

The Selsdon Gazette

Volume 77. No. 871

June 2025

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SELSDON RESIDENTS' ASSOCIATION (SRA)
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THE SELSDON GAZETTE

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Copy for the Gazette should reach the Editor by 20th of each month and email attachments should be in Word or PDF format. Advertisements must reach the Advertising Manager by 15th of each month, with payment in full received by close of business that day.

There is no August Gazette.

The view expressed by contributors to the Selsdon Gazette are their own and are not necessarily those of the Editor, the Selsdon Gazette or the Selsdon Residents' Association. All letters printed as received.

The publication of advertisements in the Selsdon Gazette does not imply any warranty on the part of the Selsdon Gazette or the Selsdon Residents' Association as to the quality of services offered by the advertiser. Residents should make such enquiries as they think necessary about any provider of goods or services.

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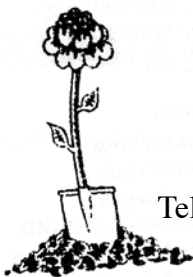
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SELSDON RESIDENTS' ASSOCIATION

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Su Yates

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Councillors for Selsdon & Addington Village Ward

Cllr Robert Ward Robert.ward@croydon.gov.uk 07783 152363

Cllr Joseph Lee Joseph.lee@croydon.gov.uk 07458 092567

Councillors for Selsdon Vale & Forestdale Ward

Cllr Andy Stranack Andy.stranack@croydon.gov.uk 07816 123204

Cllr Fatima Zaman Fatima.zaman@croydon.gov.uk 07458 092567

Councillors for Sanderstead Ward

Cllr Lynne Hale Lynne.hale@croydon.gov.uk 0208 651 2229

Cllr Yvette Hopley Yvette.hopley@croydon.gov.uk 0208 640 7033

Cllr Helen Redfern Helen.redfern@croydon.gov.uk 07783 152334

Full details of the roads falling within each of the Selsdon wards can be found on the home page of the SRA website <http://selsdon-residents.co.uk>



Editor's Note

You can see by the cover of this month's Selsdon Gazette that we are going to try, with your help, to break the record for the number of subscriptions received this year. Each month we deliver the Gazette to 4000 homes, but last year we only received subscriptions from 817 households. In our 100th anniversary year for the Selsdon Residents' Association, can we try to break into four figures?

In this June edition of the Gazette, we have many references to the recent 80th anniversary of VE Day with reports of a street party in Selsdon and a VE Day celebratory tea held by Contact. Ian Leggatt tells us about the V1 bombs that landed in Selsdon in the war and Jessica Blake relates some of the stories told to her about life in the war and afterwards.

We also have a health theme with Janet Sharp advising us how to get the most out of our precious appointments with the GP, and the quiz this month tests your knowledge of healthy eating. With all the dry weather recently, our gardening gurus direct our attention to preparing our gardens for droughts, while Ted, in his Nature Notes, focuses on those ever present creatures in our gardens, ants. Mary Gill gives us a magical offering in Poetry Corner.

As this is the 100th year of the Selsdon Residents' Association we have lots planned. We are running a 'Grow the Largest Vegetable' competition and a Photo Competition for scenes of Selsdon. You need to get your walking boots out too, as we have the SRA Selsdon Heritage Walks on Saturday 19 July, together with the walks organised by Councillor Robert Ward, the Friends of Selsdon Wood and the Friends of Littleheath Woods. There is also news of the Selsdon Community Fair in Selsdon Wood on Sunday 7 September and the Litter Clean Up on Saturday 21 June (see inside the gazette for details).

✎ SUBMISSIONS FOR THE JULY 2025 EDITION SHOULD
BE WITH THE EDITOR NO LATER THAN
20TH JUNE - PREFERABLY BEFORE! ✎

As usual we hear from our local Councillors, our MP and our local police about issues affecting all of us living in Selsdon. It would be wonderful to hear from you too. What do you think about the new signage? How has living in Selsdon changed over the years, and if you are new to Selsdon, what do you like, or not, about living here? My email is selsdongazettesra@gmail.com.

One final plea, please pay your subscription by cash or cheque in the envelope, or bank transfer or by completing the standing order form on the back cover and passing it to your bank. Let's break the record for subscription numbers in our 100th year!

Chris Jones

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SRA NEWS 'n' VIEWS



Greenvale School Second-Hand Bookshop

The shop celebrates its fifth birthday this year and held a small fair on 24th May to mark the occasion. The SRA had a table to join in their achievement.

I have known about this for some time, but I am ashamed to say never visited, so the Saturday before the fair I called in and was really impressed by the set-up and also by Andy and Nicci who set it all up. They have a well-stocked shipping container in the school grounds for adults' and children's books, plus a coffee area to sit and read indoors and outdoors. They ask for a minimum donation of a £1 per book but would always accept more. They open on Saturdays 10-4, but check their Facebook page. They accept all donations of books and jigsaws. They have raised £40,000 for the school. I would urge any book lover to support this amazing cause.



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SRA Committee

Your committee is still short of a member. Would anyone consider joining us to help with our work for Selsdon? If you would like more information, you can email us or phone me for a chat (number in Gazette).



New Bench for the Selsdon Triangle

As part of the UK Shared Prosperity Fund, Selsdon has already received signposts and maps. Now a new bench for the Selsdon Triangle has also been installed for all to enjoy.

Guided Walk with Friends of Selsdon Wood & SRA

You are invited to a 'Summer Flowers' guided walk through Selsdon Wood on Saturday 22 June at 11am led by Malcolm Jennings, organised by the Friends of Selsdon Wood and the SRA to celebrate the hundredth year of the SRA.

Selsdon Heritage Walks

As part of our 100th year celebration for the Selsdon Residents' Association, we have arranged for a series of Selsdon Heritage Walks on Saturday 19 July. The walks cover a distance of 1.5 miles and include one steep hill, so suitable for all ages. There will be three walks: Selsdon Heritage Walk 1 starting at 10am; Selsdon Heritage Walk 2 starting at 11am; Selsdon Heritage Walk 3 starting at 2pm. These will be led by a committee member of the Selsdon Residents' Association. Tickets can be booked by visiting the Eventbrite site and then searching for each event by name. Any problem please contact me.

Selsdon Christmas Lights

Hot off the press – new lights are being designed for the 100th celebration of the SRA.

Sheila Childs, Chair

YOUR 2025 SRA SUBSCRIPTIONS ARE DUE



You should have found an envelope in this Gazette by which you can pay your annual subscription to the SRA.

At the AGM of the Selsdon Residents' Association, it was agreed to keep the subscription rate at £5 per household for another year to encourage as many residents as possible to subscribe. This money is vital to support the work we do in the local community. So how do we spend your money? The largest expense is the Christmas lights. These are not paid for by the Council and sadly only some of the local traders support us to meet the annual bill of around £8000. Therefore, we are very grateful for the extra donations included by residents when paying their subs to help us. The Council also do not fund the floral displays that brighten our shopping area during the year. Once again, the SRA uses their income for the plants for the High Street displays. Some of the SRA committee and a few helpers tend the displays on a voluntary basis. Decorations around the Selsdon Clock on the Triangle at Christmas and Remembrance Day are also paid for from our funds.

