence. This is a real blow especially as we were awarded the contract only last year, working with our partners Croydon Mencap to enhance the support that we could offer people with learning disabilities and autism. The Council has been very clear with us that this decision is regretful and does not reflect at all on the quality of the services we provide.”

Sarah Jones, MP for Croydon Central, commented “Our voluntary sector in Croydon is at the forefront of the fight against poverty and the impact of the cost-of-living crisis. Mind in Croydon is a fantastic local charity doing great work to support people with mental health problems. It’s devastating to hear of these closures, especially at a time like this when cost of living increases are squeezing household budgets hard. These support services will be even more needed. Our advice and information services in the Borough are at risk of being overwhelmed with people needing help and support”.

People directly affected by the closures have already been contacted and are being supported to find other sources of help and advice. If you are looking for help with your mental health, please contact the Croydon Health and Wellbeing Space at the Whitgift Centre on: 020 3154 9539 or <https://croydonhws.co.uk/the-space/>



Here our regular contributor, Jessica Blake, asks us to send in our memories of seeing/meeting the late Queen.

Dear Editor,

People who chat to me about the late Queen, seem genuinely upset, even though we all knew it was only a matter of time. They tell me either that they have never known anyone else on the throne but her, or they can barely remember when the Queen's father was the King. Therefore, she has been a huge part of our lives.

That set me thinking. Yes, I can just about remember the late Queen's father, and I do remember her and Prince Phillip returning from Africa when the King died and Elizabeth being pronounced Queen. There must be so many people who have received medals or "Orders" from her. 70 years is a long time to reign.

My own grandmother used to tell me how she and her mother watched the cortege of Queen Victoria go past. My Gran was fascinated by the Scottish man, John Brown, leading an empty horse. She couldn't remember anything else of note, but she was only nine years old at the time. A film was made of it afterwards and I have been to Balmoral. It is so peaceful there. No wonder the late Queen and her family loved it.

Anyway, if anyone has any interesting memories about the Queen, it struck me as an idea for the Gazette. I realise I have seen the Queen "live" three times and I have described them below. Also, I have been round Buckingham Palace. It is so much better than any National Trust property.

1). 1953 at Fenstanton School in Tulse Hill. We had a school play and I was chosen to be the May Queen - in June! It was difficult for me to learn my little speech, but the good part was I was able to hand out the Coronation memento medals and mugs for all the children in the Infants

school, and probably the Junior School too. I think some of the bigger children helped me, and teachers supervised too. Later that year the Queen did a tour around London and all we school children lined the pavements and waved at her and Prince Philip as they smiled and waved at us from their car, which was quite close. Before that we had a television and had seen the black and white version of the Coronation.

2). In 1965 I went to work in Germany. On the long train journey, I heard some men quietly discussing their plans for “The Night They Set the Rhine on Fire”, which was a reconciliatory meeting between the Germans and English. Being inquisitive I asked what they were referring to. They had some very kindly wives with them and were part of the Royal British Legion Contingent. They explained about the event and I then spoke to my boss and she took me to see it. As it was only twenty years after the war, there were few bridges left over the Rhine. Bonn was the Capital and where the German parliamentary building was for “free “Germany. I suppose the Queen went there to make a speech. That night all along the banks of the Rhine at a given signal, pink smoke “bombs.” were lit. It looked so pretty. Then the fireworks were set off. Never in my life had I seen fireworks looking like beautiful flowers bursting into bloom before. Although I have seen them many times since, it is always with joy that I see them. You can keep drones and lasers, give me blooming fireworks! The Queen was staying behind where I was working. She got out of her car and walked, in a beautiful yellow outfit; she looked small, dainty and prettier than Elizabeth Taylor, who was the “in vogue” actress at that time.

3). Around five years ago, my husband and I decided to cross the road in Trafalgar Square towards Admiralty Arch, so we could walk home to Victoria Station, through St James’s Park. As we were about to step into the road, a policeman prevented us from crossing. Then along came the Royal Car with its Royal Standard flag and there were Queen Elizabeth and Prince Philip, just an arm’s length from us, laughing and waving gaily to the crowds. He looked as if his poor skin was blotchy, and she wore a crimson outfit and matching hat. I could see where her makeup ended in a line just under her chin. But they were both very happy, and we were too, at seeing them so close and human looking.

Well, those are some of my HRH Queen Elizabeth memories. Bet some readers would have far more exciting memories than that! Nevertheless, I remember her with happiness.

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Remembering Queen Elizabeth II in Croydon

During her reign, Her Majesty came to Croydon on at least four occasions and many residents will have special memories of her visits.

Her Majesty and HRH The Duke of Edinburgh first came to Croydon on 3 November 1960 for the opening of Croydon College.



This was followed by a visit for the opening of The Queen's Gardens in June 1983, when she also visited Fairfield Halls and had lunch in the Arnhem Gallery.

In February 1996, Her Majesty and HRH The Duke of Edinburgh visited the Whitgift Schools and Croydon Clocktower. You can still see the plaque they unveiled in the Atrium near the Museum's exhibition areas.

Her last visit to our borough was in 2002, as part of her Golden Jubilee celebratory tour. Her Majesty and HRH The Duke of Edinburgh visited The BRIT School and Addington Palace.

CJ

~~

Poetry Corner

Mary Gill celebrates World Food Day on 16 October 2022 with this poem about problems with our diet!

CATCH – 22

No tabloid week would be complete
Without shock horror stories on what not to eat.
Dairy is bad. Don't touch milk, cheese or cream.
Fried food is lethal. Eat it raw – or use steam.
We've been warned for ages the dangers of butter.
But now there's a new one – seems marge is no better.
Fresh fish is feted – with eager promoters.
But stocks are in meltdown so there are strict quotas.
Beef, lamb and pork will clog up your arteries.

Sugar is evil – you'll get diabetes.
Chicken or eggs mean you risk salmonella.
Salt, like your booze, should stay safe in the cellar.
Consumption of salad has no legal limit
But remember – e-coli might be lurking in it.
Even virtuous vegetables can bring distress
To those who are troubled with cruel IBS.
And all guilty pleasures – our sweet secret vices –
Like cakes, chocs and biscuits, pop colas and ices-
Face it – you might as well take strychnine neat-
For all of these goodies are unsafe to eat.
Whatever you've chosen to put on your plate'll
Shorten your lifespan, for most food is fatal.
With each murky mouthful we know we'll get sicker.
Perhaps we should starve – it is cheaper and quicker



~~

The Poet Laureate's poem to mark the death of Queen Elizabeth II

Floral Tribute, by Simon Armitage, is written through the metaphor of the lily of the valley - one of the late Queen's favourite flowers, which appeared in her coronation bouquet. The first letter of each line spells out "Elizabeth" when taken together. Armitage told BBC Radio 4 Today's programme he tried to be "personal and write a poem of condolence but without being intrusive".

Comprised of two verses, Floral Tribute describes the coming of a September evening and the appearance of a lily as "a token of thanks". In the first stanza, Armitage writes of "A promise made and kept for life - that was your gift". Explaining his decision to employ the double acrostic and spell out the late Queen's name, Armitage said: "It's a lovely name but a name she probably rarely got to hear very much because everybody had to preface that with ceremonial nominals."

Armitage told the Today programme the poem was an opportunity to do something "outside of the language and commentaries we've already heard".

Floral Tribute by Simon Armitage:

*“Evening will come, however determined the late afternoon,
Limes and oaks in their last green flush, pearled in September mist.
I have conjured a lily to light these hours, a token of thanks,
Zones and auras of soft glare framing the brilliant globes.
A promise made and kept for life - that was your gift -
Because of which, here is a gift in return, glovewort to some,
Each shining bonnet guarded by stern lance-like leaves.
The country loaded its whole self into your slender hands,
Hands that can rest, now, relieved of a century’s weight.*



*Evening has come. Rain on the black lochs and dark Munros.
Lily of the Valley, a namesake almost, a favourite flower
Interlaced with your famous bouquets, the restrained
Zeal and forceful grace of its lanterns, each inflorescence
A silent bell disguising a singular voice. A blurred new day
Breaks uncrowned on remote peaks and public parks, and
Everything turns on these luminous petals and deep roots,
This lily that thrives between spire and tree, whose brightness
Holds and glows beyond the life and border of its bloom.”*

~~

Nature Notes from Ted Forsyth – Signals

Signals are all around us. A distant rumble of thunder warns us that rain might be on the way, probably confirmed by darkening skies in the middle of the day. In woodland a cacophony of warbles, whistles, trills and squawks signals territories held and invitations to potential mates, whilst in the open fields the stridulations of crickets and grasshoppers can be heard by anyone whose hearing has not been dulled by age. During a mini-beast hunt I have watched a youngster home in on a noise, which I could not hear, and return triumphantly with a Roesel’s Bush Cricket.