Additionally, we give **donations to community causes** to help them to keep going.

I hope you can see from this that we believe you get really good value from the £5 subs and that we make good use of your additional donations that you choose to give.

Three ways to pay your subscription and any extra donations:

- 1. Put your cash/cheque in the envelope** provided and post it to any of the addresses listed on the envelope. Please make sure you enter your address on the front of the envelope. If you do mislay the envelope, you can use any envelope stating your name, address and the amount enclosed.
- 2. Pay by bank transfer** to the account - Selsdon Residents Association, sort code 20 24 61, account number 4033 6343. Please give the first line of your address as the reference.
- 3. Pay by completing the standing order form** that is printed on the back cover of this Gazette. This must be handed to your bank for processing. Again, use the first line of your address as the reference.

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We are grateful to three businesses (Tudor Library, Burchell's Chiropody and Croydon Physio) and Selsdon Contact and the Selsdon Centre for being a collection point for us and, more importantly, we are grateful most of all to you for your donations. Please don't delay.

Thank you for your support from the SRA.

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Selsdon Community Fair



Sunday 7 September 12 - 4pm

(At the Old Farleigh Road entrance to Selsdon Woods)

The Selsdon Wood Open Day will be returning again this year but under a new name and new management. Your Residents' Association has now taken on the responsibility of organising the event and it will be known as the Selsdon Community Fair. The Friends of Selsdon Wood are still supporting the event and we will still have the wide selection of stalls and activities that you are used to seeing.

There are still some stall spaces available for local groups, charities, and crafters. We don't charge stallholders so, if you would like a spot for a stall or know of a group that would be interested, please send an email to Peter Underwood at underjunk2000@hotmail.com

Put the date in your diary and we hope to see you there!





100th Year of the Selsdon Residents' Association

GROW THE LARGEST VEGETABLE COMPETITION

Selsdon was originally known as 'Selsdon Garden Village', so what better way to celebrate its centenary than to run a vegetable growing competition.

You have until the end of September to grow the vegetable of your choice. Once it has reached its maximum size, take a photo of it alongside a ruler and send its dimensions, weight and a photo to Chris Jones at selsdongazettesra@gmail.com Get planting those seeds now - 'you've got to be in it, to win it!'



COUNCILLORS' NOTES FROM ROBERT WARD

SELSDON HISTORY

The exhibition in the library celebrating 100 years of Selsdon has now closed but the photographs and other material collected is still available. If you have an event that might benefit from using this material, please get in touch with Councillor Robert Ward. Councillor Ward will be leading two Sunday walks on 29th June and 6th July that will explore the history of the area around our High Street. Sign up for tickets on Eventbrite or by emailing robert.ward@croydon.gov.uk.

BLUE BADGE FRAUD

Croydon Council is taking firm action against Blue Badge fraud to ensure fair access to parking for those who need it most. Misusing a Blue Badge, such as using stolen, counterfeit, cancelled, or badges belonging to a deceased person, is a criminal offence that denies essential spaces to people with mobility issues. Tow trucks will be deployed to remove vehicles. Owners of towed vehicles will be able to retrieve their vehicle after paying a fine and handing over the badge. They may face court proceedings if they do not surrender the badge.

TOWN CENTRE VISION

The Executive Mayor of Croydon has launched a new Growth Plan and Town Centre Vision to drive regeneration, attract investment and deliver developments across the borough. An initial £30 million of funding will go towards a programme of improvements designed to attract new visitors, residents, businesses and investors. A new spatial strategy will guide transformation across five defined areas – the North End Quarter, East Croydon, West Croydon, the Cultural Quarter and the Heritage Quarter. More than a dozen projects are planned across these zones; from opening the pedestrian route on the link bridge at East Croydon, to new green spaces connecting College Green and Fairfield Halls.

WASTE AND RECYCLING

Our waste and recycling are now being collected under a new contract which has several enhancements. There were some teething problems caused by changes to the routes made necessary by this now being a Croydon only contract, rather than one shared between three other councils. The Selsdon area was not significantly impacted. Whilst we strive to collect on the specified day and to achieve no missed collections there are sometimes issues. If there is a problem, do please check on the Council website and report any missed collections or other shortcomings within 48 hours.

CONTACT YOUR COUNCILLORS

Our monthly surgeries take place in the Jubilee café downstairs from Sainsburys. A private room is available should there be a matter which cannot be discussed in public. The timing is 10am until 11.15am on the first Saturday of the month, except January and August. We are happy to 'meet' residents online so if you have any issues you wish to discuss with your councillor please get in touch by email:

Selsdon and Addington Village

Joseph.lee@croydon.gov.uk

Robert.ward@croydon.gov.uk

Selsdon Vale and Forestdale

Andy.stranack@croydon.gov.uk

Fatima.zaman@croydon.gov.uk

PLANNING APPLICATIONS

14 Abercorn Close South Croydon CR2 8TG

25/01425/LP - Erection of single-storey rear extension in place of the existing rear extension/conservatory.

123 Addington Road South Croydon CR2 8LH

25/01286/FUL - Erection of two-storey three-bedroom detached dwelling with associated garden on the rear land.

13 Lichfield Way South Croydon CR2 8SD

25/01476/LP - Conversion of a side garage to a habitable room and the installation of replacement front elevation window.

(Remember that you can use this website to view planning applications

[http://www.localplanningapps.co.uk/croydon/sra/anupdate/planning table.html](http://www.localplanningapps.co.uk/croydon/sra/anupdate/planning%20table.html))

~~

MP Natasha Irons' Report Member of Parliament for Croydon East

Dear Selsdon,

May 8 marked the 80th anniversary of VE Day, a moment to remember the remarkable generation who defended the freedoms we enjoy today. It was a pleasure to join local scouts at Bears Wood Camp Site for part of their celebrations and to attend the beacon lighting ceremony at Croydon Town Hall. I'm still fundraising for SSAFA Croydon and the Royal British Legion New Addington branch, who are doing great work to support Croydon's veterans. You can support the campaign at: www.peoplesfundraising.com/fundraising/croydoncares4veterans

Since the beginning of April, my office has received complaints about missed bin collections in Croydon East. What has concerned me most is the number of residents who have reported missed collections through the proper channels and not received a response or resolution. I have written to the council to ask whether Veolia is meeting its contractual obligations and to investigate why reports of missed collections remain unresolved.

Thank you again to those who were able to attend one of my Selsdon coffee mornings. Here is an update on some of the issues residents raised:

- **Ringo Parking System:** Residents highlighted challenges with the new system, especially for older people. I'm pressing the council to improve High Street signage to smooth the transition to the new system.