Sound signals are not limited to those picked up by human hearing. The vocalisations of bats occur at much higher frequencies and are used, in a similar way to those of dolphins, to detect their prey. A bat’s hearing is sensitive enough to hear the flapping of a moth’s wings or to detect insects walking on vegetation.

Sound is simply a vibration of air molecules but vibration is used by orb-

web spiders to detect prey hitting their web and oscillating the strands held by the arachnid.

In the distant past the ancestors of Great Spotted Woodpeckers probably did not drum. Neighbours would be aware of the noise of a new nest hole being created nearby and this would help to define territories and to keep nest holes separated from one another. Nest creation does not take place throughout the year but hunting for food does and the repeated tapping of a bird searching for hidden grubs would act as another signal. Over time birds might have used their tapping noise to signal their presence with no food being involved and as more birds adopted this habit this would inevitably lead to more urgent tapping and thus to the development of drumming. However likely this scenario is in explaining drumming of both Greater and Lesser Spotted Woodpeckers, it does not immediately explain why Green Woodpeckers do not drum. However, as the Green does much of its food hunting on the ground there is less chance for tapping on branches to develop into drumming. Instead, the Green Woodpecker seems to rely more on its voice for communication.



Flowers and pollinators have evolved together so flower colour is an attractant. However, bees can detect ultraviolet light and they can see patterns which we cannot see on flowers. In addition, all organic molecules contain positive and negative particles which, en masse, produce an electric field detectable by bees.

Moths flying at night cannot rely on finding flowers by their colours. Instead, many moths have a highly developed sense which allows them to pick up minute traces of scent to direct them to the flowers. The same sense is used to bring males and females together when females emit pheromones.

Even the human's weak sense of smell is sufficient to notice the pungent aroma left by a fox marking its territory, or to occasionally pick up the odour of a Stinkhorn Fungus emitting a smell of rotting flesh which attracts flies which in turn assist in dispersing the spores of the fungus.

Ants when foraging for food lay a trail of pheromones which can lead other ants to a good source of food. As ants milk aphids for the sweet honeydew they exude, the trail often goes up a plant stem to an aphid colony at the top, or even up a tree or bush to reach a similar collection of high living aphids.

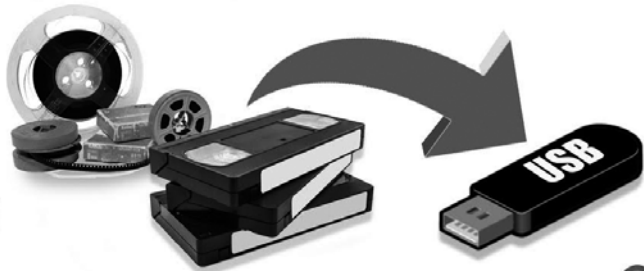
Glow-worm beetles are out at night and the females attract males by perching at the tops of vegetation and employing a chemical reaction to emit light.

Some fungi glow at night perhaps to attract beetles and other invertebrates to help disperse the fungal spores.

Migrating birds are guided on their journey by the position of the sun or stars but in cloudy weather neither of these signals are directly available. However, it may be that a signal in the form of polarised light still indicates

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Are you, or someone you know, considering Sheltered Housing?

Eldon Housing Association specialises in the provision of sheltered housing. We welcome enquiries from anyone currently living in the London Borough of Croydon (or with a Croydon connection). Applicants must be over 60 years and in need of sheltered housing (younger applicants who are registered disabled will be considered)

Our Ordinary Sheltered schemes offer:



- ❖ 1-bedroom self-contained flats with the benefit of alarm pull cords in all rooms
- ❖ regular visits from our Welfare & Support Officer
- ❖ a Premises Officer on site Monday-Friday
- ❖ social spaces for activities (lounge and garden)
- ❖ laundry facilities

Our Extra Care schemes offer:

- ❖ 1-bedroom or studio self-contained flats with the benefit of alarm pull cords in all rooms
- ❖ dedicated on-site staff team including House Manager
- ❖ freshly cooked midday meals 7 days a week
- ❖ on-site Carers 24 hours a day
- ❖ domestic and laundry services
- ❖ social spaces for activities (lounge and garden)



If you would like to make an enquiry please contact us on **020 8655 6724**, **sjohnson@eldonhousing.co.uk**.

Information is also available from our website – **www.eldonhousing.org**

the position of the sun. In addition, birds are thought to detect magnetic fields using the chemical cytochrome in their eyes so that effectively they can navigate by seeing the Earth's magnetic field.

What we see as humans when we view nature is limited by our senses. We are probably unable to detect most of the pheromone fog drifting in the air but to anyone watching a dog walking in woodland it is obvious that there are signals out of our reach.

~~

Answers to How Much Do You Know About Our New King Quiz

Answers

1. 14 November 1948 (3 marks available)
2. 9 years old
3. French and History (2 marks available)
4. Cambridge University (Trinity College)
5. 13 years
6. Highgrove
7. Duchy originals
8. The Old Man of Lochnagar
9. Windsor Guildhall
10. The Carolean age

Maximum score possible 13.

~~

Get Your Flu and Covid-19 Booster Vaccinations

Flu Vaccination

Flu vaccination is safe and effective. It's offered every year through the NHS to help protect people at risk of getting seriously ill from flu. The best time to have your flu vaccine is in the autumn or early winter before flu starts spreading.



Flu vaccination is important because:

- while flu is unpleasant for most people, it can be dangerous and even life threatening for some people, particularly those with certain health conditions
- more people are likely to get flu this winter as fewer people will have built up natural immunity to it during the COVID-19 pandemic

- if you get flu and COVID-19 at the same time, research shows you are more likely to be seriously ill

The flu vaccine is given free on the NHS to adults who:

- are 65 and over (including those who'll be 65 by 31 March 2023)
- have certain health conditions
- are pregnant
- are in a long-stay residential care
- receive a carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick
- live with someone who is more likely to get a severe infection due to a weakened immune system, such as someone living with HIV, someone who has had a transplant, or is having certain treatments for cancer, lupus or rheumatoid arthritis
- frontline health or social care workers who cannot get the vaccine through an occupational health scheme at work

Starting from mid-October, people aged 50 years old or over (including those who will be 50 years old by 31 March 2023) can have a free NHS flu vaccine. This is so at-risk groups can be offered vaccination first. If you are in this age group and have a long-term health condition that puts you at risk from flu, you do not have to wait until mid-October.

You can have the NHS flu vaccine at:

- Your GP surgery
- A pharmacy offering the service – if you are aged 18 or over
- Some maternity services if you are pregnant
- Sometimes, you might be offered the flu vaccine at a hospital appointment

If you have a flu vaccine at any NHS service except your GP surgery, you do not have to tell the surgery to update your records. This will be done for you.

COVID-19 Booster Doses

There are 2 booster doses of the coronavirus (COVID-19) vaccine you may be able to get:

- a 1st booster for everyone aged 16 and over, and some children aged 12 to 15, once they have completed their primary COVID-19 vaccination course
- a seasonal booster (autumn booster) for some people, including those



aged 50 years or over, those at higher risk or who are pregnant, and frontline health and social care workers

1st Booster

If you're aged 16 or over you can get a 1st booster dose if you:

- have completed your primary COVID-19 vaccination course (1st and 2nd dose, plus an additional primary dose if you have a severely weakened immune system)
- had your previous dose of the COVID-19 vaccine at least 3 months ago

You can get a 1st booster dose of the COVID-19 vaccine if you are aged 12 to 15 and have:

- a weakened immune system or live with someone who has a weakened immune system
- a severe problem with the brain or nerves, such as cerebral palsy
- Down's syndrome
- severe or multiple learning disabilities (or you're on the learning disability register)
- a condition that means you're more likely to get infections (such as some genetic conditions or types of cancer)

You need to have completed your primary COVID-19 vaccination course and had your previous dose at least 3 months ago to get a 1st booster dose.

Seasonal booster

You can have a seasonal booster dose (autumn booster) of the COVID-19 vaccine if you are:

- aged 65 or over
- pregnant
- aged 5 and over and at high risk due to a health condition
- aged 5 and over and at high risk because of a weakened immune system
- aged 5 and over and live with someone who has a weakened immune system
- aged 16 and over and a carer, either paid or unpaid
- living or working in a care home for older people
- a frontline health and social care worker

Information:

Currently certain people are being prioritised for getting a seasonal booster. Others, including those aged 50 to 64 who are not at higher risk, will be able to get it later in the autumn 2022.