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- **Land Behind Peacock Gardens:** The current sale listing has no planning permission included in the sale. If the new owner has any specific plans for the land in question it will need to go through the Council's formal planning process. It will be at this point that residents can submit their views.
- **412 Bus Route:** I contacted TfL about the possibility of the 412 going to West Croydon. Limited capacity at West Croydon Bus station has been given as a reason to not facilitate this. I have met with the Deputy Mayor for transport to raise this further.
- **Dangerous Junction at Upper Selsdon Road & Addington Road:** I asked the council to review the junction. It's not currently a priority due to limited collision data. I will continue to push them on this and urge residents to report any collision incidents.
- **Selsdon Garage:** Planning permission for the demolition and erection of a six-storey building comprising of 35 flats and a ground-floor commercial unit has been granted. Demolition is expected in August 2025, with completion by August 2027.

The council has now published its plans to cut its Youth Engagement Team. Although they have acknowledged our calls to retain services in New Addington, their plan is to outsource the service with a two-year grant to an external organisation. I remain concerned that these plans were not developed with proper consultation from the public or key partners like the NHS or local police.

To highlight this issue, I led a debate in Parliament calling for stronger statutory protections for youth services. Since 2010, spending on youth services by councils across England has fallen by 73% and our young people are now recognised as the loneliest group in society. Without stronger statutory protections, youth services will not receive the support and priority they deserve. You can watch a clip of my speech on my Facebook page, Natasha Irons MP for Croydon East.

As always, if you are facing any issues or would like to speak with me about your priorities for Selsdon, please get in touch at natasha.ironson@parliament.uk or call 020 8191 2482 (leave a voicemail and we'll get back to you).

Update from our Local Police

May has been a busy one for the team. We have been conducting regular patrols in order to tackle vehicle crime, which we know is a priority for many residents. This has resulted in two stolen mopeds being recovered from Sanderstead Plantation and Monks Hill. We have also been checking abandoned vehicles which have come to police attention, and are working with the council in order for these to be removed from the streets.



In New Addington, work tools and number plates were seized from a van (see photo) which was suspected to be involved in theft of vehicle and burglary crime and this vehicle is also going to be removed by the council in the upcoming week.

Officers arrested a male in Sanderstead for public order offences after officers were flagged down by a member of the public, stating that a fight was about to take place. Once on the scene, two officers had to deploy Pava spray in order to detain this male before more units arrived. This prevented a serious assault from taking place and took a violent individual off the street.

We have run a tool forensic marking stall on 1st June to give out tool identification packs to local tradesmen and other tool owners. This is due to the high rates of theft from vehicle crimes. These kits will help us to identify owners of tools which are stolen so they can be reunited with their owners. This also will act to deter perpetrators from stealing tools from vans etc.

PC Williams

Contacting the Police

Please do not hesitate to contact your local police team if required:

Emergencies – 999, Non-emergency crime - 101

All phone numbers for each individual team are no longer used. Residents should use the following email addresses:

Selsdon & Addington Village:

SelsdonandAddingtonVillage@met.police.uk

Selsdon Vale & Forestdale:

SelsdonandForestdale@met.police.uk

Good Time for Gardening – June

Long periods of hot weather, without rainfall, remind us that water is a precious commodity. When dry spells become drought and hosepipe bans are implemented, it's crucial to reduce water use and to apply the water you do use, wisely.

There are many things that gardeners can do to prepare for periods of drought, such as conserving rainwater, mulching beds and borders and choosing drought-tolerant plants.

An established lawn, with a healthy root system, will withstand periods of drought. When grass turns brown it looks like the whole lawn has died, but it will recover once rains return. If your lawn is still green and in active growth, adjusting your mowing regime can help. Raise the height of cut and let clippings fall (set your mower to cut the clippings small if possible). Autumn, when parched lawns start to green up again, is the time for restorative maintenance. Give your lawn an autumn boost, with some tender loving care to help it to prepare for the following year.

Plants' abilities to withstand drought can vary enormously.

Prioritise less established plants and those showing clear signs of stress. Beyond that it pays to know which plants need regular watering and which can survive without it. Some plants need water every day or two, others once a week, some once a fortnight and others are best avoided during drought.

It's worth noting that flowers produce less nectar in times of drought, so keeping your plants watered will help ensure that bees and other pollinators don't suffer.



Water plants effectively - a good soaking every 10 days is sufficient for many plants during a drought. In general, it's better to water less often, but to water thoroughly when you do. The best time of day to water is either early morning or late in the evening. This helps the plant to access the water rather than it evaporating in the heat of the day. Ensure water reaches the roots, where it's really needed.

Keep up with weeding - A weed is simply any plant in a bed, border or pot that you didn't plant deliberately and that you don't want. Weeds compete with cultivated plants for moisture, light and nutrients so keeping on top of your weeding routine helps ensure water goes where it's most needed.

Frederick, Cedric and Sunflower Sid

www.sandersteadhs.org

Information taken from Gardeners' World

Sanderstead Horticultural Society - Summer Show – Saturday 21st June
at Wettern Tree Gardens, Purley Oaks Road from 2pm

Local Guided Walks in Selsdon

- **Sunday 22nd June at 11am – Summer flowers - led by Malcolm Jennings**

Friends of Selsdon Wood and the Selsdon Residents' Association Centenary, meet at the Old Farleigh Road Car Park



- **Sunday 29 June at 11am – 100 Years of Selsdon Walk with Councillor Robert Ward**
- **Sunday 6 July at 11am – 100 Years of Selsdon Walk with Councillor Robert Ward**
- **Saturday 12th July at 11am - Butterflies - led by Daniel Bound**
Friends of Selsdon Wood, meet at the Old Farleigh Road Car Park
- **Saturday 19 July - Selsdon Heritage Walks 1, 2 & 3 (10am, 11am, 2pm)**
See the Selsdon Gazette & SRA website for times, meeting points and how to book via 'Eventbrite'

Selsdon Residents' Association Centenary

- **Wednesday 13th August at 2pm - Mini beast hunt - led by Roger Hawkins**
(mainly for 4y+ children with guardians)
Friends of Selsdon Wood, meet at the Old Farleigh Road Car Park
- **Saturday 25th October at 10am - Fungus Hunt - led by the Friends**
Friends of Selsdon Wood, meet at the Old Farleigh Road Car Park
- **A Saturday in October - Autumn Fruits & Fungi – led by Jane McLauchlin**
Participants to be limited to 15 number. Attendance will be managed by 'Eventbrite'.
See FOLW website.
Friends of Littleheath Woods, meet at junction of Queenhill/Littleheath Roads
- **Saturday 15th November at 1pm - Autumn/Winter Tree Appreciation - led by the Friends**
Friends of Selsdon Wood, meet at the Old Farleigh Road Car Park



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80th Celebration for VE Day

The lower part of Littleheath Road (from Brent Road down to Farley Road) celebrated the 80th Anniversary of VE Day on Sunday 4th May.

The bunting was out in force and groups of neighbours braved the reduction in the temperature to gather on driveways to celebrate.

As the street was officially closed, children could play in the street, draw on the tarmac with chalk, while the adults played a game of Kubb (wooden blocks are knocked over by throwing wooden batons at them; it can be described as a combination of bowling and horseshoes) across the road.



One resident with a Union Jack dog collar.

It was lovely to see neighbours up and down the street meeting each other for the first time,

despite being residents for a number of years, and reconnecting with familiar faces.

A good time was had by all, despite the chilly weather and the neighbourly spirit flourished with the help of good food and drink.

Roll on the next opportunity to get the road closed and have fun up and down Littleheath Road once again.



Trevor Stotten

~~

June 1944 - Selsdon and V1 Flying Bombs

In WW2 the Nazis began launching their V1 Flying Bombs across the Channel towards London and the South East, 81 years ago on 13th June. The Selsdon area received two hits on the 15th, one in Croham Road and one off Selsdon Park Road. On Friday 30th June, at 3.30am, one of our Anti-Aircraft Batteries shot a V1 down. Unfortunately, it fell in Crockham Hill killing 22 children and 8 adults at a nursery school. Around 2pm a V1 hit the Aldwych in London, killing 48 and injuring over 200 people. Ray Rowsell, who worked in London, was

some 200 yards away from the Aldwych blast and then held up on his return to Selsdon at Victoria Station due to another V1 at Wandsworth Common Station. Ray was on the 64 bus alighting at the top of Farley Road at about 6pm when a V1 damaged houses that caused injuries at the top of Farley Road. The flying bomb is said to have hit a barrage balloon cable on its way to London and crashed prematurely.



Named V1 ('Vergeltungswaffen' in German, which translates as Revenge / Retaliation / Reprisal / Retribution Weapon).

The V1 flying bombs - also known as the 'doodlebugs' or 'buzz bombs' on account of the distinctive sound they made when in flight - were winged bombs powered by a jet engine. Launched from a ramp, or later from adapted bomber aircraft, the V1's straight and level flight meant that many were shot down before they reached their targets.

At 8m long, the V1 weighed 2,150 kg, carried 850kg of explosives and flew at 400mph in a straight line.

For the Farley Road V1, first reports are timed at 18:27 with casualties reported at 18:33. 16 were treated at Dr Stafford's surgery at the corner of Queenhill and Farley Roads. In Farley Road, houses 12 to 18 and 29 to 35 were demolished with numbers 8 & 10, 20 to 30, 23 to 27 and 37 to 47 seriously damaged. The blast is reported to have ripped tiles off roofs as far away as Langley Oaks and that shop windows in Addington Road were blown out. With the area cleared by 8pm, the Home Guard and Police kept watch as a gas main had been fractured and was leaking. The main was repaired next morning and local houses whose windows were blown out were boarded up.

Ted writes:

"Mrs Marjorie Walker lived in one of the houses badly damaged in this incident. She recalls that her father had arrived home from work, it was a hot sunny day and they had the french windows open in the dining room whilst they had their tea. Her new baby rabbit was in the run in the garden and they were chatting happily when they heard the, by now familiar, sound of the doodle bug coming their way. Her father went out into the garden and her mother and she looked out of the door and saw the look of consternation on his face and waited no longer – they all dived for the Anderson shelter and were blown in as the doodlebug landed in the road directly outside their house. When the dust had

settled, they cautiously climbed out of their shelter to a scene of devastation. Amazingly no one had been killed although she was devastated to find her baby rabbit dead. The front of their house looked like a doll's house with the front open. She can still vividly see her little bedroom with the blue chest of drawers, her bed and her toys still sitting there. The rooms and stairs were all open. A soldier or policeman climbed up to get her precious teddy bear."

They stayed the night at her grandparents' house in Upper Selsdon Road and a few days later went to Cornwall. Her father was given a month's leave and Marjorie was evacuated to Scotland. Her parents returned to a temporary house in Old Coulsdon and their Farley Road house was rebuilt in 1948.

Ray Rowsell writes about the same incident:

"At Croydon, I board a 64 bus which goes to Selsdon only. Alighting at Farley Road, I turn the corner and walk towards the Selsdon Parade. I hear the sound of another doodlebug getting nearer. It splutters and cuts out and I dive into the shelter of a nearby shop doorway. It lands with a shattering explosion towards the top of Farley Road. I take to my heels and run home with trembling legs. At No. 29 Farley Road, Ernest Fox has just arrived home from work. The sirens have sounded but he decides his evening meal is more important. He settles down at the dining table which is next to the interior partition wall. His wife, Alice, decides it more prudent to retire to the air raid shelter. Young Pam Walker in her garden in Byron Road, hears the doodlebug approaching in the distance. She sees it wing a balloon cable and start plunging downwards. It lands in the middle of Farley Road. Rescue teams have to dig Ernest out of the debris. There is a slate bed snooker table in the room - all that is left of it are miniscule fragments. Ernest is resolute and insists in walking down to the doctors' surgery for first aid treatment. The next day, son Ken, who is on aircrew training in Manchester, is given compassionate leave to visit his father in hospital. He walks up and down the ward in a fruitless search. He eventually is introduced to a figure, completely bandaged, much like the Invisible Man of the eponymous films."

Ian Leggatt

From the unpublished journals of Ted Frith, amateur historian and long-time resident of Selsdon. Ted lived in Queenhill Road, a few hundred yards from the Farley Road incident. Details of the V1 from the Imperial War Museum and Wikipedia.

The Selsdon Gazette contains a set of memoirs by Ray Rowsell. The Aldwych incident and our own Farley Road V1 bomb can be found in his 'chronicles':

<https://selsdon-residents.co.uk/rowsell-chronicles-part-10.php>

Make the most of your GP appointment



Many GPs limit appointments to 10 minutes. There may also be a limit on the number of issues you can discuss. Being prepared can help you make the most of your appointment. If you have multiple issues you can ask to make a double appointment. Do not rely on your doctor remembering or speed reading your medical history –

they have a lot of patients!

Before

Before making the appointment do your research on the internet from trusted websites and with medical professionals such as your local pharmacist.

Think about your main concern.

Note your symptoms down in summary. When started, what, when, frequency, impacts, family history, patterns etc.

Any medications and treatments tried.

Prepare some questions to ask.

During

Take a person for support if you feel the need.

Discuss your main concern first – use your prepared summary.

Be honest.

Chaperones or alternative later appointments can be available for intimate examinations if requested.

Ask questions – limit these to the 5 most important.

Make sure you come out with a 'treatment' plan even if that is just advice and reassurance.

Make your own notes and clarify your understanding of what has been agreed before you leave the room.

Key questions – these are just a guide

What do my symptoms mean?

Do I need any tests? (when, where, what, how)

Should I make lifestyle changes?

What are the treatments? - Side effects? Alternatives?

Review period? Ongoing Support? More information?