Community Hubs in Selsdon and New Addington

Are you caring for someone in your family?

Want to know where you can get information and support to help you stay well and independent in your local community?

No need to make an appointment- just come along for a chat and a cuppa and find out how we can help. Friendly local staff will help you find information and support related to staying healthy and active, organisations and things to do in local community and support for carers.



- Selsdon Community Hub is held on the first Tuesday of the month from 1-4pm at Selsdon Baptist Church, 153 Addington Road CR2 8LL.
- New Addington Community Hub is held every Wednesday from 10.30am-1.30pm at 120 Central Parade, New Addington CR0 0JW.

For further information email James (james.moore@cvalive.org.uk) or phone 07943 382193.

~~



MHA Communities South London celebrates Black History Month

On **Sunday 30th October from 11am to 4pm at the Wilderness Garden**, MHA Communities South London is hosting a fundraising event to support MHA's aim at tackling loneliness and isolation in vulnerable older adults and to celebrate Black History Month by recognising the contributions that Black people make to the UK every day.

We should be delighted if you and your family, friends and colleagues would be able to join us for either the whole, or part of the day.


Please book your ticket as soon as possible via Eventbrite at <https://www.eventbrite.co.uk/e/418818797297>

Throughout the day there will be music and entertainment; poems and shared experiences, stalls with food and refreshment all provided by black owned organisations and businesses from the community, but also

activities and fun for all alongside a face painter.

The Wilderness is at 17 Shirley Church Road, Croydon CR9 5 AL, tucked behind MHA Hall Grange Care Home.

~~

Rotary  Sanderstead
& Selsdon
Your local Rotary Club

Autumn Delights with Rotary Sanderstead & Selsdon

Our all-new **Music Quiz** will be held on Saturday 15th October at St John's Church Hall, Selsdon. A fun evening which includes a fish & chip supper. So come along & have a great evening.

Our annual **Craft Fair** Saturday 12th November at All Saints Church Hall, Sanderstead. We will have children's entertainment, tray bakes, pictures, paintings, chutneys, jams & so much more. So, don't miss out, come along & purchase those last-minute Christmas gifts.

You can follow our club on Twitter, Instagram, via our Facebook page & website. If you are interested in putting something back into our community, then please get in touch 07774-186 792.

<https://www.facebook.com/rotarycroydonsouth>
<https://www.rotarysandersteadandselsdon.com/>



Selsdon Centre for the Retired

The Selsdon Centre holds a monthly bingo event with a fish and chips lunch. The next one is Friday 7 October.
£8.00 Fish and chips plus dessert (to be booked in advance)
£3.00 Bingo.

~~

Sanderstead Local History Group



Now that people are venturing out after the Covid lockdown the Sanderstead Local History Group invites you to join any meeting at All Saints Hall Sanderstead, the last Wednesday of each month at 2pm. Doors open 1.50. All are welcome – we are a very friendly

group. There is no annual fee as we do not have outside speakers just a reasonable £2 charge each visit to cover hall hire and refreshments. The name SLHG is from where we meet, many members travelling some distance, but all are interested in a wide range of historical persons and events. During 2022 several members gave Power point presentations on topics which included John Cary -famous globe and map maker: History of many Surrey rivers: History of shopping in Coulsdon; Park Hill Estate and past Jubilees. The SLHG web site www.sandersteadlhg.co.uk has details of upcoming talks to Feb 2023 and contact to the organisers Chris Harman and Joyce Hoad. Our first meeting in January 2023 takes the form of a themed social gathering with talks in subsequent months. Should you feel able to give an historical talk we will welcome you with open arms.

Joyce P M Hoad

~~

What's on @ St John's Church in Selsdon

St John's Church, Selsdon, Upper Selsdon Road, South Croydon, CR2 8DD

0208 6579466 Parish Office

We have an array of events coming up this Autumn please come and join us.

All Welcome!

- Sunday 9th October Harvest Festival 10.00am
- Wednesday 12th October 10.00am -12 noon Coffee morning in the Garden Room
- Saturday 15th 10.00am October Church Grounds Gardening
- Friday 21st October Quiz and Curry Night 7.30pm
- Wednesday 26th October 10.00am – 12 noon Coffee morning in the Garden Room
- Sunday 30th October 10am All Saints Holy Communion
- Sunday 30th October 6pm All Souls Remembrance Service
- Sunday 13th November Remembrance Sunday service 10.00am
- Thursday 17th November 2.00pm Remembering loved ones Service with refreshments

You can check out our website www.stjohnsselsdon.org.uk for details of events and our weekly notice sheets and service times etc.