This article is a summary taken from the guide on the patients-association.org.uk website which has much more information and help available on



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The Patients' Association is an independent patient charity campaigning for improvements in health and social care for patients.

Janet Sharp

~~

As Healthy Eating Week occurs between 9th Jun to 13th Jun this year, the quiz this month tests your knowledge of making the right choices when it comes to your diet.

Healthy Eating Week Quiz

1. True or false? Half a can of baked beans has more fibre than an apple.

2. Which of the following is considered a starchy vegetable?
a) Broccoli, b) Capsicum, c) Corn, d) Spinach



3. Rank these foods from the highest to lowest number of kilojoules.

- a) 2 squares (20g) Lindt dark chocolate
- b) small fillet (100g) of salmon
- c) 2 slices (40g) full-fat cheddar
- d) 20 almonds (25g)

4. True or false? A teaspoon of sugar has more kilojoules than a teaspoon of honey.

5. True or False? There is more calcium in a pint of whole milk than in a pint of skimmed milk.

6. A good guide to a serving of red meat is...?

- a) Your hand
- b) 1/2 your plate
- c) Your palm

7. Which nutrient is the most filling?

- a) Fat, b) Carbohydrate, c) Protein

8. Which of the following is a result of lack of protein in our diet?
- Slow growth
 - Weakened heart
 - Reduced muscle mass
 - All of the above
9. Sort these drinks in order of their caffeine content (lowest to highest)
- 250ml can of Red Bull
 - 250ml cup of plunger coffee
 - 250ml cup of instant coffee
 - 250ml cup of black tea
10. How many teaspoons of sugar are there in a can of coke?
- 5, b) 7, c) 9



Answers after the Nature Notes

~~



We welcome your letters so do **please get in touch** if you have something to share with Selsdon residents.

Please remember to state your name, address, contact number and publication anonymity requirements in **all** correspondence to the Editor. Anonymity can be granted on request, but anonymously sent letters/e-mails will not be published.

~~

I received this letter from a resident responding to news of grass cutting in April's Councillors' Notes.

Dear Editor,

Wilful Ecological Vandalism

I was astounded to read in the Councillors' Notes on page 10 of April's Selsdon Gazette (Volume 77 No. 869), the paragraph "*First Grass Cut in February*". First? This suggests further mowings. Surely the good councillors of Selsdon did not condone these actions. Croydon looking neat and tidy (!) may be a priority to some, but encouraging wildlife, insects, butterflies, bees and our wonderful native plants should surely be of much higher priority, indeed vital for the future. We must all have heard of No Mow May/June/ July/August and the valid reasons.

Shearing off initial spring growth is not a missed opportunity, it is a destroyed opportunity, particularly bearing in mind the ever increasing decline in our honeybee population and ensuing pollination crises.

I travel into Croydon for work every day and see the depressingly scalped verges and roundabouts. Hideous. Even a roundabout will produce some oxygen and transpiration if properly managed. Add to that the polluting fuels required for mowers, labour costs and increased traffic caused by heavy equipment carted all over the borough, we can easily see a huge environmental own goal. Are there any figures you could please publish in the Gazette setting out the actual costs of this short -sighted action? The re-wilding of our green spaces, no matter how tiny but particularly on road junctions and common lands, are vital in this day and age. Perhaps we should leave antiquated ideas of neat and tidy where they belong, on bowling greens.

Jane Cristiano, Farley Road, (Resident for over 40 years)

This is the reply from Councillor Robert Ward (Selsdon and Addington Village), who had written the April Councillors' Notes.

Hello Ms Cristiano,

Thank you for your email.

Regarding grass cutting, the council has recently mapped the entire borough and identified all the areas where it has a responsibility for grass cutting. There is a wide variation in the requirements for cutting grass.

As examples, there are areas of grass which if they get too long, are a hazard. Not far from where you live, where Croham Valley Road enters Farley Road, is a good example where the sight lines for cars entering from Croham Valley Road are impacted. Cemeteries, football pitches and public rights of way have different requirements.

Most residents want the grass verges in their street to be cut regularly, and the council has not performed well in the past caused by poor management by the previous Labour council. We have now purchased new equipment and are actively monitoring performance. Part of the reason to start early was to ensure our staff had familiarity with the equipment.

That said there are areas where we support pollinators and wildlife. The council works with Friends of Groups to leave selected areas of parks uncut, protecting biodiversity, including rare species, such as the Lizard Orchid. No Mow May will be implemented in certain environmental areas. We also have new equipment to collect the grass when it is cut in specific areas which encourages plants that support butterflies.

Regards.

Robert Ward

~~

Here our regular contributor, Jessica Blake, shares her family's memories of World War II and its aftermath.

While watching the BBC on the actual VE weekend, the commentator asked people to comment on what had happened within their families during the war, so people would remember. Here are my recollections.

Firstly as a small child after the War, I remember the many bomb sites either fenced or roped off saying "Keep Out". The sites were covered in weeds and I longed to duck under the rope and play. However, my mother was very strict about it and asked us what did we think would happen to us if there were any unexploded bombs under all the weeds? Common sense prevailed but it was frustrating.



In our family two men joined the RAF in the war. My father became a pilot and my uncle a navigator. It was fortunate my Uncle Geoffrey became a navigator as nearly all his classmates at school having been Army Cadets, became real soldiers in the Army. They nearly all died on the beaches at Dunkirk.

My Uncle David was a member of the First Kentish Rifles Brigade. They also defended the beaches at Dunkirk. Whereas my Mum told me that her brother David was sent by motor bike to deliver a message further north and was captured by Germans on the road, David's son-in-law tells me that he was captured with the others on the beach. I can see from this why memories should be discussed so as to arrive at the correct version. However, we know he was captured and marched with many others all the way to a POW Camp where he

was incarcerated for the rest of war. Was he safe there? No! A grumpy German soldier took his temper out on David and clumped him on the side of his head with a rifle butt. David lived into his 80s - he was late 20s at the time it happened and he had his ear operated on every three years once home, because of the damage.

When my mum was dying, she asked for the letter David had written to the family, just before the first Christmas he had been missing and six months after he was captured. It was heavily censored, but the family had not had any news if he was alive or dead until all those months later. After all those years, she could still feel the joy of knowing he was alive when everyone had presumed that he had perished and it still comforted her.

When 70 years from VE Day was celebrated, my husband and I stood on the Mall to watch a march pass. A group of men wearing white berets and dark uniforms stood behind us. We watched Prince Philip march by with other sailors from the ship he served on. Then came a troop of men wearing the same uniforms as the men standing behind us. We turned around and several of them had tears running down their faces. It turned out they were men from the Merchant Navy who had been on the Arctic Convoys. Whatever they had seen and experienced, still had them weeping 70 years later.



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Ian Hubbard
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Simon Amon
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Simon has over 30 years experience in the industry having managed numerous branches and has gained a wealth of experience, most of which is as a valuer although he can turn his hand to anything that presents itself within the moving process.



Steve Smith
SALES CONSULTANT

Steve is a local resident and started his career in Estate Agency in the early 1980's and has extensive experience in residential and commercial sales and lettings.



Kim Mitchell-Gears
DIRECTORS PA
& OFFICE MANAGER

Kim has a passion for property and has a wealth of knowledge in the property market having worked in every aspect of property for in excess of 20 years.



Patricia Realls
OFFICE ADMINISTRATOR

Pat has an abundance of experience and knowledge in estate agency having worked in the industry for over 30 years. Pat has worked for Hubbard Torlot since they opened their doors in 2011.



Lucy Barretto
SALES PROGRESSOR

Lucy commenced her career in property 4 years ago with a keen interest in property. Lucy enjoys sale progression in trying to succeed with every challenge that may unfold throughout the moving process.



Fiona Martin
NEGOTIATOR & HOME VIEWER

Fiona grew up locally and has a strong customer service background. In particular, in relocations and residential lettings.



Amy Peto
JUNIOR SALES NEGOTIATOR

Amy has always had an interest in property and people. Amy brings with her immense enthusiasm, attention to detail, is methodical and always goes above and beyond whenever possible.



Louis Lam
JUNIOR SALES
NEGOTIATOR

Louis is our newest recruit and has joined Hubbard Torlot as a Junior Negotiator. Louis has a true passion for property and helping applicants find their new home.



Aviniya Bloomfield
WEEKEND /
PART TIME ASSISTANT

Aviniya is currently an undergraduate student at the university of Warwick. Aviniya has always had an interest in real estate which led her to completing her work experience and securing a position at Hubbard Torlot.

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Poetry Corner

Here Mary Gill reflects on how believing in magic decreases with age.

THE LAST MAGIC SPELLS



Believing in the magical comes easy to a child,
the power of a wizard's wand will have us all beguiled.
No problem giving credence to Aladdin's lamp of course -
who couldn't use a genie with a supernatural force?

Magic potions, magic spells,
lucky charms and wishing wells -
things to bail us out when life is bleak.
Fairy rings and flying brooms,
sorcerers in smoke-filled rooms,
a chance to beat the odds is what we seek.



But as we grow and Science sheds its ruthless rays of light,
we have to face the fact that only facts can make things right.
And the shadowed nooks of ignorance, where magic once held sway
have mostly been invaded by the brutal light of day.
The magic has been banished – that's the price of growing up -
forcing us to face the Truth and drink its bitter cup.

The only spells remaining in the world to help us cope
are the precious magic moments of love and joy and hope.

~~

Here Ted considers those creatures found all over our gardens at this time of the year.

Nature Notes from Ted Forsyth – Ants

Though there are well over 10,000 species of ant scattered all over the world (except Antarctica) they have much in common. They live in social groups with one or more queens who lay the eggs from which all ants develop, non-breeding female workers who maintain and feed the colony (and form the majority of the population of the nest), and a relatively few male drones whose only purpose is to mate with new queens. Whether a

female becomes a worker or a queen depends on the amount of protein in their diet.



The largest of the British species are the Wood Ants, found in both coniferous, and deciduous forests where their nests form huge mounds largely made of pine needles. In suitable areas several nests can be found near each other, forming a large colony. Much of the nest is deep below ground where the insects can spend the winter, returning to the surface as the temperature rises in spring. Some of the workers will forage for food, bringing back to the nest caterpillars, spiders and other invertebrate prey, but the main source of food is nectar ant aphid honeydew. In summer the surface of the nest mound can be covered in thousands of active ants warming themselves or tending to ant cocoons, or spraying formic acid to deter predators.

Other ant species have their own habits. In grassland the activity of the Yellow Meadow Ant produces a nest which, above ground, takes the form of a grass and soil ant hill which sometimes displays the obvious digging efforts of a Green Woodpecker looking to feed on the inhabitants of the nest. On Hutchinson's Bank, having raked cut vegetation into piles, I have occasionally tried to lift a pile only to discover it is a well-disguised ant hill!

On a suitable hot and humid day in late summer we get flying-ant day when thousands of winged queens and drones take to the air in mating flights. In gardens, black and red, garden ants emerge from beneath the paving slabs where they have their nests to join the other species in flight. Once mating takes place the drones will die and the queens will discard their now-useless wings before they scurry off to found a new colony.



One of the most astounding aspects of ant life is the association between the Large Blue butterfly and a red ant. This butterfly became extinct in Britain many years ago but still exists on the continent. Careful studies showed that the caterpillar of the butterfly drops to the ground from the plant where the egg hatched. It not only emits a pheromone like a queen ant but also makes a noise like a queen ant in distress. When this is detected by an ant it picks up the caterpillar and "returns" it to the ant nest where the caterpillar becomes carnivorous and feeds on the ant larvae. This whole process, leading up to the eventual emergence of the butterfly

from its pupa, is well-illustrated in the BBC programme Wild Isles which was shown on 8 March 2025. It can probably be found on BBC iPlayer or on YouTube and is well worth looking at.

Fascinating ant tales come from all over the world. In African deserts the Silver ant can reflect some of the heat hitting its body but is limited to the time it can spend looking for prey on the desert surface before it succumbs to the heat. Elsewhere, some members of a colony fill themselves up with nectar so that their swollen bodies become a store for the colony. These nectar-filled individuals, known as “repletes”, suspend themselves from a suitable attachment until required. The extremely painful sting of the Bullet ant is said to be like being hit by a bullet. In both Africa and South America there are army ants which do not occupy permanent nests, instead they form temporary “bivouacs” which are usually formed from their own bodies. They travel in huge columns, sometimes containing 20,000,000 individuals, eating invertebrates and even larger animals if they are tethered or otherwise unable to escape.

~~

Answers to the Healthy Eating Quiz

1. True. Half a 420g can of baked beans is bursting with around 10g of fibre, four to five times that of an apple.
2. Corn. All vegetables are good for us, but some contain more carbohydrates than others.
3. b) Salmon (1160kJ), d) almonds (620kJ), c) cheese (600kJ), a) chocolate (470kJ). While salmon is considerably higher in kilojoules than a couple of squares of chocolate, it's rich in healthy omega-3 fats and is a great source of protein. Instead of focusing solely on the kilojoule content of a food, consider its nutritional value too. Nuts are rich in protein, fibre and unsaturated fat, but will have more kilojoules than a handful of potato chips that are devoid of nutrients.
4. False. Honey has 92kJ per teaspoon, whereas sugar has just 66kJ. Both are considered ‘free sugars’, the kind the World Health Organization recommends we limit our intake of.
5. False – skimmed milk does contain less fat but the same amount of calcium.

6. c) Your palm. Many of us easily overdo our intake of meat, and a high intake of red meat is known to increase our risk of colorectal cancer.

7. c) Protein. Research shows that people who follow higher protein diets experience less hunger and are better able to maintain a healthy body weight.

8. d) A lack of protein can slow growth, weaken the heart and reduce muscle mass.