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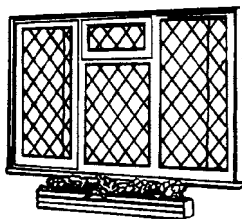
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A SELECTED LIST OF SELSDON ORGANISATIONS

The information provided is, we hope, accurate, but we cannot take any responsibility for any mistakes. Any alterations should be sent to the Editor.

CHURCHES

Forestdale & Selsdon Community Church		8657 0078
St John the Divine (Church of England)	Parish Office	8657 2343
Selsdon Baptist	Office	8651 4308
St Columba's (Roman Catholic)		8657 3747
St Francis (Church of England)	Monks Hill	8657 7864
Croydon Jubilee Church	Office	8651 2807
Upper Selsdon Road Hall (Christian meeting place)		8657 2417
Church of Jesus Christ of LDS	Bishop Hawkins	01883 349914

DOCTORS, DENTISTS & EMERGENCY CARE

Farley Road Medical Practice		8651 1222
Queenhill Medical Practice		8651 1141
Selsdon Park Medical Practice		8657 0067
Croydon University Hospital (formerly Mayday Hospital, 24/7)		8401 3000
New Addington Minor Injuries Unit (Mon-Fri 14:00-22:00/Sat-Sun 12:00-22:00)		8251 7225
Purley War Memorial Hospital (Urgent Care Centre, 08:00-20:00, 365 days/year)		8401 3238

CLUBS, GROUPS & CHARITIES

CONTACT (neighbourhood care)	Jasmine Singh	8651 4944
Selsdon Centre for the Retired	Craig Anderson	8651 1111
Croydon Hearing Resource Centre	Office	8686 0049
Bourne Society	Roger Packham	01883 349287
Crest Badminton Club (Fri pm)	Sue Fairchild	020 8657 3761
Coulsdon Masonic Lodge	Colin Lynch	07801 453474
Croydon Natural History & Scientific Society	Brian Lancaster	8668 6909
Croydon Recorded Music Society	Liz Brereton	8656 7382
Croydon Voluntary Association for the Blind		8668 2486
Cruse Bereavement Care Helpline		8916 0855
Friends of Littleheath Woods	Ian Leggatt	8651 1140
Friends of Selsdon Wood	see website: www.friendsofselsdonwood.co.uk	
Rainbows, Brownies, Guides & Senior Section		
Girlguiding UK: http://www.girlguiding.org.uk/get_involved.aspx		0800 169 5901
Parkinson's UK Croydon & District	Jacky Green	01737 355487
Police (Selsdon & Ballards SNT)	Beat Officer:	8721 2464
RSPB, Croydon Local Group	John Davis	8640 4578
Rotary Sanderstead and Selsdon	Wendy A Parr	07774 186792
Probus Club of Croydon South	John Barker	8657 2093
St John's Dramatic Society	Caryl Rapps	8651 1326
St John's Wives	Jane Guglielmi	8657 6672
Sanderstead Local History Group	www.sandersteadlhg.co.uk	
Sanderstead Plantation Partners	Michael Lishmund	020 8651 2760
1 st Selsdon & Addington Scout Group:	Website: www.1stelsdon.org.uk	
Beaver Colony (6-8yrs)	beavers.1stelsdon@gmail.com	
Cub Pack (8-10yrs)	cubs.1stelsdon@gmail.com	
Scouts Troop (10-14yrs)	scouts.1stelsdon@gmail.com	
Croham Valley Explorers	Anthony Woodin	020 8651 3780
2 nd Selsdon & Addington Scout Group:	Website: www.2ndSandAScoutGroup.org.uk	
Selsdon Art Group	Mrs F Hooper	07973 412952
Selsdon Bridge Club	Tony Cherrett	01883 730304
Selsdon Community Hall	Tim Potter (Centre Manager)	8657 4300
Selsdon Afternoon Townswomen's Guild	Elizabeth Veasey	8657 1092
Selsdon Floral Club	Maureen Browning	8651 5821
Selsdon Social Club		
Selsdon Tennis Club	Geoff Littlewood	8651 4748
66 (Selsdon) Squadron Air Training Corps	Rob Cleeter	8651 5958

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