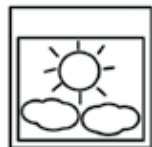
9. d) Black tea (57mg), a) Red Bull (80mg), c) instant coffee (83mg), b) plunger coffee (100mg). While some people are caffeine sensitive and need to minimise their intake, most adults can tolerate 3-400mg each day and it can even be good for us.

10. c) There are 9 teaspoons of sugar in a can of coke. A teaspoon weighs approx. 4.2g and there are 39g of sugar per can.

~~

SRA 100th Year Photo Competition

As part of the 100th year of the Selsdon Residents' Association celebrations, we are running a photo competition. We would like to receive your photos of 'Views of Selsdon'. These can be past or present photos of living in Selsdon.



So, get out your cameras or phones and get snapping or look through your old snaps taken in Selsdon. The closing date is 31 August so we get a range of photos in the different seasons.



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Selsdon Residents' Association SUMMER CLEAN UP

Saturday 21 June 9.45am - Noon

**Can you please help with a 'Litter Pick' around
the shopping area of Addington Road?**



**Meet at the Selsdon Clock where collecting equipment
will be provided by the council.**

**Please contact Andrew on 07873 587593 or ambax62@icloud.com
for more information.**

Contact

Selsdon Community Centre

132 Addington Road

South Croydon, CR2 8LA

Tel: 020 8651 4944

Fax: 020 8657 2268

Email: info@selsdoncontact.org.uk



CONTACT VE DAY TEA PARTY CELEBRATION



On the 8th May 2025, our clients came together to mark 80 years of VE Day with a vibrant and heart-warming Tea Party at St Columba's RC Church, that captured the spirit of the historic moment. It was a day filled with flags, bunting, cakes, and plenty of cheer — a fitting tribute to the end of World War II in Europe and a heartfelt nod to those who served and the sacrifices made.

From the moment guests arrived, the atmosphere was electric with patriotic pride. Red, white, and blue bunting fluttered in the breeze and Union Jack flags adorned every corner, creating a festive scene reminiscent of street parties held in 1945.

Superbly decorated tables were laden with mouth-watering sandwiches, nibbles and an array of homemade cakes, generously provided by volunteer cake makers; classic recipes like Victoria sponge, lemon drizzle and fairy cakes brought a taste of tradition, while fresh pots of tea were poured in abundance.

As part of the celebration, we raised a toast to remember those who gave so much during the war. Glasses of fizz and mugs of tea, as we honoured the courage and resilience of the wartime generation.



The Quest Primary School Choir transported us back in time, with wartime songs and they had made beautiful, colourful lanterns to hand out to everyone. The children waved flags alongside the older generation, who shared memories and stories, bridging the gap between past and present.

Our VE Day Tea Party wasn't just a celebration — it was a moment of community spirit, gratitude, and remembrance. Together, we honoured history in the most joyful and respectful way possible. Here's to unity, peace and the enduring power of coming together just as we did then, and just as we do now.

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Scout Troup Team Members



We are in desperate need of Scout Troup Team Members - adult volunteers supporting the Scout Troup Team Leader and helping alongside

other Scout Troop Team Members. Team Members have the exciting opportunity to help guide our Scouts through their activities and adventures as they gain #skillsforlife . You may well have an adventure yourself!

Scouts meet on a Thursday, term time, 7.30-9pm behind St John's Church Hall. The role is flexible and full training is provided. Training is online, so it fits around your schedule! You will not be alone, always working alongside other Team Members. Get in touch with us to discuss the opportunity further. Why not pop along one evening to see what we get up to?

Without new adult volunteers, the Scout Troop is likely to close. Just two years from our centenary, it will be a great loss to the community and the young people of Selsdon. Can you help or do you know someone that might?

If you can help please contact James Gordon on 07855 735722 or email groupleader@1stselsdonscouts.org.uk

~~

The Selsdon Community Clubhouse

The Selsdon Community Clubhouse has a large, bright and airy space available to hire at reasonable rates. We also have a quiet, private board room which easily seats 8-10. Please enquire at the office for details of available dates and costs.

Anyone have any unwanted good quality gifts that may be donated for bingo or raffle prizes for the Selsdon Community Clubhouse? All help would be much appreciated.

We're open Monday to Friday, 9.00-4.00, please feel free to pop them in and meet our Clubhouse Manager, Liz. Our telephone number is 0208 651 1111 or 07375 840737 if there are any queries or to let Liz know when you'll be dropping the goodies off. All proceeds are ploughed back into the Clubhouse to keep us going!



We have a new beautician starting on Wednesday 11th June, between 10am and 2pm. She'll offer the choice of a mini manicure, mini pedicure, mini facial or mini massage (fully-clothed). The cost is £20 per session, per treatment.

Please book via the noticeboard booking form in the Clubhouse. Each treatment will last 20 minutes.

Adna will join our hairdresser, Louise, who works every Friday, for the same times, her hair appointments are wash, cut & blow-dry or a wash/set or blow-dry. The cost will be £30 or £25. It's the same booking method but a separate form, when you wish to book.

We also have a dedicated computer/mobile phone tutor who will tailor lessons to suit your ability and your needs. So, for example, if you need help with loading apps or using apps or your mobile phone, then she can help. She also does computer/lap-top/ipad lessons.



Please contact us in the office for more details and to book a lesson. The cost is £20 per hour.

As always, we're looking for more volunteers to join our happy team, due to us getting busier and busier. We need more of you to help us give our clients our brilliant service.

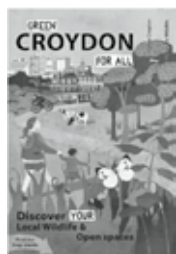
Thanks for your continued support, if anyone knows of people in the community who would benefit from coming to the Clubhouse, please get in touch.

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Croydon Green Spaces Open Day Saturday 28th June 2025

The fifth **Croydon Green Spaces Open Day** is taking place at Croydon Library on Saturday 28th June from 11am to 4pm.

The event celebrates Croydon's Green Spaces and how local people can help to care for our local environment.



Discover more about **Croydon's green spaces**, local wildlife and nature groups at this special Open Day.

Croydon's many green spaces include South Norwood Country Park and Lake in the north, Wandle Park, Lloyd

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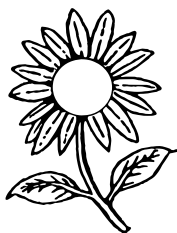
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Park and the Croydon Ecology Centre in the centre and Selsdon Wood Nature Reserve and Farthing Downs and Happy Valley in the south.

If you care about the environment Croydon Climate Action will be attending to discuss your concerns. Find out how you can become a volunteer and take part in activities.



There will be a bookable adult talk on Croydon's Green Spaces by Alice Owusu-Evans, the council's new Community and Conservation Team Leader. This will be at 2pm.

There will also be a special bookable Book Buddies children's event with a film to watch about textile printing and make your own prints run by the Wandle Industrial Museum starting at 2.30pm.

The **Croydon Museum** is also taking part with a special handling table showing green related items from the past.

There will be a wide range of stall holders including the CNHSS, Croydon RSPB, the Bourne Society, the Wandle Industrial Museum, Friends of Shirley Windmill, Croydon Ecology Centre, Croydon Community Gardens, Croydon Climate Action, Croydon COPSE, Sustainability Thornton Heath, Park Bathe, Holmesdale Road Community Garden, Little Blossom Plants, Grow Wild, the Wilderness Gardens, local author Pam Buttrey and the Museum of Croydon.

There will be plants and local history booklets for sale and free green leaflets to pick up.

Come and support your local environment.

<https://libraries.croydon.gov.uk/events>

Croydon Central Library, Katherine Street, Croydon CR9 1ET

Fancy a holiday without going away?

Join us at 'Holiday at Home'

If you are 60+, join us for a Yorkshire themed summer holiday at the Selsdon Baptist Church (opposite Iceland in the high street).

We do all we can to create a holiday atmosphere for our guests with entertainment, music and a variety of activities such as crafts, carpet bowls, quizzes, music and much more.



Enjoy delicious hot meals in our 'Flamborough Restaurant' and Yorkshire themed refreshments in our own Betty's Tea Room.

Dates: 4, 6, 8, 10 August

Come for one day or come every day. £15 per day covers meals, refreshments and all other expenses.

Need a booking form? Ask for one to be sent to you. Call 020 8651 4308 or email: office@selsdonbaptist.org.uk

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What's up Next ?

Hobby Fair – 13th September - St John's Community Hall

Once again, we invite local groups & organisations to come along & promote what they do and to sign up new members. So don't miss out, come along on the day, have a cuppa, and meet new folks & new hobbies.



Sanderstead Community Day – 27th September – Sanderstead Recreation Ground

Fantastic variety of stalls, food & drink, entertainment. Don't miss out, come along & enjoy the day.

Craft Fair – 15th November - All Saints Church Hall, Sanderstead
Come along & enjoy the variety of stalls & crafts, & have a cuppa & a burger or some cake.

Please get in touch – 07774 186792
Secretary@rotarysandersteadandselsdon.com

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SELSDON AFTERNOON TOWNSWOMEN'S GUILD

Ladies, would you like to meet with a group who enjoy hearing from a variety of speakers, meet as small groups to develop hobbies, go on outings, enjoy lunch together or theatre trips and have time for tea and a chat?

The Selsdon Afternoon Townswomen's Guild meet usually on the third Friday of each month, from 1.30-4.00, at the Community Hall, St John's Church, Upper Selsdon Road, Selsdon.

On July 18th we will hear about 'Mojo Books' from Michael Forteath

We are always happy to welcome new members.

If you would like more information contact Christine Holland 0208657 4861

~~

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A SELECTED LIST OF SELSDON ORGANISATIONS

CHURCHES

St John the Divine (C of E)	Parish Office	020 8657 2343
Selsdon Baptist Church	Office	020 8651 4308
St Columba's (Roman Catholic)		020 8657 3747
St Francis (Church of England)	Monks Hill	020 8657 7864
Croydon Jubilee Church	Office	020 8651 2807
Forestdale Church, Forestdale School		0777 255 9797
Selsdon Christian Fellowship		020 8668 9779
Church of Jesus Christ of LDS		020 8651 2211

DOCTORS & EMERGENCY CARE

Farley Road Medical Practice	020 8651 1222
Queenhill Medical Practice	020 8651 1141
Selsdon Park Medical Practice	020 8657 0067
Croydon University Hospital	020 8401 3000
New Addington Minor Injuries Unit	020 8251 7225
Purley War Memorial Hospital	020 8401 3515

POLICE

Selsdon & Addington Village: SelsdonandAddingtonVillage@met.police.uk
 Selsdon Vale & Forestdale: SelsdonandForestdale@metpolice.uk

CLUBS, GROUPS & CHARITIES

CONTACT (Neighbourhood Care)	Jasmine Singh	020 8651 4944
The Selsdon Centre	Liz O'Donoghue	020 8651 1111
Croydon Hearing Resource Centre	Office	020 8686 0049
Croydon Vision		020 8668 2486
Cruse Bereavement Care Helpline		080 8808 1677
Friends of Littleheath Woods	Ian Leggatt	via www.folw.co.uk
Friends of Selsdon Wood		www.friendsofselsdonwood.co.uk
Sanderstead Plantation Partners		michaellishmund@gmail.com
Friends of Kingswood		www.friendsofkingswood@hotmail.co.uk
Girlguiding (Rainbows, Brownies, Guides & Senior Section)		0800 999 2016
1 st Selsdon & Addington Scout Group (Beavers, Cubs, Scouts)		https://girlguiding.org.uk/get-involved
		www.1stselsdonscouts.org.uk
2 nd Selsdon & Addington Scout Group		www.2ndSandAScoutGroup.org.uk
Croham Valley Explorer Scout Unit	Christopher Dean	tinkerscorner@aol.com
Arts Society Croydon Area	Jean Aarons	https://tascroydonarea.org.uk
Parkinson's UK Croydon & District Branch	Mike Bond	07704 413668
Rotary Sanderstead & Selsdon	Wendy Parr	07774 186792
RSPB Croydon Local Group	John Davis	020 8640 4578
Selsdon Art Group	Fiona Hooper	07973 412952
Selsdon Bridge Club	Bob Steadman	07545 384899
Selsdon Centre Bridge Club	Betty Borfiga	020 8656 4212
Selsdon Community Hall	Cottie Campbell	selsdonhall.info@gmail.com
Selsdon Flower Club	Maureen Browning	020 8651 5821
Selsdon Townswomen's Guild(pm)	Christine Holland	020 8657 4861
Sanderstead Horticultural Society		www.sandersteadhs.org
Sanderstead Local History Group		sandersteadlh@gmail.com
Selsdon Tennis Club	Jeff Pullen	079568 29842
St John's Wives	Jane Guglielmi	020 8657 6672
66(Selsdon) Squadron Air Training Corps	Rob Cleeter	020 8651 5958

SELSDON RESIDENTS' ASSOCIATION

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Your A/C Number Sort Code

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We need this so that we can record your subscription knowing that you are a Selsdon Resident and so entitled to be a member of this Residents' Association

General Data Protect Regulation 2018

The SRA will electronically store the personal information obtained from this SO, so we have a record of your bona fide membership. We respect your right to privacy and will not share, sell or profile your personal data.

You may contact the SRA at mail2.selsdonresidents@gmail.com at any time to request a copy of your personal information that we hold electronically and, at your request, we will amend or delete that information. Deletion will mean that we will no longer contact

☐ you. **Please tick this box to give us your permission to retain your personal details for our records.**

Please pay the Selsdon Residents' Association now and on 1st June annually until further notice from me, the sum of

£ 5.00 Annual Subscription

£..... Optional additional annual donation for Christmas Lights

£..... Total

Please sign here:Date.....

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